



## ADDENDUM 1

August 26, 2021

### RFP COR 35-21 - Inmate Food Services

This addendum is being issued to answer questions received from potential respondents (see also Attachments 1-4) and to provide the Pre-Proposal Meeting sign in sheet (Attachment 5).

1. Can we get a copy of the current regular inmate menu? **See Attachment 1 (4 pages).**
2. How many Court Sacks are provided daily or weekly if not a daily thing, on average? **Very unpredictable and It varies. It can be anywhere from 0-10 (now) to 40 or more (Pre-Covid).**
3. How many work crew sacks are provided daily on average? **We may request anywhere up to 5 - 7 daily if needed.**
4. What is required in the work and court sacks? **We usually serve Peanut Butter & Jelly Sandwiches (3), Chips, Cookies & Beverage Packet in our Sack Lunches.**
5. What is your food budget? **\$760,000**
6. Can you provide a copy of the current contract? **Please use link below to access contract.**  
<https://myokaloosa.com/sites/default/files/contracts/contract/C17-2481-COR.pdf>
7. Would Okaloosa County be amenable to the Adult Menu being created and served using Corrections' Industry Standard products? For example, alternatives to 100% fruit juice such as fortified beverage projects **(Yes)**, white enriched bread vs NSLP whole grain **(Yes)**, ground turkey **(Yes)**, chicken **(Yes)** and soy **(No - the prison system was just in litigation over serving soy products)** for protein, alternatives to fluid milk **(No - some of our inmates are lactose intolerant)** and frozen vegetables which aren't typically graded **(We encourage the use of domestic products. Also of concern is our School Lunch Program that have to meet certain USDA requirements).**
8. Please provide the adult individual monthly average daily population for the previous 6 months. **680 total, 549 male and 131 female**
9. Is internet service provided, or will the contractor be responsible for providing its own internet provider? **No, the contractor is responsible for their internet service.**
10. What is the current price per meal? **It will vary depending on population. The past few months have been between .876 and .892 per meal.**
11. Please provide copies of food service billing invoices for the previous 3 months. **See Attachment 2 (12 pages).**
12. How many juveniles are currently receiving a National School Breakfast/National School Lunch Program daily? **No juvenile offenders**
13. In reference to RFP page 7, #36, t, "using attached FSMC Monitoring Form". After review, this form isn't included with the RFP. Can you please provide a copy of the form that is referenced? **See Attachment 3 (4 pages).**
14. In reference to Exhibit A, 19.1 is it the County's intent to utilize USDA Commodities for the entire population or only for juvenile meals? **We use USDA Commodities for Juvenile Inmates.**

15. During the pre-proposal meeting it was mentioned that the County was providing Styrofoam to be used for the serving of all meals in place of the normally used Gorilla trays. On RFP page 8, #38 it states that the contractor shall provide all consumables including Styrofoam products. Is it the intent for the County to require the serving of meals on Styrofoam, or will the contractor be allowed to utilize the Gorilla trays? **We use Gorilla and Styrofoam Trays (for special diets) on a daily basis but because of COVID 19 we are using Styrofoam trays for the entire population to stop the spread of COVID. We have been assisting with the purchase of Styrofoam trays however, the ultimate responsibility for the purchase will fall on the contractor.**
16. For clarification, is Exhibit A Food Specification only for the juvenile meals? **Yes**
17. Regarding USDA commodities on RFP page 5, #36, if commodities were used, please provide the annual dollar value provided for each of the past three years. **2018-\$20,842.46, 2019-\$1,152.54 and 2020-\$23058.53**
18. In reference to RFP page 4, #11, what is the average number of modified diets per meal period and the types requested? **Kosher-5, BVeg-90, HH-65, 2200 25, Prenatal-5, Liquid-1, Double-11, No Egg-2, No Mayo-1, Boost-2**
19. In reference to RFP page 4, #14, how many bag meals are provided per week for inmates going to court and to off-site work crews? **Court: It will vary and is very unpredictable. It can be anywhere from 0 to 10 (now) to 40 or more (Pre-COVID). Work Crews: 5-7 daily if needed.**
20. In reference to RFP page 4, #15, "officer/staff meals", how many staff participate on a per meal/week basis? **Officers eat the same meal tray as the inmates.**
21. Please provide a copy of the current officer/staff menu. **Officers eat the same meal tray as the inmates.**
22. In reference to RFP page 4, #18, what is the average number of religious diets provided? **5 Kosher Diets. Vegetarian option available that meets most religious preferences.**
23. What type of menu is currently served to fulfill religious requests such as Kosher or Halal? **We currently serve frozen Kosher Meals and they get a snack with each meal. (Snack: 2 slices of bread, 1 pack of cookies, 1 fruit and powdered milk)**
24. Are pre-packaged/frozen meals provided for the Kosher diets? If so, does the County pay for the additional cost for this meal? **No**
25. In reference to RFP page 3, #10, "Exhibit D" only includes juvenile menus (K-8<sup>th</sup>, 9-12<sup>th</sup>, K-12<sup>th</sup>). Can you please provide copies of all current menus for all population types? **See Attachment 4 (71 pages).**
26. Please confirm that a weekly average of 2700 calories per day is required for both adults and juveniles. **Adult are 2700 calories and Juvenile are 2800 calories**
27. In reference to page 3, #9 indicates that menus must meet the requirements of the USDA and the National School Lunch Program. Does this requirement only refer to Juvenile menu, or should the adult menu also follow these requirements? **Only the Juvenile or Youthful Offenders. (If we decide to bring back the program for youthful offenders.)**
28. In reference to RFP page 4, #17, what is the average number of inmates receiving additional caloric intake, in excess of regular meals, because of work or labor performed? **None at the moment, our workers receive the same trays as regular inmates.**
29. How are these additional calories provided i.e. 1 ½ or double portions? **NA**
30. Is the contractor able to bill for these additions required by the County? **NA**
31. How many inmate workers are provided in the kitchen per shift? **We will range between 5 and 8 depending on the inmate population. It has been as high as 10.**

32. Regarding the Additional Required Documents on RFP page 22, Forms Q - Certificate of Good Standing and P - Federal Grant Clauses were not included in the RFP. Please provide copies for these forms. **The form is something that you will print and provide to the County. It shows that you are allowed to do business in the State of Florida**
33. In the RFP Notice to Respondents, it states that there is a limit of 60 pages, excluding the required forms.
- a. Can the menus and nutritional analysis be excluded from the page count? **Yes**
  - b. For clarification, would it be acceptable for the 60 pages to be double-sided? **It can be double sided-but each side will count towards the total page count.**
34. In reference to RFP page 27, "Recycled Content Form", please provide clarification to the information requested:
- a. Was this form included in error? **It is a standard form, you can put NA if it is not applicable to this project.**
  - b. Is the County looking for this information on each applicable product for the operation (Ex. All food products, packaging, Styrofoam/disposables, etc.)? **NA to this project.**

**The proposal due date remains September 8, 2021**

Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
Breakfast													
Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup
Scrambled Eggs	3 WZ	Breakfast Sausage	2 Each 1 WZ	Breakfast Gravy	1 Cup	Scrambled Eggs	3 WZ	Breakfast Gravy	1 Cup	Grilled Turkey Ham	1 WZ	Breakfast Sausage	2 Each 1 WZ
Biscuit	1 Each 1/54 Cut	Sliced Cheese	1 Slice	Biscuit	2 Each 1/54 Cut	Bread	2 Slice	Biscuit	2 Each 1/54 Cut	Sliced Cheese	1 Slice	Pancakes	2 Each
Cottage Fried Potatoes	1 Cup	Biscuit	2 Each 1/54 Cut	Hash Browns	1 Cup	Cottage Fried Potatoes	1 Cup	Margarine	1 Tbsp	Biscuit	1 Each 1/54 Cut	Syrup	1/4 Cup
Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Beverage	1 Each	Hash Browns	1 Cup	Beverage	1 Each
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each			Jelly	1 Tbsp		
										Beverage	1 Each		
Lunch													
Sloppy Joe	3/4 Cup	Red Chili Stew	1 Cup	Meatloaf	3 WZ	T Ham & Pinto Beans	1 Cup	Taco Mix	3/4 Cup	Country Stew	1 Cup	Poultry Fried Rice	1 Cup
Hamburger Bun	1 Each	Rice	1 Cup	Mashed Potatoes	1 Cup	Carrots	1/2 Cup	Chili Beans	1 Cup	Rice	1 Cup	Pinto Beans	1 Cup
Chili Beans	1 Cup	Mixed Vegetables	1/2 Cup	Gravy	1/4 Cup	Cornbread	1 1/54 Cut	Shredded Cheese	1/2 WZ	Green Beans	1/2 Cup	Broccoli	1/2 Cup
Carrots	1/2 Cup	Cornbread	1 1/54 Cut	Seasoned Cabbage	1/2 Cup	Iced Cake	1/54 Slice	Seasoned Corn	1/2 Cup	Bread	2 Slice	Iced Cake	1/54 Slice
Cookie	1 Each	Cake	1/54 Cut	Bread	2 Slice	Beverage	1 Each	Flour Tortilla	2 Each	Glazed Cake	1/54 Slice	Beverage	1 Each
Beverage	1 Each	Beverage	1 Each	Iced Cake	1/54 Slice			Cookie	1 Each	Beverage	1 Each		
				Beverage	1 Each			Beverage	1 Each				
Dinner													
Spaghetti	1 Cup	Meat Mac & Cheese	1 Cup	Turkey à la King	1 Cup	Chicken Patty	1 Each	Picadillo Casserole	1 Cup	Shephards Pie	1 Cup	Enchilada Casserole	1 Cup
Broccoli	1/2 Cup	Seasoned Corn	1/2 Cup	Rice Pilaf	1 Cup	Country Gravy	1/4 Cup	Pinto Beans	1 Cup	Mashed Potatoes	1 Cup	Seasoned Rice	1 Cup
Bread	2 Slice	Cornbread	1 1/54 Cut	Peas	1/2 Cup	Cottage Fried Potatoes	1 Cup	Cornbread	1 1/54 Cut	Peas & Carrots	1/2 Cup	Chili Beans	1 Cup
Margarine	1 Tbsp	Margarine	1 Tbsp	Biscuit	1 Each 1/54 Cut	Glazed Carrots	1/2 Cup	Margarine	1 Tbsp	Bread	2 Slice	Cornbread	1 1/54 Cut
Iced Cake	1/54 Slice	Glazed Cake	1/54 Slice	Margarine	1 Tbsp	Bread	2 Slice	Iced Cake	1/54 Slice	Margarine	1 Tbsp	Margarine	1 Tbsp
Beverage	1 Each	Beverage	1 Each	Cookie	1 Each	Margarine	1 Tbsp	Beverage	1 Each	Cake	1/54 Cut	Cookie	1 Each
				Beverage	1 Each	Glazed Cake	1/54 Slice			Beverage	1 Each	Beverage	1 Each
						Beverage	1 Each						

Dietary Consultant Margaret J. Kisch RD, LDN

Approval Date 1/7/2021

Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup	Grits with Margarine	1 Cup	Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup
Breakfast Gravy	1 Cup	Breakfast Sausage	2 Each 1 WZ	Scrambled Eggs	3 WZ	Breakfast Gravy	1 Cup	Scrambled Eggs	3 WZ	Breakfast Sausage	2 Each 1 WZ	Grilled Turkey Ham	1 WZ
Biscuit	2 Each 1/54 Cut	Sliced Cheese	1 Slice	Bread	2 Slice	Biscuit	2 Each 1/54 Cut	Biscuit	2 Each 1/54 Cut	Pancakes	2 Each	Sliced Cheese	1 Slice
Hash Browns	1 Cup	Biscuit	2 Each 1/54 Cut	Cottage Fried Potatoes	1 Cup	Margarine	1 Tbsp	Cottage Fried Potatoes	1 Cup	Syrup	1/4 Cup	Biscuit	1 Each 1/54 Cut
Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Beverage	1 Each	Jelly	1 Tbsp	Beverage	1 Each	Hash Browns	1 Cup
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each			Beverage	1 Each			Jelly	1 Tbsp
												Beverage	1 Each
<b>Lunch</b>													
Spaghetti	1 Cup	Poultry Fried Rice	1 Cup	Salisbury Patty	3 WZ	Poultry & Rice	1 Cup	Country Stew	1 Cup	Chicken Noodle Casserole	1 Cup	Meatloaf	3 WZ
Carrots	1/2 Cup	Pinto Beans	1 Cup	Mashed Potatoes	1 Cup	Mixed Vegetables	1/2 Cup	Rotini	3/4 Cup	Mixed Vegetables	1/2 Cup	Macaroni & Cheese	1 Cup
Bread	2 Slice	Coleslaw	1/2 Cup	Gravy	1/4 Cup	Bread	2 Slice	Seasoned Cabbage	1/2 Cup	Bread	2 Slice	Mixed Vegetables	1/2 Cup
Cookie	1 Each	Cookie	1 Each	Broccoli	1/2 Cup	Cookie	1 Each	Cornbread	1 1/54 Cut	Iced Cake	1/54 Slice	Biscuit	1 Each 1/54 Cut
Beverage	1 Each	Beverage	1 Each	Bread	2 Slice	Beverage	1 Each	Iced Cake	1/54 Slice	Beverage	1 Each	Glazed Cake	1/54 Slice
				Glazed Cake	1/54 Slice			Beverage	1 Each			Beverage	1 Each
				Beverage	1 Each								
<b>Dinner</b>													
Red Chili Stew	1 Cup	Turkey Ham	3 WZ	Goulash Casserole	1 Cup	Chicken Patty	1 Each	Meat Mac & Cheese	1 Cup	Chili Con Carne	1 Cup	Chili Mac	1 Cup
Pinto Beans	1 Cup	BBQ Beans	1 Cup	Pinto Beans	1 Cup	Cottage Fried Potatoes	1 Cup	Peas & Carrots	1/2 Cup	Rice	1 Cup	Pinto Beans	1 Cup
Broccoli	1/2 Cup	Carrots	1/2 Cup	Carrots	1/2 Cup	BBQ Beans	1 Cup	Bread	2 Slice	Carrots	1/2 Cup	Seasoned Corn	1/2 Cup
Cornbread	1 1/54 Cut	Cornbread	1 1/54 Cut	Cornbread	1 1/54 Cut	Hamburger Bun	1 Each	Margarine	1 Tbsp	Cornbread	1 1/54 Cut	Cornbread	1 1/54 Cut
Margarine	1 Tbsp	Margarine	1 Tbsp	Margarine	1 Tbsp	Dressing Salad	1 Tbsp	Glazed Cake	1/54 Slice	Margarine	1 Tbsp	Margarine	1 Tbsp
Glazed Cake	1/54 Slice	Cake	1/54 Cut	Glazed Cake	1/54 Slice	Cake	1/54 Cut	Beverage	1 Each	Cake	1/54 Cut	Cake	1/54 Cut
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each			Beverage	1 Each	Beverage	1 Each

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Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup
Scrambled Eggs	3 WZ	Breakfast Sausage	2 Each 1 WZ	Breakfast Gravy	1 Cup	Scrambled Eggs	3 WZ	Breakfast Gravy	1 Cup	Grilled Turkey Ham	1 WZ	Breakfast Sausage	2 Each 1 WZ
Biscuit	1 Each 1/54 Cut	Sliced Cheese	1 Slice	Biscuit	2 Each 1/54 Cut	Bread	2 Slice	Biscuit	2 Each 1/54 Cut	Sliced Cheese	1 Slice	Pancakes	2 Each
Cottage Fried Potatoes	1 Cup	Biscuit	2 Each 1/54 Cut	Hash Browns	1 Cup	Cottage Fried Potatoes	1 Cup	Margarine	1 Tbsp	Biscuit	2 Each 1/54 Cut	Syrup	1/4 Cup
Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Beverage	1 Each	Hash Browns	1 Cup	Beverage	1 Each
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each			Jelly	1 Tbsp		
										Beverage	1 Each		
<b>Lunch</b>													
Poultry Fried Rice	1 Cup	Chicken Noodle Casserole	1 Cup	Chili Mac	1 Cup	Salisbury Patty	3 WZ	Turkey Stir Fry	3/4 Cup	Sloppy Joe	3/4 Cup	Chili Con Carne	1 Cup
Chili Beans	1 Cup	Mixed Vegetables	1/2 Cup	Carrots & Green Beans	1/2 Cup	Gravy	1/4 Cup	Rice	1 Cup	Hamburger Bun	1 Each	Rice	1 Cup
Carrots & Green Beans	1/2 Cup	Bread	2 Slice	Cornbread	1 1/54 Cut	Mashed Potatoes	1 Cup	Carrots	1/2 Cup	Pinto Beans	1 Cup	Seasoned Cabbage	1/2 Cup
Cookie	1 Each	Margarine	1 Tbsp	Iced Cake	1/54 Slice	Broccoli	1/2 Cup	Bread	2 Slice	Broccoli	1/2 Cup	Cornbread	1 1/54 Cut
Beverage	1 Each	Glazed Cake	1/54 Slice	Beverage	1 Each	Bread	2 Slice	Iced Cake	1/54 Slice	Iced Cake	1/54 Slice	Cookie	1 Each
		Beverage	1 Each			Cake	1/54 Cut	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each
						Beverage	1 Each						
<b>Dinner</b>													
Shephards Pie	1 Cup	Turkey Ham	3 WZ	Chicken Patty	1 Each	Enchilada Casserole	1 Cup	Meatloaf	3 WZ	Country Stew	1 Cup	Spaghetti	1 Cup
Mashed Potatoes	1 Cup	Au Gratin Potatoes	1 Cup	BBQ Beans	1 Cup	Seasoned Rice	1 Cup	Gravy	1/4 Cup	Mixed Vegetables	1/2 Cup	Broccoli	1/2 Cup
Green Beans	1/2 Cup	Fried Cabbage	1/2 Cup	Cottage Fried Potatoes	1 Cup	Seasoned Corn	1/2 Cup	Mashed Potatoes	1 Cup	Cornbread	1 1/54 Cut	Bread	2 Slice
Biscuit	1 Each 1/54 Cut	Cornbread	1 1/54 Cut	Bread	2 Slice	Cornbread	1 1/54 Cut	Green Beans	1/2 Cup	Margarine	1 Tbsp	Margarine	1 Tbsp
Margarine	1 Tbsp	Margarine	1 Tbsp	Margarine	1 Tbsp	Margarine	1 Tbsp	Biscuit	1 Each 1/54 Cut	Glazed Cake	1/54 Slice	Iced Cake	1/54 Slice
Iced Cake	1/54 Slice	Cake	1/54 Cut	Cookie	1 Each	Glazed Cake	1/54 Slice	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Margarine	1 Tbsp				
								Cake	1/54 Cut				
								Beverage	1 Each				

Dietary Consultant Margaret J. Kisch RD, LDN

Approval Date 1/7/2021

Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup	Grits with Margarine	1 Cup	Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup
Breakfast Gravy	1 Cup	Breakfast Sausage	2 Each 1 WZ	Scrambled Eggs	3 WZ	Breakfast Gravy	1 Cup	Scrambled Eggs	3 WZ	Breakfast Sausage	2 Each 1 WZ	Grilled Turkey Ham	1 WZ
Biscuit	2 Each 1/54 Cut	Sliced Cheese	1 Slice	Bread	2 Slice	Biscuit	2 Each 1/54 Cut	Biscuit	1 Each 1/54 Cut	Pancakes	2 Each	Sliced Cheese	1 Slice
Hash Browns	1 Cup	Biscuit	2 Each 1/54 Cut	Cottage Fried Potatoes	1 Cup	Margarine	1 Tbsp	Cottage Fried Potatoes	1 Cup	Syrup	1/4 Cup	Biscuit	2 Each 1/54 Cut
Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Beverage	1 Each	Jelly	1 Tbsp	Beverage	1 Each	Hash Browns	1 Cup
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each			Beverage	1 Each			Jelly	1 Tbsp
												Beverage	1 Each
<b>Lunch</b>													
Chili Mac	1 Cup	Poultry & Rice	1 Cup	Meatloaf	3 WZ	Stroganoff Casserole	1 Cup	Salisbury Patty	3 WZ	Poultry Fried Rice	1 Cup	Sloppy Joe	3/4 Cup
Pinto Beans	1 Cup	Mixed Vegetables	1/2 Cup	Gravy	1/4 Cup	Green Beans	1/2 Cup	Macaroni & Cheese	1 Cup	Chili Beans	1 Cup	Hamburger Bun	1 Each
Carrots	1/2 Cup	Bread	2 Slice	Mashed Potatoes	1 Cup	Bread	2 Slice	Carrots	1/2 Cup	Coleslaw	1/2 Cup	Oven Browned Potatoes	1/2 Cup
Cornbread	1 1/54 Cut	Iced Cake	1/54 Slice	Peas & Carrots	1/2 Cup	Iced Cake	1/54 Slice	Cornbread	1 1/54 Cut	Cake	1/54 Cut	Broccoli	1/2 Cup
Glazed Cake	1/54 Slice	Beverage	1 Each	Biscuit	1 Each 1/54 Cut	Beverage	1 Each	Glazed Cake	1/54 Slice	Beverage	1 Each	Iced Cake	1/54 Slice
Beverage	1 Each			Margarine	1 Tbsp			Beverage	1 Each			Beverage	1 Each
				Cookie	1 Each								
				Beverage	1 Each								
<b>Dinner</b>													
Turkey Tetrazini	1 Cup	Red Chili Stew	1 Cup	Spaghetti	1 Cup	Country Stew	1 Cup	Chili Con Carne	1 Cup	Turkey Ham	3 WZ	Cheeseburger Casserole	1 Cup
Mixed Vegetables	1/2 Cup	Pinto Beans	1 Cup	Green Beans	1/2 Cup	Rotini	3/4 Cup	Rice	1 Cup	Ranch Beans	1 Cup	Pinto Beans	1 Cup
Biscuit	1 Each 1/54 Cut	Seasoned Corn	1/2 Cup	Bread	2 Slice	Mixed Vegetables	1/2 Cup	Seasoned Corn	1/2 Cup	Broccoli	1/2 Cup	Carrots	1/2 Cup
Margarine	1 Tbsp	Cornbread	1 1/54 Cut	Margarine	1 Tbsp	Cornbread	1 1/54 Cut	Bread	2 Slice	Bread	2 Slice	Bread	2 Slice
Cookie	1 Each	Margarine	1 Tbsp	Iced Cake	1/54 Slice	Margarine	1 Tbsp	Margarine	1 Tbsp	Margarine	1 Tbsp	Margarine	1 Tbsp
Beverage	1 Each	Cake	1/54 Cut	Beverage	1 Each	Glazed Cake	1/54 Slice	Iced Cake	1/54 Slice	Glazed Cake	1/54 Slice	Cookie	1 Each
		Beverage	1 Each			Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each

Dietary Consultant Margaret J. Kisch RD, LDN

Approval Date 1/7/2021

TRINITY SERVICES  
GROUP, INC.



# Invoice

Okaloosa County Jail  
1200 James Lee Blvd  
CRESTVIEW, FL 32539

Invoice Number: 3015200316  
Invoice Date: 08/13/2021  
Effective Date: 08/12/2021  
Department: Weekly Invoice

Bill To: Okaloosa County  
302 North Wilson Street  
Suite 302  
CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc.  
62836 Collection Center Drive  
Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200316	2519372	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 08/12/21	15,067	0.876000	13,198.69
		<b>Sub-Total</b>	<b>\$13,198.69</b>
		<b>Sales Tax</b>	<b>\$0.00</b>
		<b>Total</b>	<b>\$13,198.69</b>
		<b>Advanced Deposit Used</b>	<b>\$0.00</b>
		<b>Cash Payment</b>	<b>\$0.00</b>
		<b>Credit Card</b>	<b>\$0.00</b>
		<b>Balance</b>	<b>\$13,198.69</b>

Please send a copy of your invoice with your payment.

TRINITY SERVICES  
GROUP, INC.



## Invoice

Okaloosa County Jail  
1200 James Lee Blvd  
CRESTVIEW, FL 32539

Invoice Number: 3015200315  
Invoice Date: 08/06/2021  
Effective Date: 08/05/2021  
Department: Weekly Invoice

Bill To: Okaloosa County  
302 North Wilson Street  
Suite 302  
CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc.  
62836 Collection Center Drive  
Chicago, IL 60693-0628

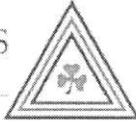
Event ID	Transaction ID	Customer Number	Event	Location
3015200315	2518570	F301520000	Weekly Invoice	Okaloosa County Jail

**Notes:**

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 08/05/21	14,745	0.876000	12,916.62
		<b>Sub-Total</b>	<b>\$12,916.62</b>
		<b>Sales Tax</b>	<b>\$0.00</b>
		<b>Total</b>	<b>\$12,916.62</b>
		<b>Advanced Deposit Used</b>	<b>\$0.00</b>
		<b>Cash Payment</b>	<b>\$0.00</b>
		<b>Credit Card</b>	<b>\$0.00</b>
		<b>Balance</b>	<b>\$12,916.62</b>

Please send a copy of your invoice with your payment.

TRINITY SERVICES  
GROUP, INC.



## Invoice

Okaloosa County Jail  
1200 James Lee Blvd  
CRESTVIEW, FL 32539

Invoice Number: 3015200314  
Invoice Date: 07/29/2021  
Effective Date: 07/29/2021  
Department: Weekly Invoice

Bill To: Okaloosa County  
302 North Wilson Street  
Suite 302  
CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc.  
62836 Collection Center Drive  
Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200314	2517864	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 07/29/21	13,885	0.928000	12,885.28
		<b>Sub-Total</b>	<b>\$12,885.28</b>
		<b>Sales Tax</b>	<b>\$0.00</b>
		<b>Total</b>	<b>\$12,885.28</b>
		<b>Advanced Deposit Used</b>	<b>\$0.00</b>
		<b>Cash Payment</b>	<b>\$0.00</b>
		<b>Credit Card</b>	<b>\$0.00</b>
		<b>Balance</b>	<b>\$12,885.28</b>

Please send a copy of your invoice with your payment.

TRINITY SERVICES  
GROUP, INC.



## Invoice

Okaloosa County Jail  
1200 James Lee Blvd  
CRESTVIEW, FL 32539

Invoice Number: 3015200313  
Invoice Date: 07/23/2021  
Effective Date: 07/22/2021  
Department: Weekly Invoice

Bill To: Okaloosa County  
302 North Wilson Street  
Suite 302  
CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc.  
62836 Collection Center Drive  
Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200313	2517467	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 07/22/21	13,926	0.928000	12,923.33
		<b>Sub-Total</b>	<b>\$12,923.33</b>
		<b>Sales Tax</b>	<b>\$0.00</b>
		<b>Total</b>	<b>\$12,923.33</b>
		<b>Advanced Deposit Used</b>	<b>\$0.00</b>
		<b>Cash Payment</b>	<b>\$0.00</b>
		<b>Credit Card</b>	<b>\$0.00</b>
		<b>Balance</b>	<b>\$12,923.33</b>

Please send a copy of your invoice with your payment.

TRINITY SERVICES  
GROUP, INC.



**Invoice**

Okaloosa County Jail  
1200 James Lee Blvd  
CRESTVIEW, FL 32539

Invoice Number: 3015200312  
Invoice Date: 07/16/2021  
Effective Date: 07/15/2021  
Department: Weekly Invoice

Bill To: Okaloosa County  
302 North Wilson Street  
Suite 302  
CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc.  
62836 Collection Center Drive  
Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200312	2516796	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 07/15/21	13,525	0.928000	12,551.20
		<b>Sub-Total</b>	<b>\$12,551.20</b>
		<b>Sales Tax</b>	<b>\$0.00</b>
		<b>Total</b>	<b>\$12,551.20</b>
		<b>Advanced Deposit Used</b>	<b>\$0.00</b>
		<b>Cash Payment</b>	<b>\$0.00</b>
		<b>Credit Card</b>	<b>\$0.00</b>
		<b>Balance</b>	<b>\$12,551.20</b>

Please send a copy of your invoice with your payment.



Okaloosa County Jail  
1200 James Lee Blvd  
CRESTVIEW, FL 32539

Invoice Number: 3015200311  
Invoice Date: 07/09/2021  
Effective Date: 07/08/2021  
Department: Weekly Invoice

Bill To: Okaloosa County  
302 North Wilson Street  
Suite 302  
CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc.  
62836 Collection Center Drive  
Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200311	2516279	F301520000	Weekly Invoice	Okaloosa County Jail

**Notes:**

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 07/08/21	13,756	0.928000	12,765.57
		<b>Sub-Total</b>	<b>\$12,765.57</b>
		<b>Sales Tax</b>	<b>\$0.00</b>
		<b>Total</b>	<b>\$12,765.57</b>
		<b>Advanced Deposit Used</b>	<b>\$0.00</b>
		<b>Cash Payment</b>	<b>\$0.00</b>
		<b>Credit Card</b>	<b>\$0.00</b>
		<b>Balance</b>	<b>\$12,765.57</b>

Please send a copy of your invoice with your payment.



Okaloosa County Jail  
1200 James Lee Blvd  
CRESTVIEW, FL 32539

Invoice Number: 3015200310  
Invoice Date: 07/02/2021  
Effective Date: 07/01/2021  
Department: Weekly Invoice

Bill To: Okaloosa County  
302 North Wilson Street  
Suite 302  
CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc.  
62836 Collection Center Drive  
Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200310	2515501	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 07/01/21	13,906	0.928000	12,904.77
		<b>Sub-Total</b>	<b>\$12,904.77</b>
		<b>Sales Tax</b>	<b>\$0.00</b>
		<b>Total</b>	<b>\$12,904.77</b>
		<b>Advanced Deposit Used</b>	<b>\$0.00</b>
		<b>Cash Payment</b>	<b>\$0.00</b>
		<b>Credit Card</b>	<b>\$0.00</b>
		<b>Balance</b>	<b>\$12,904.77</b>

Please send a copy of your invoice with your payment.



Okaloosa County Jail  
1200 James Lee Blvd  
CRESTVIEW, FL 32539

Invoice Number: 3015200309  
Invoice Date: 06/25/2021  
Effective Date: 06/24/2021  
Department: Weekly Invoice

Bill To: Okaloosa County  
302 North Wilson Street  
Suite 302  
CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc.  
62836 Collection Center Drive  
Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200309	2515115	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 06/24/21	14,471	0.928000	13,429.09
		<b>Sub-Total</b>	<b>\$13,429.09</b>
		<b>Sales Tax</b>	<b>\$0.00</b>
		<b>Total</b>	<b>\$13,429.09</b>
		<b>Advanced Deposit Used</b>	<b>\$0.00</b>
		<b>Cash Payment</b>	<b>\$0.00</b>
		<b>Credit Card</b>	<b>\$0.00</b>
		<b>Balance</b>	<b>\$13,429.09</b>

Please send a copy of your invoice with your payment.



Okaloosa County Jail  
1200 James Lee Blvd  
CRESTVIEW, FL 32539

Invoice Number: 3015200308  
Invoice Date: 06/18/2021  
Effective Date: 06/17/2021  
Department: Weekly Invoice

Bill To: Okaloosa County  
302 North Wilson Street  
Suite 302  
CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc.  
62836 Collection Center Drive  
Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200308	2514325	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 06/17/21	14,085	0.928000	13,070.88
		<b>Sub-Total</b>	<b>\$13,070.88</b>
		<b>Sales Tax</b>	<b>\$0.00</b>
		<b>Total</b>	<b>\$13,070.88</b>
		<b>Advanced Deposit Used</b>	<b>\$0.00</b>
		<b>Cash Payment</b>	<b>\$0.00</b>
		<b>Credit Card</b>	<b>\$0.00</b>
		<b>Balance</b>	<b>\$13,070.88</b>

Please send a copy of your invoice with your payment.



Okaloosa County Jail  
1200 James Lee Blvd  
CRESTVIEW, FL 32539

Invoice Number: 3015200307  
Invoice Date: 06/11/2021  
Effective Date: 06/10/2021  
Department: Weekly Invoice

Bill To: Okaloosa County  
302 North Wilson Street  
Suite 302  
CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc.  
62836 Collection Center Drive  
Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200307	2513732	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 06/10/21	13,730	0.928000	12,741.44
		<b>Sub-Total</b>	<b>\$12,741.44</b>
		<b>Sales Tax</b>	<b>\$0.00</b>
		<b>Total</b>	<b>\$12,741.44</b>
		<b>Advanced Deposit Used</b>	<b>\$0.00</b>
		<b>Cash Payment</b>	<b>\$0.00</b>
		<b>Credit Card</b>	<b>\$0.00</b>
		<b>Balance</b>	<b>\$12,741.44</b>

Please send a copy of your invoice with your payment.



Okaloosa County Jail  
1200 James Lee Blvd  
CRESTVIEW, FL 32539

Invoice Number: 3015200306  
Invoice Date: 06/04/2021  
Effective Date: 06/03/2021  
Department: Weekly Invoice

Bill To: Okaloosa County  
302 North Wilson Street  
Suite 302  
CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc.  
62836 Collection Center Drive  
Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200306	2513066	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 06/03/21	13,773	0.928000	12,781.34
		<b>Sub-Total</b>	<b>\$12,781.34</b>
		<b>Sales Tax</b>	<b>\$0.00</b>
		<b>Total</b>	<b>\$12,781.34</b>
		<b>Advanced Deposit Used</b>	<b>\$0.00</b>
		<b>Cash Payment</b>	<b>\$0.00</b>
		<b>Credit Card</b>	<b>\$0.00</b>
		<b>Balance</b>	<b>\$12,781.34</b>

Please send a copy of your invoice with your payment.



Okaloosa County Jail  
120G James Lee Blvd  
CRESTVIEW, FL 32539

Invoice Number: 3015200305  
Invoice Date: 05/28/2021  
Effective Date: 05/27/2021  
Department: Weekly Invoice

Bill To: Okaloosa County  
302 North Wilson Street  
Suite 302  
CRESTVIEW, FL 32536

Remit To: Trinity Services Group, Inc.  
62836 Collection Center Drive  
Chicago, IL 60693-0628

Event ID	Transaction ID	Customer Number	Event	Location
3015200305	2512542	F301520000	Weekly Invoice	Okaloosa County Jail

Notes:

Description	Quantity	Unit Price	Amount
Inmate Meals Week Ending 05/27/21	13,942	0.928000	12,938.18
		<b>Sub-Total</b>	<u>\$12,938.18</u>
		<b>Sales Tax</b>	\$0.00
		<b>Total</b>	<u>\$12,938.18</u>
		<b>Advanced Deposit Used</b>	<u>\$0.00</u>
		<b>Cash Payment</b>	\$0.00
		<b>Credit Card</b>	\$0.00
		<b>Balance</b>	<u>\$12,938.18</u>

Please send a copy of your invoice with your payment.

## Food Service Management Company (FSMC) Monitoring Tool

Twice a year an official of the school sponsor should conduct a monitoring visit of *each* food service site. Complete a copy of this form for each site monitored. Keep these completed forms with your records.

Sponsor #/Name: \_\_\_\_\_ Site Name \_\_\_\_\_

FSMC Name: \_\_\_\_\_ Review Date: \_\_\_\_\_ Base Year of Contract: \_\_\_\_\_ Renewal Year (1,2,3,4): \_\_\_\_\_

Meal Type	Fixed Fee Per Meal	Meal Type	Fixed Fee Per Meal
Student Lunches	\$ _____	SFSP Lunch/Supper Meals	\$ _____
Student Breakfasts	\$ _____	SFSP Snacks	\$ _____
Meal Equivalent Fee	\$ _____	FFVP Meal Equivalent Fee	\$ _____
Meal Equivalent Factor (breakfast, snack, adult, etc.)	\$ _____		\$ _____
Student Afterschool Snacks	\$ _____		
SFSP Breakfast	\$ _____		

Menus and Service	Yes	No	NA	Comments
1. Has the FSMC followed the 21-day cycle menu, as described in Exhibit B of the contract, for the first 21 days of the contract? (Monitor during the first year of contract only)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
2. If changes were made to menus following the first 21 days of the contract, did the sponsor approve them?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
3. Do cycle menus meet requirements for all grade groups?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
4. Are production records completed each day for all meals claimed for reimbursement and component contributions available for each menu item?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
5. If the "Offer vs Serve" provision was implemented, are students required to take the minimum number of menu items (including ½ cup fruit and/or vegetable)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
6. Are meal modifications provided to students? Is appropriate meal modification documentation on file at the serving site?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
7. Does the FSMC provide fluid milk substitutions as Sponsor as indicated?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
8. Are fluid milk substitutions compliant with USDA substitution criteria?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
9. Are the Smart Snacks In Schools regulations being followed by the FSMC?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
10. Is the FSMC complying with Vending as stated in the Contract?	<input type="checkbox"/>	<input type="checkbox"/>		
11. Does the FSMC comply with the Sponsor's Local Wellness Policy?	<input type="checkbox"/>	<input type="checkbox"/>		
12. Are meals monitored after the last food or menu item is served/selected to ensure only reimbursable meals are claimed?	<input type="checkbox"/>	<input type="checkbox"/>		
13. Do the foods purchased meet the quality specification standards indicated in the contract?	<input type="checkbox"/>	<input type="checkbox"/>		
14. Is FSMC complying with Buy American Requirements?	<input type="checkbox"/>	<input type="checkbox"/>		

<b>Financial Accountability Procedures</b>	<b>Yes</b>	<b>No</b>	<b>NA</b>	<b>Comments</b>
1. Do the school food service daily income records accurately reflect the revenue received by meal type? (Student meals, adult meals, a la carte, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
2. Do the school food service daily meal count record forms accurately reflect the counts of student and adult meals by meal type and eligibility category?	<input type="checkbox"/>	<input type="checkbox"/>		
3. Are all records being maintained that are needed to support the Claim for reimbursement, reports with claim information (promptly at the end of each month), and meal count records for meals not covered by the Claim, such as adult meals?	<input type="checkbox"/>	<input type="checkbox"/>		
3. Are all invoices monitored to assure the FSMC invoices per the current pricing agreement indicated in the contract or addendum and have not double-invoiced or included costs which are not allowed by the contract?	<input type="checkbox"/>	<input type="checkbox"/>		
4. Do the records show a la carte, adult, and other food sales are being invoiced at the meal equivalency rate or accurately per the contract?	<input type="checkbox"/>	<input type="checkbox"/>		
5. Are all discounts, rebates, and credits for food and supplies received, where applicable?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Sanitation and Safety Procedures</b>	<b>Yes</b>	<b>No</b>	<b>N/A</b>	<b>Comments</b>
1. Are facilities and equipment adequately maintained for safety and sanitation?	<input type="checkbox"/>	<input type="checkbox"/>		
2. Do employees practice safe food handling procedures?	<input type="checkbox"/>	<input type="checkbox"/>		
3. Is a Food Safety (HACCP) plan available at the serving site?	<input type="checkbox"/>	<input type="checkbox"/>		
4. If yes, is the plan being implemented?	<input type="checkbox"/>	<input type="checkbox"/>		
5. Has the plan been reviewed and revised annually?	<input type="checkbox"/>	<input type="checkbox"/>		
6. Are health licenses maintained as required by the contract?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/> Sponsor responsibility <input type="checkbox"/> FSMC responsibility
7. Has the Sponsor/FSMC met the food safety training requirements for their employees?	<input type="checkbox"/>	<input type="checkbox"/>		
<b>Other Contractual Requirements</b>	<b>Yes</b>	<b>No</b>	<b>N/A</b>	<b>Comments</b>
1. Has the advisory committee of parents, students and teachers met to assist in menu planning? (Attach documentation - Agendas, Surveys, Taste Testing Results, etc.)	<input type="checkbox"/>	<input type="checkbox"/>		
2. If recommendations or concerns have been noted as a result of the meetings, has the FSMC implemented recommendations or addressed the concerns brought forth by the advisory committee?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
3. If the Sponsor has requested that the FSMC representative participate in the advisory committee meetings has the FSMC complied with this requirement?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
4. Have all corrections been made as required if problems were noted during a sponsor review, the administrative review, or a program audit?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Other Contractual Requirements Cont.	Yes	No	N/A	Comments
5. Were the Sponsor's Civil Rights policies followed?	<input type="checkbox"/>	<input type="checkbox"/>		
6. Have there been any Civil Rights complaints this year?	<input type="checkbox"/>	<input type="checkbox"/>		
7. Is the FSMC performing any Sponsor special functions/catering outside the nonprofit school food service account? List functions in the comments section.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
8. If yes to the above, is there a method which delineates the cost allocation for Sponsor special functions/catering conducted outside the nonprofit school food service? (i.e. ensures labor costs are not double invoiced)				
9. Is the FSMC performing any special functions/catering for entities other than the Sponsor? (Any external catering-not for the benefit of the district requires a separate contract.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
10. If yes to the above, what process is in place to ensure that any and all resources of the school food service department, which are to be used by the FSMC, produce revenue to fully fund the costs of the non-school catering. Are all costs related to the use of the school district's facilities (including food service facilities for catering) paid for by a source other than the food service fund? Please describe process.				
11. Is the FSMC adhering to the Sponsor's free and reduced priced policy statement?	<input type="checkbox"/>	<input type="checkbox"/>		
Staffing and Professional Development	Yes	No	N/A	Comments
12. Is FSMC complying with Professional Standards requirements for its employees?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
13. Is FSMC providing appropriate and timely training for FSMC staff? <i>List training in comments section at end of monitoring form.</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Renewal Process (If Applicable)	Yes	No	N/A	Comments
14. Do all the invoices match the prices with the current renewal addendum prices?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
15. Did the renewal adhere to CPI meal rate increases as described in the contract?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
USDA Foods (If Applicable)	Yes	No	N/A	Comments
16. Did the FSMC credit the full value of all donated foods received for use in the meal service as required by contract requirements?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
17. Is the FSMC complying with contract requirements that the procurement of processed end products on behalf of the recipient agency, as applicable, complies with the requirements in subpart C of 7 CFR part 250 and with the provisions of distributing or recipient agency processing agreements?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	


List any Corrective Actions Required of the Food Service Management Company	Date of Implementation

\_\_\_\_\_  
Signature of Sponsor's Monitoring Official

\_\_\_\_\_  
Title

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of FSMC Official

\_\_\_\_\_  
Title

\_\_\_\_\_  
Date

TRINITY SERVICES  
GROUP, INC.



January 6, 2021

## Therapeutic Diet Menu Review

Okaloosa County Department of Corrections, FL

The 4-week cycle **Medical Diet menus for Okaloosa County Department of Corrections, FL** were reviewed. The medical diet menus were developed for this facility using the master general population menu as a base and modified as necessary to meet the medical criteria for each diet. They were analyzed using the NetNutrition® Application Version 20.9.104.2243 of The CBORD Group, Inc.

The planned diet menus meet medical requirements and dietary restrictions approved for this facility.

*Margaret T. Kirch RD, LDN*

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Margaret T. Kirch, RD, LDN  
Dietitian  
Trinity Services Group  
CDR number: 915731  
Florida License: ND-7217

TRINITY SERVICES  
GROUP, INC.



January 6, 2021

**STATEMENT OF NUTRITIONAL ADEQUACY  
Okaloosa County Department of Corrections, FL**

The average daily calories of the four-week cycle menu is 2700 calories.

The 4-week cycle menu was written and reviewed by Trinity Services Group for **Okaloosa County Department of Corrections, FL** to be served as the Regular Menu in the Adult general population. The menus were analyzed using the NetNutrition® Application Version 20.9.104.2243 from CBORD Group, Inc.

The analysis confirms that the menu provides a nutritionally adequate diet for sedentary and/or incarcerated adults. Some nutrient values may vary based on the nutrient data available from manufacturers, the nutrient listings available under FDA labeling requirements, and the specific items used for the analysis.

As written and analyzed, the menu satisfies the Dietary Reference Intakes/EARs recommendations published by the National Academy of Sciences-National Research Council for major nutrients recommended for adults.

The analyzed menus comply with Florida Model Jail Standards and the guidelines of the American Correctional Association (ACA). They reflect the requirements of the Okaloosa County Department of Corrections, FL inmate food services.

A handwritten signature in black ink that reads "Margaret T. Kirch RD, LDN". The signature is written in a cursive style.

---

Margaret T. Kirch, RD, LDN  
Dietitian  
Trinity Services Group  
CDR number: 915731  
Florida License: ND-7217



January 6, 2021

**SCHOOL BREAKFAST AND SCHOOL LUNCH PROGRAM  
Okaloosa Department of Corrections, FL**

The average calories for the four-week cycle menu is 2800 calories.

The cycle menu for the **Okaloosa Department of Corrections National School Breakfast and Lunch Program** was written and reviewed by Trinity Services Group to be served as the regular menu for the juvenile population. They have been analyzed using the NetNutrition® Application Version 20.9.104.2243 from CBORD Group, Inc.

The analysis confirms that the menu provides a nutritionally adequate diet for juveniles. Some nutrient values may vary based on the nutrient data available from manufacturers, the nutrient listings available under FDA labeling requirements, and the specific items used for the analysis.

The breakfast and lunch menus comply with the requirements of National School Breakfast and National School Lunch Program for Grades 9-12.

Requirements	School Breakfast	School Lunch
Fluid Milk:	1 cup daily	1 cup daily
Fruits/Juice/ Vegetables:	1 cup daily	1 cup daily
Grains/Breads:	1oz/eq daily	2 oz/eq daily
Meat/Meat Alternate:	None	2 oz/eq daily
Calories, weekly:	450-600	750-850
Sodium, weekly:	<= 640 mg	<= 1420 mg
Saturated Fat % total Cal	<= 10	<= 10

Per analysis the breakfast and lunch menus meet the requirements of the National School Breakfast and Lunch Program, fulfilling the components required for fruits, vegetables, grains, meat and fluid milk, and the amounts for calories and sodium.

*Margaret T. Kirch RD, LDN*

---

Margaret T. Kirch, RD, LDN  
Dietitian  
Trinity Services Group  
CDR number: 915731  
Florida License: ND-7217

Cycle Day: 1

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	3 WZ Scram Eggs
Egg Scrambled	3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice Wheat Bread
Biscuit	1 Each 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Cottage Fried Potatoes	1 Cup	X	X	Grilld Potatoes	X	X	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup Fruit
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice (
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Sloppy Joe	3/4 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	1/2 Cup	X				
Hamburger Bun	1 Each	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	2 Slice Wheat Bread
Chili Beans	1 Cup	X	X	X	1 1/2 Cup	X	X	X	1/4 Cup	1/2 Cup Potato Salad				
Carrots	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup Carrots Cooked					
Cookie	1 Each	X	X	Fresh Apple	X	X	X	Fresh Apple	Fresh Apple	Fresh Apple	2 Each Fresh Apple	2 Each Fresh Apple	2 Each Fresh Apple	2 Each Fresh Apple
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 1

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Spaghetti	1 Cup	X	X	X	X	X	Pinto Beans	X	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	X
Spaghetti	No	No	No	No	No	No	1/2 Cup	No	1/2 Cup	3/4 Cup	1 Cup	1 Cup	1 Cup Rice	No
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	X
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Iced Cake	1/54 Slice	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 2

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 WZ Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	X	X	X	X	X	2 Tbsp Peanut Butter	X	X	X	X	X	X	2 Slice Wheat Bread
Sliced Cheese	1 Slice	X	X	X	X	X	X	X	X	X	X	X	X	1 Tbsp Apple Jelly
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1/2 Cup Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice /
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Red Chili Stew	1 Cup	X	X	X	X	X	Pinto Beans	X	X	X	X	X	X	Stew Red Chili
Rice	1 Cup	X	X	1 1/4 Cup	X	X	X	X	No	1/3 Cup	1/2 Cup	1/2 Cup	X	1/2 Cup Brown Rice
Mixed Vegetables	1/2 Cup	X	X	Mixed Veg	X	X	1 Cup	Mixed Veg	1 Cup Mixed Veg	1 Cup				
Cornbread	1 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	2 Slice Wheat Bread
Cake	1/54 Cut	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	1 Cup Fruit
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 2

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Meat Mac & Cheese	1 Cup	X	X	3 WZ Poultry Pty	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	3 WZ Poultry Pty	X
Macaroni	No	No	No	1 Cup	No	No	1 Slice SL Cheese(IM)	No	No	No	No	No	1 Cup Rice	No
Corn Seasoned	1/2 Cup	X	X	Corn	X	Carrots	1 Cup	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X
Cornbread	1 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	No	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	No	1 FZ	X	1 FZ	X	X
Glazed Cake	1/4 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 3

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	2 Each Boiled Egg
Breakfast Gravy	1 Cup	X	X	X	X	X	3 WZ Scram Eggs	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ Scram Eggs	2 Slice Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Hash Browns	1 Cup	X	X	X	X	X	X	X	No	No	No	No	No	1/2 Cup Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice (
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Meatloaf	3 WZ	X	X	X	X	3 WZ Chopped	6 WZ Vegan Vegetable	X	X	X	X	X	X	X
Mashed Potatoes	1 Cup	X	X	X	1 1/2 Cup Pinto Beans	X	X	X	1/2 Cup	1/2 Cup	X	1/2 Cup	X	3/4 Cup
Gravy	1/4 Cup	X	X	X	X	X	No	X	1 FZ	X	X	X	No	1 FZ
Seasoned Cabbage	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	2 Slice Wheat Bread
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	Wheat Bread	3 Each Corn Tortilla	1 Cup Cabbage & Carrot
Iced Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 3

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Turkey à la King	1 Cup	X	X	X	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3 WZ Poultry Pty	X
Rice Pilaf	1 Cup	X	X	1 1/4 Cup Rice	1 1/2 Cup Pinto Beans	X	X	X	No	No	1/2 Cup	1/2 Cup	X	X
Peas	1/2 Cup	X	X	X	X	X	1 Cup	X	X	X	X	X	X	X
Biscuit	1 Each 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cookie	1 Each	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 4

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	3 WZ Scram Eggs
Egg Scrambled	3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice Wheat Bread
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Cottage Fried Potatoes	1 Cup	X	X	Grilld Potatoes	X	X	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup Fruit
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice /
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
T Ham & Pinto Beans	1 Cup	X	X	3 WZ Poultry Pty	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	X	3/4 Cup	3/4 Cup	X
Diet Pinto Beans	No	No	No	1 1/4 Cup	No	No	No	No	No	No	No	No	No	No
Carrots	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Coleslaw
Cornbread	1 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	2 Slice Wheat Bread
Iced Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 4

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chicken Patty	1 Each	X	X	3 WZ Salisbury Patty	X	X	1 Cup Pinto Beans	X	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	X
Country Cream Gravy	1/4 Cup	X	X	X	X	X	No	X	1 FZ	X	X	X	No	X
Cottage Fried Potatoes	1 Cup	X	X	Grilld Potatoes	1 1/2 Cup Pinto Beans	X	X	Grilld Potatoes	No	1/2 Cup Grilld Potatoes	1/2 Cup Grilld Potatoes	1/2 Cup Grilld Potatoes	Grilld Potatoes	X
Carrots Glazed	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	Wheat Bread	3 Each Corn Tortilla	X
Marqarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Glazed Cake	1/54 Slice	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 5

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	2 WZ Breakfast Sausage
Breakfast Gravy	1 Cup	X	X	X	X	X	3 WZ Scram Eggs	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ Scram Eggs	2 Slice Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	1/2 Cup Peaches
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1/2 Cup Beverage Juice (C)
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Taco Mix	3/4 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	X	4 WZ Burger Patty T G
Chili Beans	1 Cup	X	X	X	1 1/2 Cup	X	X	X	No	1/4 Cup	1/2 Cup	1/2 Cup	1/2 Cup	2 Slice Wheat Bread
Shredded Cheese IMIT	1/2 WZ	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Carrots Cooked
Corn Seasoned	1/2 Cup	X	X	Corn	X	Carrots	1 Cup	X	1 Cup Carrots Cooked	Salad Pasta WG				
Tortilla	2 Each	X	X	X	X	2 Slice White Bread	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Each	1 Each	3 Each Corn Tortilla	1 Tbsp Ketchup
Cookie	1 Each	X	X	Fresh Apple	X	X	X	Fresh Apple	Fresh Apple	Fresh Apple	2 Each Fresh Apple	2 Each Fresh Apple	2 Each Fresh Apple	2 Each Fresh Apple
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 5

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Picadillo Casserole	1 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	X	X
Pinto Beans	1 Cup	X	X	1 1/4 Cup Plain Pintos	1 1/2 Cup	X	X	X	1/3 Cup	1/3 Cup	3/4 Cup	3/4 Cup	3/4 Cup	X
Cornbread	1 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Iced Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 6

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	3 WZ Scram Eggs
Grilled Turkey Ham	1 WZ	X	X	X	X	X	No	X	2 WZ Slice	2 Slice Wheat Bread				
Sliced Cheese	1 Slice	X	X	X	X	X	2 Slices	X	X	X	X	X	X	1 Tbsp Apple Jelly
Biscuit	1 Each 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1/2 Cup Peaches
Hash Browns	1 Cup	X	X	X	X	X	X	X	No	No	No	No	No	1/2 Cup Beverage Juice /
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1 Cup Milk
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	Milk Choc Skim
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Country Stew	1 Cup	X	X	X	X	X	Pinto Beans	X	X	X	X	X	3 WZ Poultry Pty	Stew Country
Rice	1 Cup	X	X	1 1/4 Cup	1 1/2 Cup Pinto Beans	X	X	X	No	1/3 Cup	1/2 Cup	1/2 Cup	X	1/2 Cup Brown Rice
Green Beans	1/2 Cup	X	X	Green Bean	X	X	1 Cup	Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Wheat Bread
Glazed Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 6

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Cass- Shephards Pie Filling <sup>2</sup>	1 Cup	X	X	3 WZ Poultry Pty	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3 WZ Poultry Pty	X
Mashed Potatoes	1 Cup	X	X	X	1 1/2 Cup Pinto Beans	X	X	X	No	No	1/2 Cup	1/2 Cup	X	X
Peas & Carrots	1/2 Cup	X	X	Peas/Carrots	X	X	1 Cup	Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	X
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cake	1/54 Cut	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 7

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	2 WZ Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	X	X	X	X	X	2 Tbsp Peanut Butter	X	X	X	X	X	X	2 Slice Wheat Bread
Pancakes	2 Each	X	X	X	X	X	X	X	1 Each	1 Each	1 Each	X	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Syrup	1/4 Cup	X	X	X	X	X	X	1 Each Diet Syrup	X	1/2 Cup Fruit				
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1/2 Cup Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Poultry Fried Rice	1 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	3/4 Cup	X	X	X	X	4 WZ Burger Patty T G
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	3 Each Corn Tortilla	2 Slice Wheat Bread
Pinto Beans	1 Cup	X	X	X	X	X	X	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	X	No
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	Pinto Beans
Iced Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Broccoli
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Peaches
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 7

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Enchilada Casserole	1 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	3 WZ Poultry Pty	3 WZ Poultry Pty	3/4 Cup	3/4 Cup	3 WZ Poultry Pty	X
Seasoned Rice	1 Cup	X	X	1 1/4 Cup Rice	X	X	X	X	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	X	X
Chili Beans	1 Cup	X	X	X	1 1/2 Cup	X	X	X	Green Bean	Green Bean	Green Bean	Green Bean	Green Bean	X
Cornbread	1 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	No	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cookie	1 Each	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 8

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	3 WZ Scram Eggs
Breakfast Gravy	1 Cup	X	X	X	X	X	3 WZ Scram Eggs	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ Scram Eggs	2 Slice Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Hash Browns	1 Cup	X	X	X	X	X	X	X	No	No	No	No	No	1/2 Cup Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice (
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Spaghetti	1 Cup	X	X	X	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3 WZ Poultry Pty	1 1/2 Cup
Spaghetti	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup Rice	No
Carrots	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup Carrots Cooked					
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	No	No	Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Wheat Bread
Cookie	1 Each	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	1 Cup Fruit
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 8

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Red Chili Stew	1 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	X	X
Pinto Beans	1 Cup	X	X	1 1/4 Cup Plain Pintos	1 1/2 Cup	X	X	X	No	No	No	No	No	X
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	X
Cornbread	1 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	No	No	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	No	No	X	1 FZ	X	X
Glazed Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 9

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 WZ Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	X	X	X	X	X	2 Tbsp Peanut Butter	X	X	X	X	X	X	2 Slice Wheat Bread
Sliced Cheese	1 Slice	X	X	X	X	X	X	X	X	X	X	X	X	1 Tbsp Apple Jelly
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1/2 Cup Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice (
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Poultry Fried Rice	1 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	3/4 Cup	X	X	X	X	4 WZ Burger Patty T G
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	3 Each Corn Tortilla	1 Cup Pinto Beans
Pinto Beans	1 Cup	X	X	1 1/4 Cup Plain Pintos	1 1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	2 Slice Wheat Bread
Coleslaw	1/2 Cup	X	X	X	X	X	X	X	X	1 Cup	1 Cup	1 Cup	X	X
Cookie	1 Each	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 9

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Turkey Ham	3 WZ	X	X	Poultry Pty	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	X	X
BBQ Beans	1 Cup	X	X	Chili Beans	1 1/2 Cup	X	X	X	No	No	1/3 Cup	1/3 Cup	1/3 Cup	X
Carrots	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X
Cornbread	1 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cake	1/54 Cut	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 10

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 Each Boiled Egg
Egg Scrambled	3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice Wheat Bread
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Cottage Fried Potatoes	1 Cup	X	X	Grilld Potatoes	X	X	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup Fruit
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice /
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Salisbury Patty	3 WZ	X	X	X	X	3 WZ Chopped	1 Cup Pinto Beans	X	X	X	X	X	X	Salisbury Patty T
Mashed Potatoes	1 Cup	X	X	X	1 1/2 Cup Pinto Beans	X	X	X	1/2 Cup	1/2 Cup	X	1/2 Cup	X	1/2 Cup
Gravy	1/4 Cup	X	X	X	X	X	No	X	1 FZ	X	X	X	No	1 FZ
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	2 Slice Wheat Bread
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	Wheat Bread	3 Each Corn Tortilla	1 Cup Broccoli
Glazed Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 10

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Goulash Casserole	1 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	3 WZ Poultry Pty	X
Pinto Beans	1 Cup	X	X	1 1/4 Cup Plain Pintos	1 1/2 Cup	X	X	X	No	No	1/3 Cup	1/3 Cup	X	X
Carrots	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X
Cornbread	1 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	No	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Glazed Cake	1/54 Slice	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 11

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	3 WZ Scram Eggs
Breakfast Gravy	1 Cup	X	X	X	X	X	3 WZ Scram Eggs	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ Scram Eggs	2 Slice Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	1/2 Cup Peaches
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1/2 Cup Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Poultry & Rice	1 Cup	X	X	X	X	X	Pinto Beans	X	X	X	X	X	3 WZ Poultry Pty	Turkey & Rice
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup	No
Mixed Vegetables	1/2 Cup	X	X	Mixed Veg	X	X	1 Cup	Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	No	1 Slice Wheat Bread	Wheat Bread	Wheat Bread	3 Each Corn Tortilla	Wheat Bread
Cookie	1 Each	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	1 Cup Fruit
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 11

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chicken Patty	1 Each	X	X	3 WZ Salisbury Patty	X	X	6 WZ Vegan Vegetable	X	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	X
Cottage Fried Potatoes	1 Cup	X	X	Grilld Potatoes	1 1/2 Cup Pinto Beans	X	X	Grilld Potatoes	No	No	No	No	No	X
BBQ Beans	1 Cup	X	X	Chili Beans	1 1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	X
Hamburger Bun	1 Each	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Dressing Salad	1 Tbsp	X	X	X	X	X	X	X	X	X	X	X	X	X
Cake	1/54 Cut	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 12

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	2 WZ Breakfast Sausa
Egg Scrambled	3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Cottage Fried Potatoes	1 Cup	X	X	Grilld Potatoes	X	X	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice /
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Country Stew	1 Cup	X	X	X	X	X	Pinto Beans	X	X	X	X	X	3 WZ Poultry Pty	1-1/2 Cup Stew Country
Rotini	3/4 Cup	X	X	X	X	X	X	X	1/2 Cup	1/2 Cup	X	1/2 Cup	1 Cup Rice	1/2 Cup Rotini Whole Gra
Seasoned Cabbage	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup Cabbage & Carr
Cornbread	1 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	No	1 Slice Wheat Bread	2 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	2 Slice Wheat Bread
Iced Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 12

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Meat Mac & Cheese	1 Cup	X	X	3 WZ Poultry Pty	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	3 WZ Poultry Pty	X
Macaroni	No	No	No	1 Cup	No	No	1 Slice SL Cheese(IM)	No	No	No	No	No	1 Cup Rice	No
Peas & Carrots	1/2 Cup	X	X	Peas/Carrots	X	X	1 Cup	Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	X
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	No	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Glazed Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 13

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	2 WZ Breakfast Sausage
TSG Breakfast Sausage Raw	2 Each 1 WZ	X	X	X	X	X	2 Tbsp Peanut Butter	X	X	X	X	X	X	2 Slice Wheat Bread
Pancakes	2 Each	X	X	X	X	X	X	X	1 Each	1 Each	1 Each	X	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Syrup	1/4 Cup	X	X	X	X	X	X	1 Each Diet Syrup	X	1/2 Cup Fruit				
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1/2 Cup Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chicken Noodle Casserole	1 Cup	X	X	X	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	X	X	3 WZ Poultry Pty	Cass Turkey Noodle
Rotini	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup Mashed Potatoes	No
Mixed Vegetables	1/2 Cup	X	X	Mixed Veg	X	X	1 Cup	Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	No	1 Slice Wheat Bread	Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Wheat Bread
Iced Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 13

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chili Con Carne	1 Cup	X	X	X	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	X
Rice	1 Cup	X	X	1 1/4 Cup	X	X	X	X	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	X	X
Carrots	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X
Cornbread	1 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	No	No	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Marqarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cake	1/54 Cut	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 14

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 WZ Breakfast Sausa
Grilled Turkey Ham	1 WZ	X	X	X	X	X	No	X	2 WZ Slice	2 Slice Wheat Bread				
Sliced Cheese	1 Slice	X	X	X	X	X	2 Slices	X	X	X	X	X	X	1 Tbsp Apple Jelly
Biscuit	1 Each 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1/2 Cup Peaches
Hash Browns	1 Cup	X	X	X	X	X	X	X	No	No	No	No	No	1/2 Cup Beverage Juice /
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1 Cup Milk
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	Milk Choc Skim
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Meatloaf	3 WZ	X	X	X	X	3 WZ Chopped	1 Cup Pinto Beans	X	X	X	X	X	X	4 WZ Burger Patty T G
Macaroni & Cheese	1 Cup	X	X	X	X	X	X	X	1/2 Cup	3/4 Cup	3/4 Cup	3/4 Cup	1/2 Cup Pinto Beans	2 Slice Wheat Bread
Mixed Vegetables	1/2 Cup	X	X	Mixed Veg	X	X	1 Cup	Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Carrots Cooked
Biscuit	1 Each 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	1/2 Cup Chili Beans
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	Ketchup
Glazed Cake	1/54 Slice	X	X	1 Each Fresh Apple	X	X	X	1 Each Fresh Apple	1 Each Fresh Apple	1 Each Fresh Apple	2 Each Fresh Apple	2 Each Fresh Apple	2 Each Fresh Apple	2 Each Fresh Apple
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 14

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chili Mac	1 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	3 WZ Poultry Pty	X
Pinto Beans	1 Cup	X	X	1 1/4 Cup Plain Pintos	1 1/2 Cup	X	X	X	No	No	1/3 Cup	1/3 Cup	1/3 Cup	X
Corn Seasoned	1/2 Cup	X	X	Corn	X	Carrots	1 Cup	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X
Cornbread	1 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cake	1/54 Cut	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 15

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	3 WZ Scram Eggs
Egg Scrambled	3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice Wheat Bread
Biscuit	1 Each 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Cottage Fried Potatoes	1 Cup	X	X	Grilld Potatoes	X	X	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup Fruit
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice (
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Poultry Fried Rice	1 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	3/4 Cup	X	X	X	X	4 WZ Burger Patty T G
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	3 Each Corn Tortilla	2 Slice Wheat Bread
Potato Salad	No	No	No	No	No	No	No	No	No	No	No	No	No	1/2 Cup
Chili Beans	1 Cup	X	X	X	X	X	X	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	X	Carrots & Green
Carrots & Green Beans	1/2 Cup	X	X	Carrots & Green	X	X	1 Cup	Carrots & Green	1 Cup Carrots & Green	No				
Peaches	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Cookie	1 Each	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Milk
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	Milk Choc Skim
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No

Cycle Day: 15

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Cass- Shephards Pie Filling <sup>2</sup>	1 Cup	X	X	3 WZ Poultry Pty	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	X	X	3 WZ Poultry Pty	X
Mashed Potatoes	1 Cup	X	X	X	1 1/2 Cup Pinto Beans	X	X	X	No	No	3/4 Cup	3/4 Cup	X	X
Green Beans	1/2 Cup	X	X	Green Bean	X	X	1 Cup	Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	X
Biscuit	1 Each 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Iced Cake	1/54 Slice	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 16

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 WZ Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	X	X	X	X	X	2 Tbsp Peanut Butter	X	X	X	X	X	X	2 Slice Wheat Bread
Sliced Cheese	1 Slice	X	X	X	X	X	X	X	X	X	X	X	X	1 Tbsp Apple Jelly
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1/2 Cup Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice /
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chicken Noodle Casserole	1 Cup	X	X	X	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	X	X	3 WZ Poultry Pty	Cass Turkey Noc
Rotini	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup Rice	No
Mixed Vegetables	1/2 Cup	X	X	Mixed Veg	X	X	1 Cup	Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Wheat Bread
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	1 Cup Peaches
Glazed Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Milk
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	Milk Choc Skim
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No

Cycle Day: 16

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Turkey Ham	3 WZ	X	X	Poultry Pty	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	X	X
Au Gratin Potatoes	1 Cup	X	X	Boiled Potatoes	1 1/2 Cup Pinto Beans	X	X	X	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	Mashed Potatoes	X
Fried Cabbage	1/2 Cup	X	X	Cabbage	X	X	1 Cup	Cabbage	1 Cup Cabbage	1 Cup Cabbage	1 Cup Cabbage	1 Cup Cabbage	1 Cup Cabbage	X
Cornbread	1 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	No	No	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cake	1/54 Cut	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 17

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	2 Each Boiled Egg
Breakfast Gravy	1 Cup	X	X	X	X	X	3 WZ Scram Eggs	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ Scram Eggs	2 Slice Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Hash Browns	1 Cup	X	X	X	X	X	X	X	No	No	No	No	No	1/2 Cup Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice (
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chili Mac	1 Cup	X	X	X	X	X	Chili Beans	X	3 WZ Poultry Pty	X				
Macaroni	No	No	No	No	No	No	1/2 Cup	No	1/2 Cup	3/4 Cup	1 Cup	1 Cup	1 Cup Pinto Beans	No
Carrots & Green Beans	1/2 Cup	X	X	Carrots & Green	X	X	1 Cup	Carrots & Green	1 Cup Peas/Carrots					
Cornbread	1 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	2 Slice Wheat Bread
Iced Cake	1/54 Slice	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	1 Cup Fruit
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 17

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chicken Patty	1 Each	X	X	3 WZ Salisbury Patty	X	X	6 WZ Vegan Vegetable	X	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	X
BBQ Beans	1 Cup	X	X	Chili Beans	1 1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	X
Cottage Fried Potatoes	1 Cup	X	X	Grilld Potatoes	X	X	X	Grilld Potatoes	1/2 Cup Broccoli	1/2 Cup Broccoli	1/2 Cup Broccoli	1/2 Cup Broccoli	1/2 Cup Broccoli	X
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	No	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cookie	1 Each	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 18

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	3 WZ Scram Eggs
Egg Scrambled	3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice Wheat Bread
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Cottage Fried Potatoes	1 Cup	X	X	Grilld Potatoes	X	X	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup Fruit
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice /
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Salisbury Patty	3 WZ	X	X	X	X	3 WZ Chopped	6 WZ Vegan Vegetable	X	X	X	X	X	X	Salisbury Patty T
Gravy	1/4 Cup	X	X	X	X	X	No	X	1 FZ	X	X	X	No	1 FZ
Mashed Potatoes	1 Cup	X	X	X	1 1/2 Cup Pinto Beans	X	X	X	1/2 Cup	1/2 Cup	X	1/2 Cup	X	1/2 Cup
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	Wheat Bread	3 Each Corn Tortilla	Wheat Bread
Cake	1/54 Cut	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 18

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Enchilada Casserole	1 Cup	X	X	X	X	X	Pinto Beans	X	3 WZ Poultry Pty	3 WZ Poultry Pty	3/4 Cup	3/4 Cup	3 WZ Poultry Pty	X
Seasoned Rice	1 Cup	X	X	1 1/4 Cup Rice	1 1/2 Cup Pinto Beans	X	X	X	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	X	X
Corn Seasoned	1/2 Cup	X	X	Corn	X	Carrots	1 Cup	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X
Cornbread	1 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	No	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Glazed Cake	1/54 Slice	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 19

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	2 WZ Breakfast Sausa
Breakfast Gravy	1 Cup	X	X	X	X	X	3 WZ Scram Eggs	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ Scram Eggs	2 Slice Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	1/2 Cup Peaches
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1/2 Cup Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Turkey Stir Fry	3/4 Cup	X	X	X	X	X	1 Cup Pinto Beans	X	X	X	X	X	X	Stir Fry
Rice	1 Cup	X	X	1 1/4 Cup	1 1/2 Cup Pinto Beans	X	X	X	1/3 Cup	1/3 Cup	3/4 Cup	1/2 Cup	X	Brown Rice
Carrots	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Wheat Bread
Iced Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 19

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Meatloaf	3 WZ	X	X	X	X	3 WZ Chopped	1 Cup Pinto Beans	X	X	X	X	X	X	X
Gravy	1/4 Cup	X	X	X	X	X	No	X	1 FZ	X	X	X	No	X
Mashed Potatoes	1 Cup	X	X	X	1 1/2 Cup Pinto Beans	X	X	X	No	No	1/2 Cup	1/2 Cup	X	X
Green Beans	1/2 Cup	X	X	Green Bean	X	X	1 Cup	Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	X
Biscuit	1 Each 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cake	1/54 Cut	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 20

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	3 WZ Scram Eggs
Grilled Turkey Ham	1 WZ	X	X	X	X	X	No	X	2 WZ Slice	2 Slice Wheat Bread				
Sliced Cheese	1 Slice	X	X	X	X	X	2 Slices	X	X	X	X	X	X	1 Tbsp Apple Jelly
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1/2 Cup Peaches
Hash Browns	1 Cup	X	X	X	X	X	X	X	No	No	No	No	No	1/2 Cup Beverage Juice /
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1 Cup Milk
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	Milk Choc Skim
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Sloppy Joe	3/4 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	X	X
Hamburger Bun	1 Each	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	2 Slice Wheat Bread
Pinto Beans	1 Cup	X	X	1 1/4 Cup Plain Pintos	1 1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	X	3/4 Cup	3/4 Cup	X
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	Salad Macaroni				
Iced Cake	1/54 Slice	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	1 Cup Broccoli
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Fruit
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 20

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Country Stew	1 Cup	X	X	X	X	X	Pinto Beans	X	X	X	X	X	3 WZ Poultry Pty	X
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	No	No
Mixed Vegetables	1/2 Cup	X	X	Mixed Veg	X	X	1 Cup	Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	X
Cornbread	1 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Glazed Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 21

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	2 WZ Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	X	X	X	X	X	2 Tbsp Peanut Butter	X	X	X	X	X	X	2 Slice Wheat Bread
Pancakes	2 Each	X	X	X	X	X	X	X	1 Each	1 Each	1 Each	X	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Syrup	1/4 Cup	X	X	X	X	X	X	1 Each Diet Syrup	X	1/2 Cup Fruit				
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1/2 Cup Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chili Con Carne	1 Cup	X	X	X	X	X	Pinto Beans	X	3/4 Cup	Chili				
Rice	1 Cup	X	X	1 1/4 Cup	X	X	X	X	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	X	1/2 Cup Brown Rice
Seasoned Cabbage	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup Cabbage & Carr				
Cornbread	1 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	2 Slice Wheat Bread
Cookie	1 Each	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 21

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Spaghetti	1 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3 WZ Poultry Pty	X
Rice	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup	No
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	X
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	No	No	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Marqarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	No	No	X	1 FZ	X	X
Iced Cake	1/54 Slice	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 22

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	3 WZ Scram Eggs
Breakfast Gravy	1 Cup	X	X	X	X	X	3 WZ Scram Eggs	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ Scram Eggs	2 Slice Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Hash Browns	1 Cup	X	X	X	X	X	X	X	No	No	No	No	No	1/2 Cup Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice (
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chili Mac	1 Cup	X	X	X	X	X	X	X	X	X	X	X	3 WZ Poultry Pty	1 1/2 Cup
Pinto Beans	1 Cup	X	X	1 1/4 Cup Plain Pintos	1 1/2 Cup	X	X	X	1/2 Cup					
Carrots	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked
Cornbread	1 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	2 Slice Wheat Bread
Glazed Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 22

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Turkey Tetrazini	1 Cup	X	X	X	X	X	Pinto Beans	X	X	X	X	X	3 WZ Poultry Pty	X
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup Mashed Potatoes	No
Mixed Vegetables	1/2 Cup	X	X	Mixed Veg	X	X	1 Cup	Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	X
Biscuit	1 Each 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cookie	1 Each	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 23

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 WZ Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	X	X	X	X	X	2 Tbsp Peanut Butter	X	X	X	X	X	X	2 Slice Wheat Bread
Sliced Cheese	1 Slice	X	X	X	X	X	X	X	X	X	X	X	X	1 Tbsp Apple Jelly
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1/2 Cup Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice (
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Poultry & Rice	1 Cup	X	X	X	X	X	Pinto Beans	X	X	X	X	X	3 WZ Poultry Pty	Rice Fried Turke
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup	No
Mixed Vegetables	1/2 Cup	X	X	Mixed Veg	X	X	1 Cup	Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Wheat Bread
Iced Cake	1/54 Slice	X	X	1 Each Fresh Apple	X	X	X	1 Each Fresh Apple	1 Each Fresh Apple	1 Each Fresh Apple	2 Each Fresh Apple	2 Each Fresh Apple	2 Each Fresh Apple	2 Each Fresh Apple
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 23

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Red Chili Stew	1 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	X	X
Pinto Beans	1 Cup	X	X	1 1/4 Cup Plain Pintos	1 1/2 Cup	X	X	X	No	No	No	No	No	X
Corn Seasoned	1/2 Cup	X	X	Corn	X	Carrots	1 Cup	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X
Cornbread	1 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	No	No	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	No	No	X	1 FZ	X	X
Cake	1/54 Cut	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 24

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 Each Boiled Egg
Egg Scrambled	3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice Wheat Bread
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Cottage Fried Potatoes	1 Cup	X	X	Grilld Potatoes	X	X	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup Fruit
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice /
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	No
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Meatloaf	3 WZ	X	X	X	X	3 WZ Chopped	1 Cup Pinto Beans	X	X	X	X	X	X	4 WZ Burger Patty T G
Gravy	1/4 Cup	X	X	X	X	X	No	X	1 FZ	X	X	X	No	2 Slice Wheat Bread
Mashed Potatoes	1 Cup	X	X	X	1 1/2 Cup Pinto Beans	X	X	X	No	No	3/4 Cup	1/2 Cup	X	Cabbage & Carr
Peas & Carrots	1/2 Cup	X	X	Peas/Carrots	X	X	1 Cup	Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	1 Cup Peas/Carrots	Potato Salad
Biscuit	1 Each 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Ketchup
Marqarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	1 Cup Peaches
Cookie	1 Each	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Milk
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	Milk Choc Skim
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No

Cycle Day: 24

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Spaghetti	1 Cup	X	X	X	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3 WZ Poultry Pty	X
Spaghetti	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	No	No
Green Beans	1/2 Cup	X	X	Green Bean	X	X	1 Cup	Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	X
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	No	No	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	No	No	X	1 FZ	X	X
Iced Cake	1/54 Slice	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 25

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	3 WZ Scram Eggs
Breakfast Gravy	1 Cup	X	X	X	X	X	3 WZ Scram Eggs	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	3 WZ Scram Eggs	2 Slice Wheat Bread
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	1/2 Cup Peaches
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1/2 Cup Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Stroganoff Casserole	1 Cup	X	X	X	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	X	X	3 WZ Poultry Pty	1 1/2 Cup Stroganoff
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	1 Cup Mashed Potatoes	No
Green Beans	1/2 Cup	X	X	Green Bean	X	X	1 Cup	Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean	1 Cup Green Bean
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	Wheat Bread
Iced Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 25

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Country Stew	1 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	3 WZ Poultry Pty	X
Rotini	3/4 Cup	X	X	X	X	X	X	X	No	No	1/2 Cup	1/2 Cup	1 Cup Rice	X
Mixed Vegetables	1/2 Cup	X	X	Mixed Veg	X	X	1 Cup	Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	1 Cup Mixed Veg	X
Cornbread	1 1/4 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Glazed Cake	1/4 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 26

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	2 WZ Breakfast Sausa
Egg Scrambled	3 WZ	X	X	X	X	X	X	X	X	X	X	X	X	2 Slice Wheat Bread
Biscuit	1 Each 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Cottage Fried Potatoes	1 Cup	X	X	Grilld Potatoes	X	X	X	Grilld Potatoes	No	No	No	No	No	1/2 Cup Peaches
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1/2 Cup Beverage Juice /
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1 Cup Milk
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Salisbury Patty	3 WZ	X	X	X	X	3 WZ Chopped	6 WZ Vegan Vegetable	X	X	X	X	X	X	Salisbury Patty T
Macaroni & Cheese	1 Cup	X	X	X	X	X	X	X	1/2 Cup	3/4 Cup	X	X	1/2 Cup Pinto Beans	1/2 Cup Macaroni & Chee
Carrots	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup Carrots Cooked	2 Slice Wheat Bread				
Cornbread	1 1/54 Cut	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	1 Cup Carrots Cooked
Glazed Cake	1/54 Slice	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	1 Cup Fruit
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 26

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Chili Con Carne	1 Cup	X	X	X	X	X	Pinto Beans	X	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	3/4 Cup	X
Rice	1 Cup	X	X	1 1/4 Cup	X	X	X	X	1/2 Cup	1/2 Cup	1/2 Cup	1/2 Cup	X	X
Corn Seasoned	1/2 Cup	X	X	Corn	X	Carrots	1 Cup	X	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	No	No	No	No	No	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Iced Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 27

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Grits with Margarine	1 Cup	X	X	X	X	X	X	Grits	1/2 Cup Grits	X	Grits	X	Grits	2 WZ Breakfast Sausa
TSG Breakfast Sausage Raw	2 Each 1 WZ	X	X	X	X	X	2 Tbsp Peanut Butter	X	X	X	X	X	X	2 Slice Wheat Bread
Pancakes	2 Each	X	X	X	X	X	X	X	X	1 Each	1 Each	X	3 Each Corn Tortilla	1 Tbsp Apple Jelly
Syrup	1/4 Cup	X	X	X	X	X	X	1 Each Diet Syrup	X	1/2 Cup Fruit				
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	1/2 Cup Beverage Juice (
Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Cup
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

**Lunch**

	Regular	Pregnancy	Nutriti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Poultry Fried Rice	1 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	3/4 Cup	X	X	X	X	4 WZ Burger Patty T G
Rice	No	No	No	No	No	No	1/2 Cup	No	No	No	No	No	No	2 Slice Wheat Bread
Chili Beans	1 Cup	X	X	X	1 1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	3/4 Cup	3/4 Cup	X	1/2 Cup Pinto Beans
Coleslaw	1/2 Cup	X	X	X	X	X	X	X	X	1 Cup	1 Cup	1 Cup	X	No
Coleslaw	No	No	No	No	No	No	No	No	No	No	No	No	No	1/2 Cup
Cake	1/54 Cut	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 27

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Turkey Ham	3 WZ	X	X	Poultry Pty	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	X	X
Ranch Beans	1 Cup	X	X	Chili Beans	1 1/2 Cup	X	X	X	1/2 Cup	1/2 Cup	X	X	X	X
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	X
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Marqarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Glazed Cake	1/54 Slice	X	X	1/2 Cup Fruit	X	X	X	1/2 Cup Fruit	1/2 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	3/4 Cup Fruit	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Cycle Day: 28

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

**Breakfast**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Applesauce	No	No	No	No	No	No	No	No	1/2 Cup	1/2 Cup	3/4 Cup	1/2 Cup	1/2 Cup	No
Oatmeal w/ Sugar & Cinn	1 Cup	X	X	X	X	X	X	Oatmeal	1/2 Cup Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	2 WZ Breakfast Sausa
Grilled Turkey Ham	1 WZ	X	X	X	X	X	No	X	2 WZ Slice	2 Slice Wheat Bread				
Sliced Cheese	1 Slice	X	X	X	X	X	2 Slices	X	X	X	X	X	X	1 Tbsp Apple Jelly
Biscuit	2 Each 1/54 Cut	X	X	2 Slice Wheat Bread	3 Slice Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	1/2 Cup Peaches
Hash Browns	1 Cup	X	X	X	X	X	X	X	No	No	No	No	No	1/2 Cup Beverage Juice /
Apple Jelly	1 Tbsp	X	X	X	X	X	X	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	1 Each Diet Jelly	X	1 Cup Milk
Beverage	1 Each	X	X	X	X	X	No	X	No	No	No	No	No	Milk Choc Skim
Milk	No	1 Cup	1 Cup	1 Cup	No	No	1 Cup	No	1 Cup	No				
Snack [PBJ-MK-A138]	No	1 Snack	No	No	No	No	No	No	No	No	No	No	No	No

**Lunch**

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Sloppy Joe	3/4 Cup	X	X	X	X	X	6 WZ Vegan Vegetable	X	X	X	X	X	X	X
Hamburger Bun	1 Each	X	X	2 Slice Wheat Bread	2 Slice Wheat Bread	X	X	X	No	1 Slice Wheat Bread	2 Slice Wheat Bread	2 Slice Wheat Bread	3 Each Corn Tortilla	2 Slice Wheat Bread
Oven Brownd Potatoes	1/2 Cup	X	X	X	X	X	X	X	X	X	3/4 Cup	X	1 Cup	X
Broccoli	1/2 Cup	X	X	X	X	X	1 Cup	X	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup	1 Cup
Iced Cake	1/54 Slice	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	1 Cup Peaches
Beverage	1 Each	X	X	X	X	X	X	X	X	X	X	X	X	1 Cup Milk
Milk	No	1 Cup	1 Cup	No	No	No	No	No	No	No	No	No	No	No
<sup>ALT</sup> Chocolate Milk	No	No	No	No	No	No	No	No	No	No	No	No	No	1 Each

Cycle Day: 28

X = SERVE THE SAME FOODS AND PORTIONS AS INDICATED IN THE FIRST TWO COLUMNS ON LEFT

Dinner

	Regular	Pregnancy	Nutruti Supp	LFLC/NAS	HiFiber	Dental Soft	VegLacto/Ovo	NCS	DB1800	DB2200	DB2200 No HS	DB2500	GlutRstrict	Juvenile
Cheeseburger Casserole	1 Cup	X	X	3 WZ Poultry Pty	X	X	6 WZ Vegan Vegetable	X	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	3 WZ Poultry Pty	X
Pinto Beans	1 Cup	X	X	1 1/4 Cup Plain Pintos	1 1/2 Cup	X	X	X	No	1/3 Cup	3/4 Cup	3/4 Cup	3/4 Cup	X
Carrots	1/2 Cup	X	X	Carrots Cooked	X	X	1 Cup	Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	1 Cup Carrots Cooked	X
Bread	2 Slice	X	X	Wheat Bread	Wheat Bread	X	X	X	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	1 Slice Wheat Bread	3 Each Corn Tortilla	X
Margarine	1 Tbsp	X	X	X	X	X	X	1 Tsp	1 Tsp	1 FZ	X	1 FZ	X	X
Cookie	1 Each	X	X	1/2 Cup Peaches	X	X	X	1/2 Cup Peaches	1/2 Cup Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	3/4 Cups Peaches	X
Beverage	1 Each	X	X	X	X	X	X	X	No	No	No	No	No	X
Milk	No	1 Cup	No	No	No	No	No	No	1 Cup	1 Cup	1 Cup	1 Cup	1 Each Beverage SF PC	No
Snack [PBJ-MK-A138]	No	1 Snack	1 Snack Snack 196	No	No	No	No	No	1 Snack Snack [WB-TH-A]	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [WB-TH-A]	No	1 Snack Snack [PBJ-WW]

Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
Breakfast													
Scrambled Eggs	3 WZ	Breakfast Sausage	2 WZ	Boiled Egg	2 Each	Scrambled Eggs	3 WZ	Breakfast Sausage	2 WZ	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each
Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Scrambled Eggs	3 WZ
Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Wheat Bread	2 Slice
Applesauce	1/2 Cup	Peaches	1/2 Cup	Peaches	1/2 Cup	Applesauce	1/2 Cup	Peaches	1/2 Cup	Peaches	1/2 Cup	Jelly	1 Tbsp
Orange Juice	1/2 Cup	Apple Juice	1/2 Cup	Orange Juice	1/2 Cup	Apple Juice	1/2 Cup	Orange Juice	1/2 Cup	Orange Juice	1/2 Cup	Peaches	1/2 Cup
Milk	1 Cup	Milk	1 Cup	Milk	1 Cup	Milk	1 Cup	Milk	1 Cup	Milk	1 Cup	Apple Juice	1/2 Cup
Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Milk	1 Cup
<b>Lunch</b>													
Sloppy Joe	3/4 Cup	Stew Red Chili	1 Cup	Meatloaf	3 WZ	T Ham & Pinto Beans	1 Cup	Burger Patty	4 WZ	Stew Country	1 Cup	Burger Patty	4 WZ
Wheat Bread	2 Slice	Brown Rice	1/2 Cup	Mashed Potatoes	3/4 Cup	Coleslaw	1 Cup	Wheat Bread	2 Slice	Brown Rice	1/2 Cup	Wheat Bread	2 Slice
Potato Salad	1/2 Cup	Mixed Vegetables	1 Cup	Gravy	1 FZ	Wheat Bread	2 Slice	Carrots	1 Cup	Green Beans	1 Cup	Pinto Beans	1/2 Cup
Carrots	1 Cup	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Peaches	1 Cup	Salad Pasta WG	1/2 Cup	Wheat Bread	2 Slice	Broccoli	1 Cup
Fruit	2 Each	Applesauce	1 Cup	Cabbage & Carrots	1 Cup	Milk	1 Cup	Ketchup	1 Tbsp	Peaches	1 Cup	Peaches	1 Cup
Milk	1 Cup	Milk	1 Cup	Peaches	1 Cup	Alt. Milk Chocolate Skim	1 Each	Fruit	2 Each	Milk	1 Cup	Milk	1 Cup
Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each	Milk	1 Cup	Alt. Milk Chocolate Skim	1 Each	Milk	1 Cup	Alt. Milk Chocolate Skim	1 Each	Alt. Milk Chocolate Skim	1 Each
<b>Dinner</b>													
Spaghetti	1 Cup	Meat Mac & Cheese	1 Cup	Turkey à la King	1 Cup	Chicken Patty	1 Each	Picadillo Casserole	1 Cup	Shephards Pie	1 Cup	Enchilada Casserole	1 Cup
Broccoli	1/2 Cup	Seasoned Corn	1/2 Cup	Rice Pilaf	1 Cup	Country Gravy	1/4 Cup	Pinto Beans	1 Cup	Mashed Potatoes	1 Cup	Seasoned Rice	1 Cup
Bread	2 Slice	Cornbread	1 1/54 Cut	Peas	1/2 Cup	Cottage Fried Potatoes	1 Cup	Cornbread	1 1/54 Cut	Peas & Carrots	1/2 Cup	Chili Beans	1 Cup
Margarine	1 Tbsp	Margarine	1 Tbsp	Biscuit	1 Each 1/54 Cut	Glazed Carrots	1/2 Cup	Margarine	1 Tbsp	Bread	2 Slice	Cornbread	1 1/54 Cut
Iced Cake	1/54 Slice	Glazed Cake	1/54 Slice	Margarine	1 Tbsp	Bread	2 Slice	Iced Cake	1/54 Slice	Margarine	1 Tbsp	Margarine	1 Tbsp
Beverage	1 Each	Beverage	1 Each	Cookie	1 Each	Margarine	1 Tbsp	Beverage	1 Each	Cake	1/54 Cut	Cookie	1 Each
Snack [PBJ-WW-AJ/4]	1 Snack	Snack [PBJ-WW-AJ/4]	1 Snack	Beverage	1 Each	Glazed Cake	1/54 Slice	Snack [PBJ-WW-AJ/4]	1 Snack	Beverage	1 Each	Beverage	1 Each
				Snack [PBJ-WW-AJ/4]	1 Snack	Beverage	1 Each			Snack [PBJ-WW-AJ/4]	1 Snack	Snack [PBJ-WW-AJ/4]	1 Snack
				Snack [PBJ-WW-AJ/4]	1 Snack	Snack [PBJ-WW-AJ/4]	1 Snack						

Dietary Consultant Margaret J. Kuch RD, LDN

Approval Date 1/7/2021

Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
<b>Breakfast</b>													
<i>Alt. Milk Chocolate Skim</i>	1 Each	<i>Alt. Milk Chocolate Skim</i>	1 Each	<i>Alt. Milk Chocolate Skim</i>	1 Each	<i>Alt. Milk Chocolate Skim</i>	1 Each	Breakfast Sausage	2 WZ	<i>Alt. Milk Chocolate Skim</i>	1 Each	Breakfast Sausage	2 WZ
Scrambled Eggs	3 WZ	Breakfast Sausage	2 WZ	Boiled Egg	2 Each	Scrambled Eggs	3 WZ	Wheat Bread	2 Slice	Breakfast Sausage	2 WZ	Wheat Bread	2 Slice
Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Jelly	1 Tbsp	Wheat Bread	2 Slice	Jelly	1 Tbsp
Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Peaches	1/2 Cup	Jelly	1 Tbsp	Peaches	1/2 Cup
Peaches	1/2 Cup	Peaches	1/2 Cup	Applesauce	1/2 Cup	Peaches	1/2 Cup	Apple Juice	1/2 Cup	Applesauce	1/2 Cup	Apple Juice	1/2 Cup
Orange Juice	1/2 Cup	Orange Juice	1/2 Cup	Apple Juice	1/2 Cup	Orange Juice	1/2 Cup	Milk	1 Cup	Orange Juice	1/2 Cup	Milk	1 Cup
Milk	1 Cup	Milk	1 Cup	Milk	1 Cup	Milk	1 Cup	<i>Alt. Milk Chocolate Skim</i>	1 Each	Milk	1 Cup	<i>Alt. Milk Chocolate Skim</i>	1 Each
<b>Lunch</b>													
Spaghetti	1 1/2 Cup	Burger Patty	4 WZ	Salisbury Patty	3 WZ	Turkey & Rice	1 Cup	Stew Country	1-1/2 Cup	Turkey Noodle	1 Cup	Burger Patty	4 WZ
Carrots	1 Cup	Pinto Beans	1 Cup	Mashed Potatoes	1/2 Cup	Mixed Vegetables	1 Cup	Rotini Whole Grain	1/2 Cup	Mixed Vegetables	1 Cup	Wheat Bread	2 Slice
Wheat Bread	2 Slice	Wheat Bread	2 Slice	Gravy	1 FZ	Wheat Bread	2 Slice	Cabbage & Carrots	1 Cup	Wheat Bread	2 Slice	Carrots	1 Cup
Applesauce	1 Cup	Coleslaw	1/2 Cup	Wheat Bread	2 Slice	Applesauce	1 Cup	Wheat Bread	2 Slice	Peaches	1 Cup	Chili Beans	1/2 Cup
Milk	1 Cup	Peaches	1 Cup	Broccoli	1 Cup	Milk	1 Cup	Peaches	1 Cup	Milk	1 Cup	Ketchup	1 Tbsp
<i>Alt. Milk Chocolate Skim</i>	1 Each	Milk	1 Cup	Peaches	1 Cup	<i>Alt. Milk Chocolate Skim</i>	1 Each	Milk	1 Cup	<i>Alt. Milk Chocolate Skim</i>	1 Each	Fruit	2 Each
		<i>Alt. Milk Chocolate Skim</i>	1 Each	Milk	1 Cup			<i>Alt. Milk Chocolate Skim</i>	1 Each			Milk	1 Cup
				<i>Alt. Milk Chocolate Skim</i>	1 Each							<i>Alt. Milk Chocolate Skim</i>	1 Each
<b>Dinner</b>													
Red Chili Stew	1 Cup	Turkey Ham	3 WZ	Goulash Casserole	1 Cup	Chicken Patty	1 Each	Meat Mac & Cheese	1 Cup	Chili Con Carne	1 Cup	Chili Mac	1 Cup
Pinto Beans	1 Cup	BBQ Beans	1 Cup	Pinto Beans	1 Cup	Cottage Fried Potatoes	1 Cup	Peas & Carrots	1/2 Cup	Rice	1 Cup	Pinto Beans	1 Cup
Broccoli	1/2 Cup	Carrots	1/2 Cup	Carrots	1/2 Cup	BBQ Beans	1 Cup	Bread	2 Slice	Carrots	1/2 Cup	Seasoned Corn	1/2 Cup
Cornbread	1 1/54 Cut	Cornbread	1 1/54 Cut	Cornbread	1 1/54 Cut	Hamburger Bun	1 Each	Margarine	1 Tbsp	Cornbread	1 1/54 Cut	Cornbread	1 1/54 Cut
Margarine	1 Tbsp	Margarine	1 Tbsp	Margarine	1 Tbsp	Dressing Salad	1 Tbsp	Glazed Cake	1/54 Slice	Margarine	1 Tbsp	Margarine	1 Tbsp
Glazed Cake	1/54 Slice	Cake	1/54 Cut	Glazed Cake	1/54 Slice	Cake	1/54 Cut	Beverage	1 Each	Cake	1/54 Cut	Cake	1/54 Cut
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Snack [PBJ-WW-AJ/4]	1 Snack	Beverage	1 Each	Beverage	1 Each
Snack [PBJ-WW-AJ/4]	1 Snack	Snack [PBJ-WW-AJ/4]	1 Snack	Snack [PBJ-WW-AJ/4]	1 Snack	Snack [PBJ-WW-AJ/4]	1 Snack			Snack [PBJ-WW-AJ/4]	1 Snack	Snack [PBJ-WW-AJ/4]	1 Snack

Dietary Consultant Margaret J. Kisch RD, LDN

Approval Date 1/7/2021

Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
<b>Breakfast</b>						
Scrambled Eggs 3 WZ Wheat Bread 2 Slice Jelly 1 Tbsp Applesauce 1/2 Cup Orange Juice 1/2 Cup Milk 1 Cup Alt. Milk Chocolate Skim 1 Each	Alt. Milk Chocolate Skim 1 Each Breakfast Sausage 2 WZ Wheat Bread 2 Slice Jelly 1 Tbsp Peaches 1/2 Cup Apple Juice 1/2 Cup Milk 1 Cup	Alt. Milk Chocolate Skim 1 Each Boiled Egg 2 Each Wheat Bread 2 Slice Jelly 1 Tbsp Peaches 1/2 Cup Orange Juice 1/2 Cup Milk 1 Cup	Alt. Milk Chocolate Skim 1 Each Scrambled Eggs 3 WZ Wheat Bread 2 Slice Jelly 1 Tbsp Applesauce 1/2 Cup Apple Juice 1/2 Cup Milk 1 Cup	Alt. Milk Chocolate Skim 1 Each Breakfast Sausage 2 WZ Wheat Bread 2 Slice Jelly 1 Tbsp Peaches 1/2 Cup Orange Juice 1/2 Cup Milk 1 Cup	Alt. Milk Chocolate Skim 1 Each Scrambled Eggs 3 WZ Wheat Bread 2 Slice Jelly 1 Tbsp Peaches 1/2 Cup Apple Juice 1/2 Cup Milk 1 Cup	Alt. Milk Chocolate Skim 1 Each Breakfast Sausage 2 WZ Wheat Bread 2 Slice Jelly 1 Tbsp Applesauce 1/2 Cup Orange Juice 1/2 Cup Milk 1 Cup
<b>Lunch</b>						
Alt. Milk Chocolate Skim 1 Each Burger Patty 4 WZ Wheat Bread 2 Slice Potato Salad 1/2 Cup Carrots & Green Beans 1 Cup Peaches 1 Cup Milk 1 Cup	Alt. Milk Chocolate Skim 1 Each Turkey Noodle 1 Cup Mixed Vegetables 1 Cup Wheat Bread 2 Slice Peaches 1 Cup Milk 1 Cup	Alt. Milk Chocolate Skim 1 Each Chili Mac 1 Cup Peas & Carrots 1 Cup Wheat Bread 2 Slice Applesauce 1 Cup Milk 1 Cup	Alt. Milk Chocolate Skim 1 Each Salisbury Patty 3 WZ Gravy 1 FZ Mashed Potatoes 1/2 Cup Broccoli 1 Cup Wheat Bread 2 Slice Peaches 1 Cup Milk 1 Cup	Stir Fry 3/4 Cup Brown Rice 1 Cup Carrots 1 Cup Wheat Bread 2 Slice Peaches 1 Cup Milk 1 Cup Alt. Milk Chocolate Skim 1 Each	Alt. Milk Chocolate Skim 1 Each Sloppy Joe 3/4 Cup Wheat Bread 2 Slice Pinto Beans 1 Cup Macaroni Salad 1/2 Cup Broccoli 1 Cup Applesauce 1 Cup Milk 1 Cup	Chili 1 Cup Brown Rice 1/2 Cup Cabbage & Carrots 1 Cup Wheat Bread 2 Slice Peaches 1 Cup Milk 1 Cup Alt. Milk Chocolate Skim 1 Each
<b>Dinner</b>						
Shepherds Pie 1 Cup Mashed Potatoes 1 Cup Green Beans 1/2 Cup Biscuit 1 Each 1/54 Cut Margarine 1 Tbsp Iced Cake 1/54 Slice Beverage 1 Each Snack [PBJ-WW-AJ/4] 1 Snack	Turkey Ham 3 WZ Au Gratin Potatoes 1 Cup Fried Cabbage 1/2 Cup Cornbread 1 1/54 Cut Margarine 1 Tbsp Cake 1/54 Cut Beverage 1 Each Snack [PBJ-WW-AJ/4] 1 Snack	Chicken Patty 1 Each BBQ Beans 1 Cup Cottage Fried Potatoes 1 Cup Bread 2 Slice Margarine 1 Tbsp Cookie 1 Each Beverage 1 Each Snack [PBJ-WW-AJ/4] 1 Snack	Enchilada Casserole 1 Cup Seasoned Rice 1 Cup Seasoned Corn 1/2 Cup Cornbread 1 1/54 Cut Margarine 1 Tbsp Glazed Cake 1/54 Slice Beverage 1 Each Snack [PBJ-WW-AJ/4] 1 Snack	Meatloaf 3 WZ Gravy 1/4 Cup Mashed Potatoes 1 Cup Green Beans 1/2 Cup Biscuit 1 Each 1/54 Cut Margarine 1 Tbsp Cake 1/54 Cut Beverage 1 Each Snack [PBJ-WW-AJ/4] 1 Snack	Country Stew 1 Cup Mixed Vegetables 1/2 Cup Cornbread 1 1/54 Cut Margarine 1 Tbsp Glazed Cake 1/54 Slice Beverage 1 Each Snack [PBJ-WW-AJ/4] 1 Snack	Spaghetti 1 Cup Broccoli 1/2 Cup Bread 2 Slice Margarine 1 Tbsp Iced Cake 1/54 Slice Beverage 1 Each Snack [PBJ-WW-AJ/4] 1 Snack

Dietary Consultant Margaret J. Kuch RD, LDN

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Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
Breakfast													
<i>Alt. Milk Chocolate Skim</i>	1 Each	<i>Alt. Milk Chocolate Skim</i>	1 Each	<i>Alt. Milk Chocolate Skim</i>	1 Each	<i>Alt. Milk Chocolate Skim</i>	1 Each	Breakfast Sausage	2 WZ	Breakfast Sausage	2 WZ	Breakfast Sausage	2 WZ
Scrambled Eggs	3 WZ	Breakfast Sausage	2 WZ	Boiled Egg	2 Each	Scrambled Eggs	3 WZ	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice
Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp
Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Peaches	1/2 Cup	Applesauce	1/2 Cup	Peaches	1/2 Cup
Peaches	1/2 Cup	Peaches	1/2 Cup	Applesauce	1/2 Cup	Peaches	1/2 Cup	Apple Juice	1/2 Cup	Orange Juice	1/2 Cup	Apple Juice	1/2 Cup
Orange Juice	1/2 Cup	Orange Juice	1/2 Cup	Apple Juice	1/2 Cup	Orange Juice	1/2 Cup	Milk	1 Cup	Milk	1 Cup	Milk	1 Cup
Milk	1 Cup	Milk	1 Cup	Milk	1 Cup	Milk	1 Cup	<i>Alt. Milk Chocolate Skim</i>	1 Each	<i>Alt. Milk Chocolate Skim</i>	1 Each	<i>Alt. Milk Chocolate Skim</i>	1 Each
Lunch													
Chili Mac	1 1/2 Cup	Turkey Fried Rice	1 Cup	Burger Patty	4 WZ	Stroganoff	1 1/2 Cup	Salisbury Patty	3 WZ	Burger Patty	4 WZ	Sloppy Joe	3/4 Cup
Pinto Beans	1/2 Cup	Mixed Vegetables	1 Cup	Wheat Bread	2 Slice	Green Beans	1 Cup	Macaroni & Cheese	1/2 Cup	Wheat Bread	2 Slice	Wheat Bread	2 Slice
Carrots	1 Cup	Wheat Bread	2 Slice	Cabbage & Carrots	1 Cup	Wheat Bread	2 Slice	Wheat Bread	2 Slice	Pinto Beans	1/2 Cup	Oven Browned Potatoes	1/2 Cup
Wheat Bread	2 Slice	Fruit	2 Each	Potato Salad	1/2 Cup	Peaches	1 Cup	Carrots	1 Cup	Coleslaw	1/2 Cup	Broccoli	1 Cup
Peaches	1 Cup	Milk	1 Cup	Ketchup	1 Tbsp	Milk	1 Cup	Applesauce	1 Cup	Peaches	1 Cup	Peaches	1 Cup
Milk	1 Cup	<i>Alt. Milk Chocolate Skim</i>	1 Each	Peaches	1 Cup	<i>Alt. Milk Chocolate Skim</i>	1 Each	Milk	1 Cup	Milk	1 Cup	Milk	1 Cup
<i>Alt. Milk Chocolate Skim</i>	1 Each			Milk	1 Cup			<i>Alt. Milk Chocolate Skim</i>	1 Each	<i>Alt. Milk Chocolate Skim</i>	1 Each	<i>Alt. Milk Chocolate Skim</i>	1 Each
				<i>Alt. Milk Chocolate Skim</i>	1 Each							<i>Alt. Milk Chocolate Skim</i>	1 Each
Dinner													
Turkey Tetrazini	1 Cup	Red Chili Stew	1 Cup	Spaghetti	1 Cup	Country Stew	1 Cup	Chili Con Carne	1 Cup	Turkey Ham	3 WZ	Cheeseburger Casserole	1 Cup
Mixed Vegetables	1/2 Cup	Pinto Beans	1 Cup	Green Beans	1/2 Cup	Rotini	3/4 Cup	Rice	1 Cup	Ranch Beans	1 Cup	Pinto Beans	1 Cup
Biscuit	1 Each 1/54 Cut	Seasoned Corn	1/2 Cup	Bread	2 Slice	Mixed Vegetables	1/2 Cup	Seasoned Corn	1/2 Cup	Broccoli	1/2 Cup	Carrots	1/2 Cup
Margarine	1 Tbsp	Cornbread	1 1/54 Cut	Margarine	1 Tbsp	Cornbread	1 1/54 Cut	Bread	2 Slice	Bread	2 Slice	Bread	2 Slice
Cookie	1 Each	Margarine	1 Tbsp	Iced Cake	1/54 Slice	Margarine	1 Tbsp						
Beverage	1 Each	Cake	1/54 Cut	Beverage	1 Each	Glazed Cake	1/54 Slice	Iced Cake	1/54 Slice	Glazed Cake	1/54 Slice	Glazed Cake	1/54 Slice
Snack [PBJ-WW-AJ/4]	1 Snack	Beverage	1 Each	Snack [PBJ-WW-AJ/4]	1 Snack	Beverage	1 Each						
		Snack [PBJ-WW-AJ/4]	1 Snack			Snack [PBJ-WW-AJ/4]	1 Snack						

Dietary Consultant Margaret J. Kisch RD, LDN

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Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
<b>Breakfast</b>													
Kosher Cheese Omelet Meal - KG	1 Ea	Kosher Spanish Omlet W Potatoes Pancakes	1 Each	Kosher Pancakes, Oatmeal & Hashbrowns	1 Each	Kosher Cheese Omelet Meal - KG	1 Ea	Kosher Spanish Omlet W Potatoes Pancakes	1 Each	Kosher Pancakes, Oatmeal & Hashbrowns	1 Each	Kosher Cheese Omelet Meal - KG	1 Ea
Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each
<b>Lunch</b>													
Jambalaya Dinner	1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal - KG	18 Ounce	Jambalaya Dinner	1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce
Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each
<b>Dinner</b>													
Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal - KG	18 Ounce	Jambalaya Dinner	1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal - KG	18 Ounce	Jambalaya Dinner	1 Each
Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each

Dietary Consultant Margaret J. Kisch RD, LDN

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Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
Kosher Spanish Omlet W Potatoes Pancakes	1 Each	Kosher Pancakes, Oatmeal & Hashbrowns	1 Each	Kosher Cheese Omelet Meal - KG	1 Ea	Kosher Spanish Omlet W Potatoes Pancakes	1 Each	Kosher Pancakes, Oatmeal & Hashbrowns	1 Each	Kosher Cheese Omelet Meal - KG	1 Ea	Kosher Spanish Omlet W Potatoes Pancakes	1 Each
Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each
<b>Lunch</b>													
Kosher Spaghetti & Dinnerball Meal - KG	18 Ounce	Jambalaya Dinner Cookie	1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg Cookie	1 Each 1 Each	Kosher Chicken Hot Dog w/Mash Pot Cookie	16 Ounce 1 Each	Kosher Spaghetti & Dinnerball Meal - KG	18 Ounce	Jambalaya Dinner Cookie	1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg Cookie	1 Each 1 Each
Cookie	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Cookie	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each
Dairy Drink PC	1 Each							Dairy Drink PC	1 Each			Dairy Drink PC	1 Each
<b>Dinner</b>													
Kosher Chicken Cutlet w/Rice & Mix Veg Cookie	1 Each 1 Each	Kosher Chicken Hot Dog w/Mash Pot Cookie	16 Ounce 1 Each	Kosher Spaghetti & Dinnerball Meal - KG Cookie	18 Ounce 1 Each	Jambalaya Dinner Cookie Dairy Drink PC	1 Each 1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg Cookie	1 Each 1 Each	Kosher Chicken Hot Dog w/Mash Pot Cookie	16 Ounce 1 Each	Kosher Spaghetti & Dinnerball Meal - KG Cookie	18 Ounce 1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each			Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each

Dietary Consultant Margaret J. Kisch RD, LDN

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Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
Kosher Pancakes, Oatmeal & Hashbrowns	1 Each	Kosher Cheese Omelet Meal - KG	1 Ea	Kosher Spanish Omlet W Potatoes Pancakes	1 Each	Kosher Pancakes, Oatmeal & Hashbrowns	1 Each	Kosher Cheese Omelet Meal - KG	1 Ea	Kosher Spanish Omlet W Potatoes Pancakes	1 Each	Kosher Pancakes, Oatmeal & Hashbrowns	1 Each
Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each
<b>Lunch</b>													
Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal - KG	18 Ounce	Jambalaya Dinner	1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal - KG	18 Ounce	Jambalaya Dinner	1 Each
Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each
<b>Dinner</b>													
Jambalaya Dinner	1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal - KG	18 Ounce	Jambalaya Dinner	1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce
Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each

Dietary Consultant Margaret J. Kisch RD, LDN

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Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
Kosher Cheese Omelet Meal - KG	1 Ea	Kosher Spanish Omlet W Potatoes Pancakes	1 Each	Kosher Pancakes, Oatmeal & Hashbrowns	1 Each	Kosher Cheese Omelet Meal - KG	1 Ea	Kosher Spanish Omlet W Potatoes Pancakes	1 Each	Kosher Pancakes, Oatmeal & Hashbrowns	1 Each	Kosher Cheese Omelet Meal - KG	1 Ea
Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each	Fruit	1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each
<b>Lunch</b>													
Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal - KG	18 Ounce	Jambalaya Dinner	1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal - KG	18 Ounce
Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each
<b>Dinner</b>													
Kosher Spaghetti & Dinnerball Meal - KG	18 Ounce	Jambalaya Dinner	1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each	Kosher Chicken Hot Dog w/Mash Pot	16 Ounce	Kosher Spaghetti & Dinnerball Meal - KG	18 Ounce	Jambalaya Dinner	1 Each	Kosher Chicken Cutlet w/Rice & Mix Veg	1 Each
Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each	Cookie	1 Each
Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each	Dairy Drink PC	1 Each

Dietary Consultant Margaret J. Kisch RD, LDN

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Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
Breakfast													
Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup
Scrambled Eggs	3 WZ	Breakfast Sausage	2 Each 1 WZ	Breakfast Gravy	1 Cup	Scrambled Eggs	3 WZ	Breakfast Gravy	1 Cup	Grilled Turkey Ham	1 WZ	Breakfast Sausage	2 Each 1 WZ
Biscuit	1 Each 1/54 Cut	Sliced Cheese	1 Slice	Biscuit	2 Each 1/54 Cut	Bread	2 Slice	Biscuit	2 Each 1/54 Cut	Sliced Cheese	1 Slice	Pancakes	2 Each
Cottage Fried Potatoes	1 Cup	Biscuit	2 Each 1/54 Cut	Hash Browns	1 Cup	Cottage Fried Potatoes	1 Cup	Margarine	1 Tbsp	Biscuit	1 Each 1/54 Cut	Syrup	1/4 Cup
Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Beverage	1 Each	Hash Browns	1 Cup	Beverage	1 Each
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each			Jelly	1 Tbsp		
										Beverage	1 Each		
Lunch													
Sloppy Joe	3/4 Cup	Red Chili Stew	1 Cup	Meatloaf	3 WZ	T Ham & Pinto Beans	1 Cup	Taco Mix	3/4 Cup	Country Stew	1 Cup	Poultry Fried Rice	1 Cup
Hamburger Bun	1 Each	Rice	1 Cup	Mashed Potatoes	1 Cup	Carrots	1/2 Cup	Chili Beans	1 Cup	Rice	1 Cup	Pinto Beans	1 Cup
Chili Beans	1 Cup	Mixed Vegetables	1/2 Cup	Gravy	1/4 Cup	Cornbread	1 1/54 Cut	Shredded Cheese	1/2 WZ	Green Beans	1/2 Cup	Broccoli	1/2 Cup
Carrots	1/2 Cup	Cornbread	1 1/54 Cut	Seasoned Cabbage	1/2 Cup	Iced Cake	1/54 Slice	Seasoned Corn	1/2 Cup	Bread	2 Slice	Iced Cake	1/54 Slice
Cookie	1 Each	Cake	1/54 Cut	Bread	2 Slice	Beverage	1 Each	Flour Tortilla	2 Each	Glazed Cake	1/54 Slice	Beverage	1 Each
Beverage	1 Each	Beverage	1 Each	Iced Cake	1/54 Slice			Cookie	1 Each	Beverage	1 Each		
				Beverage	1 Each			Beverage	1 Each				
Dinner													
Spaghetti	1 Cup	Meat Mac & Cheese	1 Cup	Turkey à la King	1 Cup	Chicken Patty	1 Each	Picadillo Casserole	1 Cup	Shephards Pie	1 Cup	Enchilada Casserole	1 Cup
Broccoli	1/2 Cup	Seasoned Corn	1/2 Cup	Rice Pilaf	1 Cup	Country Gravy	1/4 Cup	Pinto Beans	1 Cup	Mashed Potatoes	1 Cup	Seasoned Rice	1 Cup
Bread	2 Slice	Cornbread	1 1/54 Cut	Peas	1/2 Cup	Cottage Fried Potatoes	1 Cup	Cornbread	1 1/54 Cut	Peas & Carrots	1/2 Cup	Chili Beans	1 Cup
Margarine	1 Tbsp	Margarine	1 Tbsp	Biscuit	1 Each 1/54 Cut	Glazed Carrots	1/2 Cup	Margarine	1 Tbsp	Bread	2 Slice	Cornbread	1 1/54 Cut
Iced Cake	1/54 Slice	Glazed Cake	1/54 Slice	Margarine	1 Tbsp	Bread	2 Slice	Iced Cake	1/54 Slice	Margarine	1 Tbsp	Margarine	1 Tbsp
Beverage	1 Each	Beverage	1 Each	Margarine	1 Tbsp	Margarine	1 Tbsp	Beverage	1 Each	Cake	1/54 Cut	Cookie	1 Each
				Cookie	1 Each	Glazed Cake	1/54 Slice			Beverage	1 Each	Beverage	1 Each
				Beverage	1 Each	Beverage	1 Each						

Dietary Consultant Margaret J. Kisch RD, LDN

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Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
<b>Breakfast</b>													
Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup	Grits with Margarine	1 Cup	Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup
Breakfast Gravy	1 Cup	Breakfast Sausage	2 Each 1 WZ	Scrambled Eggs	3 WZ	Breakfast Gravy	1 Cup	Scrambled Eggs	3 WZ	Breakfast Sausage	2 Each 1 WZ	Grilled Turkey Ham	1 WZ
Biscuit	2 Each 1/54 Cut	Sliced Cheese	1 Slice	Bread	2 Slice	Biscuit	2 Each 1/54 Cut	Biscuit	2 Each 1/54 Cut	Pancakes	2 Each	Sliced Cheese	1 Slice
Hash Browns	1 Cup	Biscuit	2 Each 1/54 Cut	Cottage Fried Potatoes	1 Cup	Margarine	1 Tbsp	Cottage Fried Potatoes	1 Cup	Syrup	1/4 Cup	Biscuit	1 Each 1/54 Cut
Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Beverage	1 Each	Jelly	1 Tbsp	Beverage	1 Each	Hash Browns	1 Cup
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each			Beverage	1 Each			Jelly	1 Tbsp
												Beverage	1 Each
<b>Lunch</b>													
Spaghetti	1 Cup	Poultry Fried Rice	1 Cup	Salisbury Patty	3 WZ	Poultry & Rice	1 Cup	Country Stew	1 Cup	Chicken Noodle Casserole	1 Cup	Meatloaf	3 WZ
Carrots	1/2 Cup	Pinto Beans	1 Cup	Mashed Potatoes	1 Cup	Mixed Vegetables	1/2 Cup	Rotini	3/4 Cup	Mixed Vegetables	1/2 Cup	Macaroni & Cheese	1 Cup
Bread	2 Slice	Coleslaw	1/2 Cup	Gravy	1/4 Cup	Bread	2 Slice	Seasoned Cabbage	1/2 Cup	Bread	2 Slice	Mixed Vegetables	1/2 Cup
Cookie	1 Each	Cookie	1 Each	Broccoli	1/2 Cup	Cookie	1 Each	Cornbread	1 1/54 Cut	Iced Cake	1/54 Slice	Biscuit	1 Each 1/54 Cut
Beverage	1 Each	Beverage	1 Each	Bread	2 Slice	Beverage	1 Each	Iced Cake	1/54 Slice	Beverage	1 Each	Cut	
				Glazed Cake	1/54 Slice			Beverage	1 Each			Margarine	1 Tbsp
				Beverage	1 Each							Glazed Cake	1/54 Slice
												Beverage	1 Each
<b>Dinner</b>													
Red Chili Stew	1 Cup	Turkey Ham	3 WZ	Goulash Casserole	1 Cup	Chicken Patty	1 Each	Meat Mac & Cheese	1 Cup	Chili Con Carne	1 Cup	Chili Mac	1 Cup
Pinto Beans	1 Cup	BBQ Beans	1 Cup	Pinto Beans	1 Cup	Cottage Fried Potatoes	1 Cup	Peas & Carrots	1/2 Cup	Rice	1 Cup	Pinto Beans	1 Cup
Broccoli	1/2 Cup	Carrots	1/2 Cup	Carrots	1/2 Cup	BBQ Beans	1 Cup	Bread	2 Slice	Carrots	1/2 Cup	Seasoned Corn	1/2 Cup
Cornbread	1 1/54 Cut	Cornbread	1 1/54 Cut	Cornbread	1 1/54 Cut	Hamburger Bun	1 Each	Margarine	1 Tbsp	Cornbread	1 1/54 Cut	Cornbread	1 1/54 Cut
Margarine	1 Tbsp	Margarine	1 Tbsp	Margarine	1 Tbsp	Dressing Salad	1 Tbsp	Glazed Cake	1/54 Slice	Margarine	1 Tbsp	Margarine	1 Tbsp
Glazed Cake	1/54 Slice	Cake	1/54 Cut	Glazed Cake	1/54 Slice	Cake	1/54 Cut	Beverage	1 Each	Cake	1/54 Cut	Cake	1/54 Cut
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each			Beverage	1 Each	Beverage	1 Each

Dietary Consultant Margaret J. Kisch RD, LDN

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Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
Breakfast													
Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup
Scrambled Eggs	3 WZ	Breakfast Sausage	2 Each 1 WZ	Breakfast Gravy	1 Cup	Scrambled Eggs	3 WZ	Breakfast Gravy	1 Cup	Grilled Turkey Ham	1 WZ	Breakfast Sausage	2 Each 1 WZ
Biscuit	1 Each 1/54 Cut	Sliced Cheese	1 Slice	Biscuit	2 Each 1/54 Cut	Bread	2 Slice	Biscuit	2 Each 1/54 Cut	Sliced Cheese	1 Slice	Pancakes	2 Each
Cottage Fried Potatoes	1 Cup	Biscuit	2 Each 1/54 Cut	Hash Browns	1 Cup	Cottage Fried Potatoes	1 Cup	Margarine	1 Tbsp	Biscuit	2 Each 1/54 Cut	Syrup	1/4 Cup
Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Beverage	1 Each	Hash Browns	1 Cup	Beverage	1 Each
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each			Jelly	1 Tbsp		
										Beverage	1 Each		
Lunch													
Poultry Fried Rice	1 Cup	Chicken Noodle Casserole	1 Cup	Chili Mac	1 Cup	Salisbury Patty	3 WZ	Turkey Stir Fry	3/4 Cup	Sloppy Joe	3/4 Cup	Chili Con Carne	1 Cup
Chili Beans	1 Cup	Mixed Vegetables	1/2 Cup	Carrots & Green Beans	1/2 Cup	Gravy	1/4 Cup	Rice	1 Cup	Hamburger Bun	1 Each	Rice	1 Cup
Carrots & Green Beans	1/2 Cup	Bread	2 Slice	Cornbread	1 1/54 Cut	Mashed Potatoes	1 Cup	Carrots	1/2 Cup	Pinto Beans	1 Cup	Seasoned Cabbage	1/2 Cup
Cookie	1 Each	Margarine	1 Tbsp	Iced Cake	1/54 Slice	Broccoli	1/2 Cup	Bread	2 Slice	Broccoli	1/2 Cup	Cornbread	1 1/54 Cut
Beverage	1 Each	Glazed Cake	1/54 Slice	Beverage	1 Each	Bread	2 Slice	Iced Cake	1/54 Slice	Iced Cake	1/54 Slice	Cookie	1 Each
		Beverage	1 Each			Cake	1/54 Cut	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each
						Beverage	1 Each						
Dinner													
Shephards Pie	1 Cup	Turkey Ham	3 WZ	Chicken Patty	1 Each	Enchilada Casserole	1 Cup	Meatloaf	3 WZ	Country Stew	1 Cup	Spaghetti	1 Cup
Mashed Potatoes	1 Cup	Au Gratin Potatoes	1 Cup	BBQ Beans	1 Cup	Seasoned Rice	1 Cup	Gravy	1/4 Cup	Mixed Vegetables	1/2 Cup	Broccoli	1/2 Cup
Green Beans	1/2 Cup	Fried Cabbage	1/2 Cup	Cottage Fried Potatoes	1 Cup	Seasoned Corn	1/2 Cup	Mashed Potatoes	1 Cup	Cornbread	1 1/54 Cut	Bread	2 Slice
Biscuit	1 Each 1/54 Cut	Cornbread	1 1/54 Cut	Bread	2 Slice	Cornbread	1 1/54 Cut	Green Beans	1/2 Cup	Margarine	1 Tbsp	Margarine	1 Tbsp
Margarine	1 Tbsp	Margarine	1 Tbsp	Margarine	1 Tbsp	Margarine	1 Tbsp	Biscuit	1 Each 1/54 Cut	Glazed Cake	1/54 Slice	Iced Cake	1/54 Slice
Iced Cake	1/54 Slice	Cake	1/54 Cut	Cookie	1 Each	Glazed Cake	1/54 Slice	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Margarine	1 Tbsp				
								Cake	1/54 Cut				
								Beverage	1 Each				

Dietary Consultant Margaret J. Kisch RD, LDN

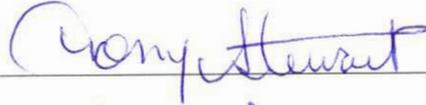
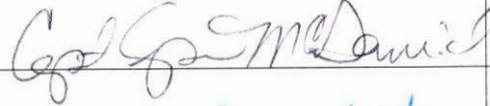
Approval Date 1/7/2021

Thursday		Friday		Saturday		Sunday		Monday		Tuesday		Wednesday	
<b>Breakfast</b>													
Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup	Grits with Margarine	1 Cup	Grits with Margarine	1 Cup	Grits with Margarine	1 Cup	Oatmeal w/ Sugar & Cinnamon	1 Cup
Breakfast Gravy	1 Cup	Breakfast Sausage	2 Each 1 WZ	Scrambled Eggs	3 WZ	Breakfast Gravy	1 Cup	Scrambled Eggs	3 WZ	Breakfast Sausage	2 Each 1 WZ	Grilled Turkey Ham	1 WZ
Biscuit	2 Each 1/54 Cut	Sliced Cheese	1 Slice	Bread	2 Slice	Biscuit	2 Each 1/54 Cut	Biscuit	1 Each 1/54 Cut	Pancakes	2 Each	Sliced Cheese	1 Slice
Hash Browns	1 Cup	Biscuit	2 Each 1/54 Cut	Cottage Fried Potatoes	1 Cup	Margarine	1 Tbsp	Cottage Fried Potatoes	1 Cup	Syrup	1/4 Cup	Biscuit	2 Each 1/54 Cut
Jelly	1 Tbsp	Jelly	1 Tbsp	Jelly	1 Tbsp	Beverage	1 Each	Jelly	1 Tbsp	Beverage	1 Each	Hash Browns	1 Cup
Beverage	1 Each	Beverage	1 Each	Beverage	1 Each			Beverage	1 Each			Jelly	1 Tbsp
												Beverage	1 Each
<b>Lunch</b>													
Chili Mac	1 Cup	Poultry & Rice	1 Cup	Meatloaf	3 WZ	Stroganoff Casserole	1 Cup	Salisbury Patty	3 WZ	Poultry Fried Rice	1 Cup	Sloppy Joe	3/4 Cup
Pinto Beans	1 Cup	Mixed Vegetables	1/2 Cup	Gravy	1/4 Cup	Green Beans	1/2 Cup	Macaroni & Cheese	1 Cup	Chili Beans	1 Cup	Hamburger Bun	1 Each
Carrots	1/2 Cup	Bread	2 Slice	Mashed Potatoes	1 Cup	Bread	2 Slice	Carrots	1/2 Cup	Coleslaw	1/2 Cup	Oven Browned Potatoes	1/2 Cup
Cornbread	1 1/54 Cut	Iced Cake	1/54 Slice	Peas & Carrots	1/2 Cup	Iced Cake	1/54 Slice	Cornbread	1 1/54 Cut	Cake	1/54 Cut	Broccoli	1/2 Cup
Glazed Cake	1/54 Slice	Beverage	1 Each	Biscuit	1 Each 1/54 Cut	Beverage	1 Each	Glazed Cake	1/54 Slice	Beverage	1 Each	Iced Cake	1/54 Slice
Beverage	1 Each			Margarine	1 Tbsp			Beverage	1 Each			Beverage	1 Each
				Cookie	1 Each								
				Beverage	1 Each								
<b>Dinner</b>													
Turkey Tetrazini	1 Cup	Red Chili Stew	1 Cup	Spaghetti	1 Cup	Country Stew	1 Cup	Chili Con Carne	1 Cup	Turkey Ham	3 WZ	Cheeseburger Casserole	1 Cup
Mixed Vegetables	1/2 Cup	Pinto Beans	1 Cup	Green Beans	1/2 Cup	Rotini	3/4 Cup	Rice	1 Cup	Ranch Beans	1 Cup	Pinto Beans	1 Cup
Biscuit	1 Each 1/54 Cut	Seasoned Corn	1/2 Cup	Bread	2 Slice	Mixed Vegetables	1/2 Cup	Seasoned Corn	1/2 Cup	Broccoli	1/2 Cup	Carrots	1/2 Cup
Margarine	1 Tbsp	Cornbread	1 1/54 Cut	Margarine	1 Tbsp	Cornbread	1 1/54 Cut	Bread	2 Slice	Bread	2 Slice	Bread	2 Slice
Cookie	1 Each	Margarine	1 Tbsp	Iced Cake	1/54 Slice	Margarine	1 Tbsp	Margarine	1 Tbsp	Margarine	1 Tbsp	Margarine	1 Tbsp
Beverage	1 Each	Cake	1/54 Cut	Beverage	1 Each	Glazed Cake	1/54 Slice	Iced Cake	1/54 Slice	Glazed Cake	1/54 Slice	Cookie	1 Each
		Beverage	1 Each			Beverage	1 Each	Beverage	1 Each	Beverage	1 Each	Beverage	1 Each

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Approval Date 1/7/2021

**SIGN IN SHEET**  
**Inmate Food Services**  
**RFP COR 35-21**  
**Mandatory Pre-Proposal Meeting**  
**August 12, 2021 @ 10:00 am CST**

COMPANY/DEPARTMENT	SIGNATURE	TELEPHONE #	EMAIL ADDRESS (PLEASE PRINT CLEARLY)
Aramark Phillip Boska		850 642 0433	Boska-Phillip@Aramark.com
Summit Tony Stewart		850-624-8806	tony.stewart@SummitFoodService.com
Summit - Karen Sorensen		941-302-1529	Karen.Sorensen@summit-foodservice.com
Tiger Correctional Service Bryan Hall		662-322-0133	bhall@tiger.commissary.com
Trinity Services Group Jeff Schmiltchen		813-309-6323	Jeff.Schmiltchen@trinityservicesgroup.com
Dept of Corrections Okaloosa County		850 423-4838	amedaniel@myokaloosa
OCDOC		850-603-9143	cjohnson@myokaloosa
OCDOC		850 689 5045	dallaway@myokaloosa.com
Okaloosa Purchasing		850-689-5960	aethendge@myokaloosa.com

\* Director Eric Esmond attended briefly to welcome + thank attendees.