

## ADDENDUM 2

### RFP COR 75-16 – Inmate Food Service

1. How many are currently receiving a National School Breakfast/ National School Lunch Program meal daily?  
We currently house 12 inmates who receive these benefits
2. Does the county intend to offer a reimbursable snack to the juveniles via the CACFP (Child and Adult Care Food Program)?  
No. At this time we do not offer reimbursable snacks to the juveniles via CACFP.
3. What is the age range/grade range of juveniles offered a NSLP menu?  
At our facility, we classify inmates ages 13 – 17 as juveniles and inmates ages 18 – 20 as youthful offenders. Both classifications qualify for the National School Lunch Program.
4. 2700 calories is required for both adults and juvenile menus?  
Yes
5. Specifications Scope of services #8 indicates that menus must meet the requirements of the USDA and the National School Lunch Program. Does this requirement only refer to Juvenile menu, or should the adult menu also follow these requirements?  
This requirement is only referring to the juveniles.
6. Specifications Scope of services #9 indicates that a sample menu is attached and that a comparable menu should be proposed with the response to the request. A sample menu was not included in the RFP. Is it the intention of the county that the response to this request includes a contractor developed menu that meets the specifications outlined?  
Yes, the County would like the contractor to develop a menu that meets the specifications outlined. We have attached example menus as well.
7. What type of menu is currently served to fulfill religious requests such as Kosher or Halal?  
For religious/vegetarian requests we provide an Ovo-Lacto vegetarian meal
8. Does the county provide a vegetarian menu to these diets?  
Yes, please see the attached menu.
9. Are frozen meals provided to the kosher diets?  
We do not provide frozen kosher meals.
10. How many Kosher Diets are typically served?  
It is very rare for us to receive a request for a kosher diet. We have not had a request in the last 5 (five) years.

11. Does the County currently have a work crew that receives additional calories? If so, how many? Are 1 ½ or double portions provided to the work crew?

No, at this time all inmates receive the same portion sizes.

12. Please clarify whether the disposables need to be Styrofoam, or can they be paper?

We are currently using both types. Our off-site inmate meals are sent in paper sack lunches and the meals for the medical units inmates are sent in Styrofoam containers.

13. What is the number of staff meals per day?

Our current contract affords our officers the option to have meals at no cost to them, if they choose. We currently average 8-12 staff meals a day.

14. What is the current price per meal?

\$.8511 / meal

15. In reference to RFP “Pricing Structure”, #2, it states that “Prices shall be submitted in the unit measurement specified on the proposal Form”. Can you please provide a copy of the proposal form, or identify where this can be found?

The proposal form is the document that you create when submit your proposal to the County.

16. During the facility walk, it was understood that there is an officer present at all times in the kitchen. In reference to the Equipment Section, #2, please provide clarification to the reason why the contractor should be responsible for intentional misuse/abuse by inmate labor?

The officer is assigned to provide security for the staff while they are working with the inmates. While the inmates are assigned to the Kitchen, the contract workers are responsible for monitoring the inmates to avoid inappropriate and/or misuse of County equip Kitchen Warehouse are the responsibility of the contractor. An officer may or may not always be present or assigned to the Kitchen

17. In reference to RFP Scope of Service section, #32, please clarify the “major food preparation equipment” that will require “preventive and routine maintenance”.

- dish machine
- 2 - double stack industrial ovens
- 1 – warmer
- 2 – kettles
- 1 - stove
- 1 – flat iron grill
- 1 - food processor
- 1 - industrial mixer

It is required of the contractor ensure all equipment is cleaned daily. Any major maintenance problems will be completed by on-site facility maintenance personnel or sourced out by the Support Services Commander.



18. Will the County please provide a copy of the last 3 months of invoices that the current vendor is billing the County for Inmate Food Service? See attached

19. Under Scope of Services, #9 states *"Proposed 2700 calorie menus shall be compatible with the sample menu attached"* There is no attached menu with the RFP. Will the County please provide a copy of the required menu? See attached

20. Will the County please provide a copy of the current menus for the Jail and Juvenile populations? See attached

21. What is currently being offered in a bag lunch meal?

Bag lunch meal is consist of 3 sandwiches, 2 cookies, and a small bag of chips.

Does the County wish to continue this meal preference, or would the County be open to other bag lunch meal options?

The County would be open to other bag lunch meal options.

22. What is the Average Daily Population today for both Adults and Juveniles?

768

23. Are the officers currently being served the same meal as the inmates receive, or do they have their own menu?

There is only one menu at this time. If an Officer chooses to request a meal from the kitchen, it will be the same meal provided to the inmates.

24. Will the County please provide a copy of the current officer dining menu?

There is no officer dining menu, but the County would be very interested to see your options for an Officer menu.

25. Who are the current vendors for milk and produce?

Milk vendor is Borden's and produce vendor is Cheney Brothers.

26. Who owns the trays that the inmate meal is served on?

The County owns the trays.

27. How many inmates receive double portions?

Only 4 inmates at this time receive double portions and that's on a special medical diet order per the facility Doctor.

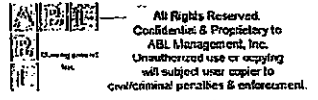
28. How many inmates receive special and religious diets?

Only 2 inmates this year have been on special and religious diets and that was during Ramadan.

| SATURDAY                      | SUNDAY                    | MONDAY                     | TUESDAY                             | WEDNESDAY                          | THURSDAY                   | FRIDAY                             |
|-------------------------------|---------------------------|----------------------------|-------------------------------------|------------------------------------|----------------------------|------------------------------------|
| 1/2C ORANGE JUICE             | 1/2C APPLE JUICE          | 1/2C ORANGE JUICE          | 1/2C APPLE JUICE                    | 1/2C ORANGE JUICE                  | 1/2C ORANGE JUICE          | 1/2C APPLE JUICE                   |
| 1/2C FRUIT                    | 1/2C FRUIT                | 1/2C FRUIT                 | 1/2C FRUIT                          | 1/2C FRUIT                         | 1/2C FRUIT                 | 1/2C FRUIT                         |
| 1C WHOLE GRAIN DRY CEREAL     | 1/2C OATMEAL              | 1C WHOLE GRAIN DRY CEREAL  | 1/2C OATMEAL                        | 1C WHOLE GRAIN DRY CEREAL          | 1C WHOLE GRAIN DRY CEREAL  | 1/2C OATMEAL                       |
| 2SL WHOLE WHEAT BREAD         | 2.5OZ SCRAMBLED EGG       | 2.5OZ SCRAMBLED EGG        | 2SL WHOLE WHEAT BREAD               | 1EA ABL SL BISCUIT WG 2.25 OZ 1 EA | 2SL WHOLE WHEAT BREAD      | 1EA ABL SL BISCUIT WG 2.25 OZ 1 EA |
| 2OZ TURKEY HAM                | 1SL WHOLE WHEAT BREAD     | 1SL WHOLE WHEAT BREAD      | 2EA HARD BOILED EGG                 | 2OZ TURKEY HAM                     | 2OZ TURKEY HAM             | 2.5OZ SCRAMBLED EGG                |
| 1TB ABL SL JELLY              | 1C CHOICE SKIM OR 1% MILK | 1C CHOICE SKIM OR 1% MILK  | 1TB ABL SL JELLY                    | 1TB ABL SL JELLY                   | 1TB ABL SL JELLY           | 1TB ABL SL JELLY                   |
| 1C CHOICE SKIM OR 1% MILK     |                           |                            | 2EA SUGAR PACKET                    | 1C CHOICE SKIM OR 1% MILK          | 2EA SUGAR PACKET           | 1C CHOICE SKIM OR 1% MILK          |
| 4OZ TURKEY HAM                | 2.5OZ SL BEEF PATTY       | 4OZ MEAT STROG. 2.9OZ MEAT | 8OZ MEAT & SPANISH RIC 2.9OZMT/WGRI | 4OZ TURKEY HAM                     | 2EA TURKEY FRANKS          | 8OZ ENCHILADA CASS 2.9OZMT/WGT     |
| 2SL WHOLE WHEAT BREAD         | 1/4C SAUTEED ONIONS       | 1/2C WHOLE GRAIN PASTA     | 1/80 CORNBREAD                      | 3/4C CARROTS                       | 2SL WHOLE WHEAT BREAD      | 1/80 CORNBREAD                     |
| 1/2C BAKED BEANS              | 1/2C HOME FRIES           | 1C TOSSED SALAD/DRSG       | 1/2C RANCH BEANS                    | 1/2C SCALLOPED POTATOES            | 1/2C PINTO BEANS           | 1/2C SPANISH BROWN RICE            |
| 1/2C POTATO SALAD             | 1C TOSSED SALAD/DRSG      | 1/80 CORNBREAD             | 1C TOSSED SALAD/DRSG                | 2SL WHOLE WHEAT BREAD              | 1/2C POTATO SALAD          | 1/2C REFRIED BEANS                 |
| 1C FRUIT                      | 2SL WHOLE WHEAT BREAD     | 1C MIXED GREENS            | 1C FRUIT                            | 1C FRUIT                           | 1C FRUIT                   | 1/2C COLESLAW                      |
| 1EA MUSTARD                   | 1C FRUIT                  | 1C FRUIT                   | 1C CHOICE SKIM OR 1% MILK           | 1C CHOICE SKIM OR 1% MILK          | 1C CHOICE SKIM OR 1% MILK  | 1C FRUIT                           |
| 1C CHOICE SKIM OR 1% MILK     | 1EA CATSUP                | 1C CHOICE SKIM OR 1% MILK  |                                     |                                    |                            | 1C CHOICE SKIM OR 1% MILK          |
|                               | 1C CHOICE SKIM OR 1% MILK |                            |                                     |                                    |                            |                                    |
| 8OZ TURKEY & NOODLES 2 OZ MEA | 3OZ CHICKEN PATTY         | 3OZ SLICED HAM             | 3OZ SWEDISH MEATBALLS               | 8OZ CHILI MAC 2OZ MEAT             | 8OZ T TETRAZZINI 2 OZ MEAT | 3OZ COUNTRY FRD BEEF               |
| 1/2C SEASONED CARROTS         | 3OZ CREAM GRAVY           | 1C MACARONI & CHEESE       | 1C SEASONED PASTA                   | 1/2C SEASONED CARROTS              | 1C NAVY BEANS              | 3OZ GRAVY                          |
| 2EA BISCUIT 1/80              | 1C MASHED POTATOES        | 1/2C GREEN BEANS           | 1C NAVY BEANS                       | 1/2C GREEN SALAD                   | 1/2C COLESLAW              | 1C MASHED POTATOES                 |
| 1TB MARGARINE                 | 1/2C SEASONED CORN        | 1/60 HOT BREAD             | 2EA BISCUIT 1/80                    | 1/60 CORNBREAD                     | 2EA BISCUIT 1/80           | 1/2C SEASONED CABBAGE              |
| 1/40 CAKE/GLAZE               | 1/60 CORNBREAD            | 1TB MARGARINE              | 1TB MARGARINE                       | 1TB MARGARINE                      | 1TB MARGARINE              | 1/60 HOT BREAD                     |
| 2PKG FORTIFIED PUNCH          | 1TB MARGARINE             | 3EA COOKIES-3              | 1/54 BROWNIE                        | 1/40 CAKE/GLAZE                    | 1/40 CAKE/GLAZE            | 1TB MARGARINE                      |
|                               | 1/2C BREAD PUDDING        | 2PKG FORTIFIED PUNCH       | 2PKG FORTIFIED PUNCH                | 2PKG FORTIFIED PUNCH               | 2PKG FORTIFIED PUNCH       | 3EA COOKIES-3                      |
|                               | 2PKG FORTIFIED PUNCH      |                            |                                     |                                    |                            | 2PKG FORTIFIED PUNCH               |

ALL ENTREES AND CASSEROLE ARE COOKED WT MEASUREMENT  
 FACILITY ADMIN APPROVAL DATE  
 DIETITIAN Natasha Duff-Rose APPROVAL DATE 7/1/2015

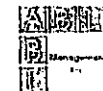
ALL OTHERS ARE VOLUME MEASUREMENTS UNLESS OTHERWISE STATED  
 FSD ABL MANAGEMENT APPROVAL DATE  
 REGISTRATION # 455563



| SATURDAY  | SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---|--|---|---|--|---|---|
| 100Z GRITS/MARG<br>2EA PANCAKES                         | 100Z OATMEAL/MARG<br>30Z SCRAMBLED EGGS  | 100Z GRITS/MARG<br>1/2C POTATO &<br>EGGS                            | 1C CORNFLAKES<br>1/2C GRIL POTATOES   | 100Z GRITS/MARG<br>1C BREAKFAST GRAVY                        | 1C CORNFLAKES<br>2EA PANCAKES   | 100Z GRITS/MARG<br>30Z SCRAMBLED EGGS   |
| 1/4C MAPLE SYRUP<br>10Z TURKEY SAUSAGE<br>1TB MARGARINE | 2EA BISCUIT 1/80<br>1TB JELLY<br>1TB MARGARINE                                   | 10Z TURKEY BOLOGNA<br>1/60 CRUMB CAKE<br>1TB JELLY<br>1TB MARGARINE | 10Z TURKEY HAM<br>2SL BREAD<br>1TB JELLY<br>1TB MARGARINE<br>2EA SUGAR PACKET | 10Z TURKEY SAUSAGE<br>2EA BISCUIT 1/80<br>1TB MARGARINE      | 1/4C MAPLE SYRUP<br>10Z TURKEY HAM<br>1TB MARGARINE<br>2EA SUGAR PACKET | 1/60 CRUMB CAKE<br>1TB JELLY<br>1TB MARGARINE                                 |
| 1PKG CALC FORT BEV                                      | 1PKG CALC FORT BEV   | 1PKG CALC FORT BEV  | 1C 2% MILK  | 1PKG CALC FORT BEV   | 1C 2% MILK  | 1PKG CALC FORT BEV  |
| 20Z GRILLED T HAM                                       | 30Z BEEF PATTY   | 80Z MEAT<br>STROGANOFF  | 80Z MEAT & SPANISH<br>RICE  | 80Z SCALLOPED POT/<br>T HAM                                  | 80Z BEANS/FRANKS<br>20Z MEAT  | 80Z ENCHILADA<br>CASS   |
| 1SL CHEESE  | 1/4C SAUTEED<br>ONIONS   | 1/60 CORNBREAD  | 1/60 CORNBREAD  | 2EA BISCUIT 1/80   | 1/60 CORNBREAD  | 1/60 CORNBREAD  |
| 2SL ENRICHED BREAD                                      | 2SL ENRICHED BREAD   | 1/2C SEASONED RICE  | 1/2C RANCH BEANS  | 1/2C SEASONED<br>PINTOS                                      | 1/2C POTATO SALAD   | 1/2C SPANISH RICE   |
| 1/2C BAKED BEANS  | 1TB MUSTARD/CATSUP   | 1/2C MIXED<br>VEGETABLES  | 1/2C COLESLAW   | 1TB MARGARINE  | 1TB MARGARINE   | 1/2C REFRIED BEANS  |
| 1/2C POTATO SALAD<br>1/60 GLAZED CAKE                   | 1/2C HOME FRIES<br>1/2C MACARONI<br>SALAD  | 1TB MARGARINE<br>1/60 GLAZED CAKE                                   | 1TB MARGARINE<br>1EA FRESH FRUIT  | 1/60 BROWNIE/GLAZE<br>1C CALCIUM FORT<br>BEV                 | 1/60 GLAZED CAKE<br>1C CALCIUM FORT<br>BEV                              | 1TB MARGARINE<br>2EA COOKIES  |
| 1C CALCIUM FORT<br>BEV                                  | 1/60 GLAZED CAKE<br>1C CALCIUM FORT<br>BEV                                       | 1C CALCIUM FORT<br>BEV  | 1C CALCIUM FORT<br>BEV  |  |   | 1C CALCIUM FORT<br>BEV  |
| 80Z TURKEY &<br>NOODLES                                 | 30Z CHICKEN PATTY  | 30Z SLICED HAM  | 30Z SWEDISH<br>MEATBALLS  | 80Z CHILI MAC  | 80Z T TETRAZZINI  | 30Z COUNTRY FRD<br>BEEF   |
| 1/2C SEASONED<br>CARROTS                                | 30Z CREAM GRAVY  | 1/2C MACARONI &<br>CHEESE   | 1/2C SEASONED<br>PASTA  | 1/2C SEASONED<br>CARROTS                                     | 1/2C NAVY BEANS   | 30Z GRAVY   |
| 2EA BISCUIT 1/80  | 1/2C MASHED<br>POTATOES  | 1/2C GREEN BEANS  | 1/2C NORTHERN<br>BEANS  | 1/2C COLESLAW  | 1/2C COLESLAW   | 1/2C MASHED<br>POTATOES   |
| 1TB MARGARINE   | 1/2C SEASONED CORN   | 1/60 HOT BREAD  | 2EA BISCUIT 1/80  | 1/60 CORNBREAD   | 2EA BISCUIT 1/80  | 1/2C SEASONED<br>CABBAGE  |
| 1/60 GLAZED CAKE<br>1PKG FORTIFIED<br>PUNCH             | 1/60 CORNBREAD<br>1TB MARGARINE<br>1/2C BREAD PUDDING<br>1PKG FORTIFIED<br>PUNCH | 1TB MARGARINE<br>2EA COOKIES  | 1TB MARGARINE<br>1/60 BROWNIE/GLAZE<br>1PKG FORTIFIED<br>PUNCH                | 1TB MARGARINE<br>1/60 GLAZED CAKE<br>1PKG FORTIFIED<br>PUNCH | 1TB MARGARINE<br>1/60 GLAZED CAKE<br>1PKG FORTIFIED<br>PUNCH            | 1/60 HOT BREAD<br>1TB MARGARINE<br>1/2C APPLESAUCE<br>1PKG FORTIFIED<br>PUNCH |

ALL ENTREES AND CASSEROLE ARE COOKED WT MEASUREMENT  
 FACILITY ADMIN: Robert Crisp RD-2 APPROVAL DATE: 1/2/2015  
 DIETITIAN: \_\_\_\_\_ APPROVAL DATE: \_\_\_\_\_

ALL OTHERS ARE VOLUME MEASUREMENTS UNLESS OTHERWISE STATED  
 FSD ABL MANAGEMENT: \_\_\_\_\_ APPROVAL DATE: \_\_\_\_\_  
 REGISTRATION # 455563



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Remittance address:  
**PO Box 613128**  
**Memphis, TN 38101-3128**  
 Telephone Contact: 225-272-6063

INVOICE NO. **702 10 03 2016**  
 (Please furnish this number when remitting.)

**BILLED TO -**  
 Client/Customer: Okaloosa County Department of Corrections  
 Attention: Accounts Payable  
 Street Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_

Unit Name: Okaloosa County Department of Corrections  
 Unit Number: 702  
 Location of Sale (City/State): \_\_\_\_\_  
 Date(s) of Service/Invoice Date: 7/9/2016 - 7/15/2016  
 For Week Ending: 7/15/2016  
 Purchase Order #: N/A

| Quantity                                | Acct # | Description           | Unit Price | Extended Price |
|---|--------|-----------------------|------------|----------------|
| 17,017                                  | #3020  | Inmate Meals          | *          | \$ 14,483.1687 |
| 191                                     | #3020  | Officer / Staff Meals | *          | \$ 162.5601    |
| * See Attached Daily Count/Sales Report |        |                       |            |                |

| For Accounting Use Only: |      |      |      | INVOICE TOTAL | \$ | 14,645.73 |
|--------------------------|------|------|------|---------------|----|-----------|
| 1509                     | 3190 | 4010 | 5100 |               |    |           |
| 2003                     | 3200 | 4020 | 5261 |               |    |           |
| 2101                     | 3220 | 4040 | 5360 |               |    |           |
| 2102                     | 3240 | 4070 | 5580 |               |    |           |
| 3020                     | 3290 | 4080 | 6110 |               |    |           |
| 3040                     |      | 4090 | 6234 |               |    |           |
| 3150                     |      | 4100 |      |               |    |           |

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 Please write any comment you have on the reverse of this invoice.

Check applicable Tax Status:

- Purchases listed on this invoice are taxable.
- Tax Exemption # on-file with ABL Corporate Headquarters A/R Dept. \*
- Tax Exempt (Exemption # \_\_\_\_\_) On File

ABL Manager Signature: \_\_\_\_\_

Client/Customer Approval Signature: \_\_\_\_\_

**L. Huyghue #379**

An interest charge of 1-1/2% per month will be made on the unpaid balance beginning 30 days from date of service, for an annual rate of 18%.

Distribution: Polled to corporate 12:00PM CST Saturday; Original PDF-Client; Copy-On File at the Unit





Remittance address:  
**PO Box 613128**  
**Memphis, TN 38101-3128**  
 Telephone Contact: 225-272-8063

INVOICE NO. **702 10 02 2016**  
 (Please furnish this number when remitting.)

**BILLED TO -**  
 Client/Customer: Okaloosa County Department of Corrections  
 Attention: Accounts Payable  
 Street Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_

Unit Name: Okaloosa County Department of Corrections  
 Unit Number: 702  
 Location of Sale (City/State): \_\_\_\_\_  
 Date(s) of Service/Invoice Date: 7/2/2016 - 7/8/2016  
 For Week Ending: 7/8/2016  
 Purchase Order #: N/A

| Quantity                                | Acct # | Description           | Unit Price | Extended Price       |                     |
|---|--------|-----------------------|------------|----------------------|---------------------|
| 16,609                                  | #3020  | Inmate Meals          | *          | \$ 14,135.9199       |                     |
| 207                                     | #3020  | Officer / Staff Meals | *          | \$ 176.1777          |                     |
| * See Attached Daily Count/Sales Report |        |                       |            |                      |                     |
| <b>For Accounting Use Only:</b>         |        |                       |            | <b>INVOICE TOTAL</b> | <b>\$ 14,312.10</b> |
| 1509                                    | 3190   | 4010                  | 5100       |                      |                     |
| 2003                                    | 3200   | 4020                  | 5261       |                      |                     |
| 2101                                    | 3220   | 4040                  | 5360       |                      |                     |
| 2102                                    | 3240   | 4070                  | 5580       |                      |                     |
| 3020                                    | 3290   | 4080                  | 6110       |                      |                     |
| 3040                                    |        | 4090                  | 6234       |                      |                     |
| 3150                                    |        | 4100                  |            |                      |                     |

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- Tax Exempt Exemption # On File

ABL Manager Signature: \_\_\_\_\_

Client/Customer Approval Signature: \_\_\_\_\_

**L. Huyghue #379**

*An interest charge of 1-1/2% per month will be made on the unpaid balance beginning 30 days from date of service, for an annual rate of 18%.*

Distribution: Polled to corporate 12:00PM CST Saturday; Original PDF-Client; Copy-On File at the Unit



Remittance address:  
**PO Box 613128**  
**Memphis, TN 38101-3128**  
 Telephone Contact: 225-272-6083

INVOICE NO. **702 10 04 2016**  
 (Please furnish this number when remitting.)

**BILLED TO -**  
 Client/Customer: Okaloosa County Department of Corrections  
 Attention: Accounts Payable  
 Street Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_

Unit Name: Okaloosa County Department of Corrections  
 Unit Number: 702  
 Location of Sale (City/State): \_\_\_\_\_  
 Date(s) of Service/Invoice Date: 7/16/2016 - 7/22/2016  
 For Week Ending: 7/22/2016  
 Purchase Order #: N/A

| Quantity                                | Acct # | Description           | Unit Price | Extended Price |
|---|--------|-----------------------|------------|----------------|
| 16,839                                  | #3020  | Inmate Meals          | *          | \$ 14,331.6729 |
| 256                                     | #3020  | Officer / Staff Meals | *          | \$ 217.8816    |
| * See Attached Daily Count/Sales Report |        |                       |            |                |

| For Accounting Use Only: |      |      |  | INVOICE TOTAL | \$ | 14,549.55 |
|--------------------------|------|------|--|---------------|----|-----------|
| 1509                     | 3190 | 4010 |  | 5100          |    |           |
| 2003                     | 3200 | 4020 |  | 5261          |    |           |
| 2101                     | 3220 | 4040 |  | 5360          |    |           |
| 2102                     | 3240 | 4070 |  | 5580          |    |           |
| 3020                     | 3290 | 4080 |  | 6110          |    |           |
| 3040                     |      | 4090 |  | 6234          |    |           |
| 3150                     |      | 4100 |  |               |    |           |

**Thank you for your order. We are pleased to be of service!**  
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- Tax Exempt Exemption # \_\_\_\_\_ On File

ABL Manager Signature: \_\_\_\_\_

Client/Customer Approval Signature: \_\_\_\_\_

**L. Huyghue #31**

*An interest charge of 1-1/2% per month will be made on the unpaid balance beginning 30 days from date of service, for an annual rate of 18%.*

Distribution: Polled to corporate\_12:00PM CST Saturday; Original PDF-Client; Copy-On File at the Unit





April 14, 2016

#### STATEMENT OF NUTRITIONAL ADEQUACY

**The average calorie count for the menu exceeds 2700 calories. Per Standard procedures, this menu is reviewed and/or revised on bi-annual basis or more often if required. The diet menu meets compliance. This is a pork free facility**

The attached menus with approval date of 4/14/2016 were prepared by **ABL Management, Inc.** for the **Okaloosa County Correctional Facility FL** to be served as the Regular Menu in the **adult** general population. They have been analyzed and approved using the Unisoft Systems Associated Program from Columbus OH. Per standard nutritional analysis protocol, the menus were divided into seven-day periods for evaluation purposes. As written and analyzed, the menus meet R.D.A./D.R.I.'s for basic nutrients as stated by the Food and Nutrition Board of the National Academy of Sciences, and contract stipulations.

R.D.A./D.R.I.'s have been established by health care professionals to define the "target" level of recommended allowances (amounts) of nutrients such as protein, vitamins, and minerals for people of a specific age, sex and activity level. The allowances are set at a higher level than to just maintain good nutrition in healthy persons. An intake of at least two-thirds of the R.D.A./D.R.I. level is considered adequate for most healthy humans. The age group chosen as the "standard" for this facility was 'males ages 19 to 30' leading a moderately active lifestyle.

*Debbie Craft R.D.L.D.*

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Debbie Craft R.D. L.D.  
Corporate Dietitian  
Registration Number: 455563

**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

**HIGHLIGHT ALL PREP ITEMS**

**X - ALL PULLS**

Date: \_\_\_\_\_  
 Week: **WEEK 1**  
 Day: **SATURDAY**

| Work Assign.<br>(Cook's Initials) | Food Item              | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|------------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                        |                 |                  |       |                          |                      |               |                |         |
|                                   | Gris/margarine         | 10 oz           |                  | 1     |                          |                      |               |                |         |
|                                   | Scrambled Eggs         | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Oatmeal Breakfast Cake | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Jelly                  | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Margarine              | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage  | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                        |                 |                  |       |                          |                      |               |                |         |
|                                   | Chicken Patty          | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Chicken Gravy          | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Rice          | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/60           | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Coleslaw               | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine              | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Applesauce             | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage  | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                        |                 |                  |       |                          |                      |               |                |         |
|                                   | Beef Patty             | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | gravy                  | 1/4 C           |                  |       |                          |                      |               |                |         |
|                                   | Mashed potatoes        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Cabbage & Carrots      | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Hot Bread              | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Margarine              | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Brownie/glaze          | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch        | 1 pkg           |                  |       |                          |                      |               |                |         |

**BREAKFAST SERVING WELLS AND TRAY**

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**LUNCH SERVING WELLS AND TRAY**

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Time meal is started: \_\_\_\_\_ Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: \_\_\_\_\_ Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count \_\_\_\_\_  
 ACTUAL Inmate Count \_\_\_\_\_  
 Projected Staff Count \_\_\_\_\_  
 ACTUAL Staff Count \_\_\_\_\_  
 Projected Bag Lunches \_\_\_\_\_  
 ACTUAL Bag Lunches \_\_\_\_\_

FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 1  
 Day: SUNDAY

#VALUE!

| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Cornflakes            | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Turkey Ham            | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Pancakes              | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Syrup                 | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Sugar Sub             | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | 2 % Milk              | 1 C             |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Sloppy Joe            | 4 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Catsup                | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Home Fries            | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Corn         | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Bread                 | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey & Noodles      | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Pinto Beans           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Mixed Greens          | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Combread              | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_



**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

**HIGHLIGHT ALL PREP ITEMS**

**X - ALL PULLS**

Date: \_\_\_\_\_  
 Week: **WEEK 1**  
 Day: **MONDAY**

| Work Assign.<br>(Cook's Initials) | Food Item                       | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|---------------------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                                 |                 |                  |       |                          |                      |               |                |         |
|                                   | Grits/margarine                 | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Breakfast Gravy                 | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Turkey Sausage                  | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80                    | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Margarine                       | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage           | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                                 |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey Ham & Beans<br>2 oz meat | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Rice                   | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Cornbread                       | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Coleslaw                        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine                       | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake                     | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage           | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                                 |                 |                  |       |                          |                      |               |                |         |
|                                   | Spaghetti Sauce<br>2 oz meat    | 4 oz            |                  |       |                          |                      |               |                |         |
|                                   | Spaghetti Noodles               | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Green Beans                     | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Garlic Bread                    | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   | Cookies                         | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch                 | 1 pkg           |                  |       |                          |                      |               |                |         |

**BREAKFAST SERVING WELLS AND TRAY**

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**LUNCH SERVING WELLS AND TRAY**

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Time meal is started: \_\_\_\_\_ Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: \_\_\_\_\_ Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: 

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 ACTUAL Inmate Count: 

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 Projected Staff Count: 

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 ACTUAL Staff Count: 

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 Projected Bag Lunches: 

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 ACTUAL Bag Lunches: 

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FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 1  
 Day: TUESDAY

| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Cornflakes            | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Potato & Eggs         | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Crumb Cake            | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Jelly                 | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Sugar Sub             | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | 2 % Milk              | 1 C             |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Spanish rice/meat     | 7 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Carrots      | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Bread                 | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Cookies               | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Meatloaf              | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | gravy                 | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Mashed Potatoes       | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Navy Beans            | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Hot Bread             | 1/80            |                  |       |                          |                      |               |                |         |
|                                   |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Pudding               | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

**HIGHLIGHT ALL PREP ITEMS**

**X - ALL PULLS**

Date: \_\_\_\_\_  
 Week: **WEEK 1**  
 Day: **WEDNESDAY**

**BREAKFAST SERVING WELLS AND TRAY**

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**LUNCH SERVING WELLS AND TRAY**

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| Work Assign.<br>(Cook's Initials) | Food Item              | Portion Size | Recipe Number | Yield | Raw Quantity Required | ITEMS SUBSTITUTED | BEGIN TEMP | ENDING TEMP | Costing |
|-----------------------------------|------------------------|--------------|---------------|-------|-----------------------|-------------------|------------|-------------|---------|
| <b>Breakfast</b>                  |                        |              |               |       |                       |                   |            |             |         |
|                                   | Grits/margarine        | 10 oz        |               |       |                       |                   |            |             |         |
|                                   | Grilled Potatoes       | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Turkey Ham             | 1 oz         |               |       |                       |                   |            |             |         |
|                                   | Oatmeal Breakfast Cake | 1/80         |               |       |                       |                   |            |             |         |
|                                   | Jelly                  | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Margarine              | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Calcium Fort Beverage  | 1 pkg        |               |       |                       |                   |            |             |         |
| <b>Lunch</b>                      |                        |              |               |       |                       |                   |            |             |         |
|                                   | Turkey Tetrazzini      | 8 oz         |               |       |                       |                   |            |             |         |
|                                   | 2 oz meat              |              |               |       |                       |                   |            |             |         |
|                                   | Seasoned Pintos        | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Cornbread              | 1/80         |               |       |                       |                   |            |             |         |
|                                   | Coleslaw               | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Margarine              | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Brownie/glaze          | 1/80         |               |       |                       |                   |            |             |         |
|                                   | Calcium Fort Beverage  | 1 pkg        |               |       |                       |                   |            |             |         |
| <b>Dinner</b>                     |                        |              |               |       |                       |                   |            |             |         |
|                                   | Meat Stew              | 8 oz         |               |       |                       |                   |            |             |         |
|                                   | 2 oz meat / 1/2 C veg  |              |               |       |                       |                   |            |             |         |
|                                   | Seasoned Pasta         | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Seasoned Cabbage       | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Biscuit 1/80           | 2 ea         |               |       |                       |                   |            |             |         |
|                                   | Margarine              | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Bread Pudding          | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Fortified Punch        | 1 pkg        |               |       |                       |                   |            |             |         |

Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_



**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

**HIGHLIGHT ALL PREP ITEMS**

**X - ALL PULLS**

Date: \_\_\_\_\_  
 Week: **WEEK 1**  
 Day: **THURSDAY**

**BREAKFAST SERVING WELLS AND TRAY**

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**LUNCH SERVING WELLS AND TRAY**

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| Work Assign.<br>(Cook's Initials) | Food Item              | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|------------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                        |                 |                  |       |                          |                      |               |                |         |
|                                   | Oatmeal/margarine      | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Bologna                | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Pancakes               | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Syrup                  | 1/4 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine              | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage  | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                        |                 |                  |       |                          |                      |               |                |         |
|                                   | Country Fried Beef     | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Catsup                 | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Home Fries             | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Baked Beans            | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Enriched Bread         | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   | Margarine              | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Rice Pudding           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage  | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                        |                 |                  |       |                          |                      |               |                |         |
|                                   | Chili con Carne        | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat/ 1/2 C beans |                 |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Rice          | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Combread               | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Coleslaw               | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine              | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake            | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch        | 1 pkg           |                  |       |                          |                      |               |                |         |

Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/18 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 1  
 Day: FRIDAY

| Work Assgn.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <i>Breakfast</i>                 |                       |                 |                  |       |                          |                      |               |                |         |
|                                  | Grits/margarine       | 10 oz           |                  |       |                          |                      |               |                |         |
|                                  | Breakfast Gravy       | 1 C             |                  |       |                          |                      |               |                |         |
|                                  | Turkey Sausage        | 1 oz            |                  |       |                          |                      |               |                |         |
|                                  | Biscuit 1/80          | 2 ea            |                  |       |                          |                      |               |                |         |
|                                  | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                  | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <i>Lunch</i>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                  | Meatballs             | 3 oz            |                  |       |                          |                      |               |                |         |
|                                  | gravy                 | 3 oz            |                  |       |                          |                      |               |                |         |
|                                  | Seasoned Pasta        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                  | Hot Bread             | 1/60            |                  |       |                          |                      |               |                |         |
|                                  | Coleslaw              | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                  | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                  | Cookies               | 2 EA            |                  |       |                          |                      |               |                |         |
|                                  | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <i>Dinner</i>                    |                       |                 |                  |       |                          |                      |               |                |         |
|                                  | Sausage               | 2 oz            |                  |       |                          |                      |               |                |         |
|                                  | seasoned Rice         | 1/2 c           |                  |       |                          |                      |               |                |         |
|                                  | Seasoned Pintos       | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                  | Seasoned Carrots      | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                  | Cornbread             | 1/60            |                  |       |                          |                      |               |                |         |
|                                  | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                  | Fresh Fruit           | 1 EA            |                  |       |                          |                      |               |                |         |
|                                  | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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Time meal is started: \_\_\_\_\_  
 Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Rev. Time meal is finished: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

4/14/16

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 1

Unit number

SATURDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET        | PREGNANCY with H.S. Snack             | NUTRITION SUPPORT with H.S. Snack | HEART HEALTHY (Low Fat/Chol/Salt)   | HIGH FIBER (+28 gms) | DENTAL/MECHANICAL (Chewing Problems) | RELIGIOUS (Ovo-Lacto Vegetarian) | NO CONCENTRATED SWEETS  | DIABETIC DIET PLAN Food Items | 1800 Calorie | 2200 Calorie | 2500 Calorie |
|----------------------------|---------------------------------------|-----------------------------------|---|----------------------|--------------------------------------|----------------------------------|---|-------------------------------|--------------|--------------|--------------|
| <b>BREAKFAST:</b>          |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
|                            | Vitamin C Fruit OR Juice<br>1 Serving |                                   | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat  | No Added Salt or Fat          |              |              |              |
| Grits/margarine            | 10 oz                                 | X                                 | X   | X                    | oatmeal                              | X                                | Plain-No Sugar  | Plain-No Sugar Cereal         | 1C           | 1/2C         | 1/2C         |
| Scrambled Eggs             | 3 oz                                  | X                                 | X   | 1/4 C                | X                                    | X                                | X   | Scrambled Egg                 | 3 oz         | 1/4 c        | X            |
| Oatmeal Breakfast Cake     | 1/80                                  | X                                 | X   | WW Bread             | WW Bread                             | X                                | ww bread  | ww bread                      | 1EA          | X            | 2 EA         |
| Jelly                      | 1 TBP                                 | X                                 | X   | X                    | X                                    | X                                | Diet Jelly  | Diet Jelly                    | 1EA          | X            | X            |
| Margarine                  | 1 TBP                                 | X                                 | X   | 1TSP                 | X                                    | X                                | 1TSP  | Margarine                     | 1 TSP        | X            | X            |
| Calcium Fort Beverage      | 1 pkg                                 | 2 c.milk                          | 2c milk   | X                    | X                                    | X                                | X   | Sugar Sub                     | 2EA          | X            | X            |
|                            |                                       |                                   |   |                      |                                      |                                  |   | RF Milk                       | 1C           | X            | X            |
| <b>TOTAL DIETS SERVED</b>  |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
| <b>LUNCH:</b>              |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
|                            |                                       |                                   | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat  | No Added Salt or Fat          |              |              |              |
| Chicken Patty              | 3 oz                                  | X                                 | X   | turkey ham 2 oz      | X                                    | CHOPPED                          | NO  | turkey ham                    | 2 oz         | 2 oz         | 2 oz         |
| Chicken Gravy              | 3 oz                                  | X                                 | X   | 1 TBP                | X                                    | X                                | 4 slices cheese   | Gravy                         | 1 TB         | 1 TB         | 1 TB         |
| Seasoned Rice              | 1/2 C                                 | X                                 | X   | LS LF rice           | X                                    | X                                | no  |                               |              |              |              |
| Biscuit 1/80               | 2 ea                                  | X                                 | X   | ww bread             | ww bread                             | X                                | 1 C vegetables  | rice                          | 1/3 c        | 1/3 c        | 2/3 c        |
| Coleslaw                   | 1/2 C                                 | X                                 | X   | DIET DRESSING        | X                                    | shredded lettuce/drag            | 1 C   | diet vegetables               | 1/2 C        | X            | X            |
| Margarine                  | 1 TBP                                 | X                                 | X   | 1 TSP                | X                                    | X                                | DIET DRESSING   | ww bread                      | 1            | 2            | 2            |
| Applesauce                 | 1/2 C                                 | X                                 | X   | FRUIT                | X                                    | X                                | 1 TSP   | salad/diet dressing           | 1/2 C        | X            | X            |
| Calcium Fort Beverage      | 1 pkg                                 | X                                 | X   | X                    | X                                    | X                                | FRUIT   | Margarine                     | 1 tsp        | X            | X            |
|                            |                                       |                                   |   |                      |                                      |                                  | Diet Beverage   | Fruit                         | 1 serv       | X            | X            |
|                            |                                       |                                   |   |                      |                                      |                                  |   | Diet Beverage                 | 1C           | X            | X            |
| <b>TOTAL DIETS SERVED</b>  |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
| <b>DINNER:</b>             |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
|                            |                                       |                                   | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat  | No Added Salt or Fat          |              |              |              |
| Beef Patty                 | 3 oz                                  | X                                 | X   | 2 OZ                 | X                                    | CHOPPED                          | NO  | beef patty                    | 2 oz         | 2 oz         | 3 oz         |
| gravy                      | 1/4 C                                 | X                                 | X   | 1 TBP                | X                                    | X                                | X   | Gravy                         | 1 TB         | 1 TB         | 1 TB         |
| Mashed potatoes            | 1/2 C                                 | X                                 | X   | plain potatoes       | X                                    | X                                | 1 C   | potatoes                      | 1/2 C        | 1/2 C        | 1 C          |
| Cabbage & Carrots          | 1/2 C                                 | X                                 | X   | LS LF cabb & carrots | X                                    | X                                | X   | cabbage & carrots             | 1 C          | X            | X            |
| Hot Bread                  | 1/60                                  | X                                 | X   | ww bread             | ww bread                             | X                                | X   | ww bread                      | 2 sl         | X            | X            |
|                            |                                       |                                   |   |                      |                                      |                                  | 1/2 C beans   |                               |              |              |              |
| Margarine                  | 1 TBP                                 | X                                 | X   | 1 TSP                | X                                    | X                                | 1 TSP   | Margarine                     | 1 TSP        | X            | X            |
| Brownie/glaze              | 1/60                                  | X                                 | X   | FRUIT                | X                                    | X                                | FRUIT   | Fruit                         | 1 SERV       | 1            | 2            |
| Fortified Punch            | 1 pkg                                 | Milk                              | X   | X                    | X                                    | X                                | Diet Beverage   | 2% MILK                       | 1C           | X            | X            |
| <b>TOTAL DIETS SERVED</b>  |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
| HOUR OF SLEEP              | Meat OR Cheese 2 OZ                   | Meat OR Cheese 2 OZ               | LF (low fat) / LS (low sodium) - cook with no added fat and no added salt |                      |                                      |                                  | DIET VEGETABLES ARE CARROTS, CABBAGE, GREEN BEANS, SQUASH, GREENS, TOMATOES | Meat and/or Cheese Bread      | 1 OZ         | X            | X            |
| SNACK MENU                 | Bread 2 SL                            | Bread 2 SL                        |   |                      |                                      |                                  |   | Mustard OR Catsup             | 2 SL         | X            | X            |
|                            | Condiment 1 PKT                       | Condiment 1 PKT                   |   |                      |                                      |                                  |   | Fresh Fruit                   | 1 PKT        | X            | X            |
|                            | Fresh Fruit 1 EA                      | Fresh Fruit 1 EA                  |   |                      |                                      |                                  |   |                               | 1 EA         | X            | X            |
|                            | Reduced Fat Milk 1 C                  | Reduced Fat Milk 1 C              |   |                      |                                      |                                  |   |                               |              |              |              |
| <b>TOTAL SNACKS SERVED</b> |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |



4/14/16

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 1

Unit number

SUNDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET         | PREGNANCY with H.S. Snack             | NUTRITION SUPPORT with H.S. Snack | HEART HEALTHY (Low Fat/Chol/Salt)   | HIGH FIBER (+28 gms) | DENTAL/MECHANICAL (Chewing Problems) | RELIGIOUS (Ovo-Lacto Vegetarian) | NO CONCENTRATED SWEETS  | DIABETIC DIET PLAN Food Items | 1800 Calorie | 2200 Calorie | 2500 Calorie |
|-----------------------------|---------------------------------------|-----------------------------------|---|----------------------|--------------------------------------|----------------------------------|---|-------------------------------|--------------|--------------|--------------|
| <b>BREAKFAST:</b>           |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
|                             | Vitamin C Fruit OR Juice<br>1 Serving |                                   | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat  | No Added Salt or Fat          |              |              |              |
|                             |                                       |                                   |   |                      |                                      |                                  |   | Vit C Fruit or Juice          | X            | X            | X            |
| Cornflakes 1 C              | X                                     | X                                 | X   | bran flakes          | X                                    | X                                | Plain-No Sugar  | Plain-No Sugar                | 1C           | 1/2C         | 1/2C X       |
| Turkey Ham 1 oz             | X                                     | X                                 | X   | X                    | Chopped                              | cheese or peanut butter          | X   | Pancake (4" DIAM)             | 2 ea         | 1 ea         | X X          |
| Pancakes 2 EA               | X                                     | X                                 | 1 EA  | X                    | X                                    | X                                | X   | Turkey Ham                    | 1OZ          | X            | 2 oz 2 oz    |
| Syrup 2 EA                  | X                                     | X                                 | X   | X                    | X                                    | X                                | Diet Syrup  | Diet Syrup PKT                | 1EA          | X            | X X          |
| Margarine 1 TBP             | X                                     | X                                 | 1TSP  | X                    | X                                    | X                                | NO  | NO                            |              |              |              |
| Sugar Sub 2 EA              | X                                     | X                                 | X   | X                    | X                                    | X                                | Sugar Sub 2EA   | Sugar Sub                     | 2EA          | X            | X X          |
| 2% Milk 1 C                 | 2 c milk                              | 2c milk                           | X   | X                    | X                                    | X                                | X   | RF Milk                       | 1C           | X            | X X          |
| <b>TOTAL DIETS SERVED</b>   |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
| <b>LUNCH:</b>               |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
|                             |                                       |                                   | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat  | No Added Salt or Fat          |              |              |              |
| Sloppy Joe 4 oz             | X                                     | X                                 | 2 OZ  | X                    | CHOPPED                              | NO                               | X   | sloppy joe                    |              | 3 oz         | 4 oz 4 oz    |
| 2 oz meat                   |                                       |                                   |   |                      |                                      |                                  |   | 4 slices cheese               |              |              |              |
| Catsup 1 TBP                | X                                     | X                                 | X   | X                    | X                                    | X                                | X   |                               |              |              |              |
| Home Fries 1/2 C            | X                                     | X                                 | baked home fries  | X                    | X                                    | 1 C                              | X   | corn                          |              | 1/3 c        | 1/3 c 2/3 c  |
| Seasoned Corn 1/2 C         | X                                     | X                                 | LS LF corn  | X                    | X                                    | 1 C                              | X   | diet vegetables               | 1 C          | X            | X X          |
| Bread 2 SL                  | X                                     | X                                 | ww bread  | ww bread             | X                                    | X                                | X   | ww bread                      |              | 1            | 2 2          |
|                             |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
| Glazed Cake 1/80            | X                                     | X                                 | FRUIT   | X                    | X                                    | X                                | FRUIT   | Margarine                     | 1 tsp        | X            | X X          |
| Calcium Fort Beverage 1 pkg | X                                     | X                                 | X   | X                    | X                                    | X                                | Diet Beverage   | Fruit                         | 1 serv       | X            | X 2          |
|                             |                                       |                                   |   |                      |                                      |                                  |   | Diet Beverage                 | 1C           | X            | X X          |
| <b>TOTAL DIETS SERVED</b>   |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
| <b>DINNER:</b>              |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
|                             |                                       |                                   | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat  | No Added Salt or Fat          |              |              |              |
| Turkey & Noodles 8 oz       | X                                     | X                                 | 6 oz  | X                    | CHOPPED                              | NO                               | X   | turkey & noodles              |              | 3/4 C        | 3/4 C 1 C    |
| 2 oz meat                   |                                       |                                   |   |                      |                                      |                                  |   | 1 C noodles                   |              |              |              |
| Pinto Beans 1/2 C           | X                                     | X                                 | LS LF pinto beans   | X                    | X                                    | 1 C                              | X   |                               |              |              |              |
| Mixed Greens 1/2 C          | X                                     | X                                 | LS LF mixed greens  | X                    | X                                    | 1 C                              | X   | mbxd greens                   | 1 C          | X            | X X          |
| Cornbread 1/80              | X                                     | X                                 | ww bread  | ww bread             | X                                    | X                                | bread   | ww bread                      | 2 sl         | X            | X X          |
|                             |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
| Margarine 1 TBP             | X                                     | X                                 | 1 TSP   | X                    | X                                    | X                                | 1 TSP   | Margarine                     | 1 TSP        | X            | X X          |
| Glazed Cake 1/80            | X                                     | X                                 | FRUIT   | X                    | X                                    | X                                | FRUIT   | Fruit                         | 1 SERV       | 1            | 2 2          |
| Fortified Punch 1 pkg       | Milk                                  | X                                 | X   | X                    | X                                    | X                                | Diet Beverage   | 2% MILK                       | 1C           | X            | X X          |
|                             |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
| <b>TOTAL DIETS SERVED</b>   |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |
| <b>HOURL OF SLEEP</b>       | Meat OR Cheese 2 OZ                   | Meat OR Cheese 2 OZ               | LF (low fat) / LS (low sodium) - cook with no added fat and no added salt |                      |                                      |                                  | DIET VEGETABLES ARE CARROTS, CABBAGE, GREEN BEANS, SQUASH, GREENS, TOMATOES | Meat and/or Cheese            | 1 OZ         | X            | X X          |
| <b>SNACK MENU</b>           | Bread 2 SL                            | Bread 2 SL                        |   |                      |                                      |                                  |   | Bread                         | 2 SL         | X            | X X          |
|                             | Condiment 1 PKT                       | Condiment 1 PKT                   |   |                      |                                      |                                  |   | Mustard OR Catsup             | 1 PKT        | X            | X X          |
|                             | Fresh Fruit 1 EA                      | Fresh Fruit 1 EA                  |   |                      |                                      |                                  |   | Fresh Fruit                   | 1 EA         | X            | X X          |
|                             | Reduced Fat Milk 1 C                  | Reduced Fat Milk 1 C              |   |                      |                                      |                                  |   |                               |              |              |              |
| <b>TOTAL SNACKS SERVED</b>  |                                       |                                   |   |                      |                                      |                                  |   |                               |              |              |              |

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 1

Unit number

MONDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET                  | PREGNANCY with H.S. Snack  | NUTRITION SUPPORT with H.S. Snack  | HEART HEALTHY (Low Fat/Chol/Salt)  | HIGH FIBER (+28 gms) | DENTAL/MECHANICAL (Chewing Problems) | RELIGIOUS (Ovo-Lacto Vegetarian)      | NO CONCENTRATED SWEETS | DIABETIC DIET PLAN Food Items   | 1805 Calorie  | 2200 Calorie                  | 2500 Calorie     |                  |                  |
|--------------------------------------|--|--|--|----------------------|--------------------------------------|---------------------------------------|------------------------|---|---|-------------------------------|------------------|------------------|------------------|
| <b>BREAKFAST:</b>                    | Vitamin C Fruit OR Juice<br>1 Serving  |  | No Added Salt or Fat   |                      | "No Chewing" Foods                   | No Meat Products                      | No Added Salt or Fat   | No Added Salt or Fat<br>Vit C Fruit or Juice                                |   |                               |                  |                  |                  |
| Grits/margarine 10 oz                | X  |  | X  | oatmeal              | X                                    | X                                     | Plain-No Sugar         | Plain - No Sugar  | 1/2C  | X                             | X                | X                |                  |
| Breakfast Gravy 1 C                  | X  | X  | X  | X                    | X                                    | X                                     | X                      | Turkey Ham  | 1 OZ  | X                             | 2 OZ             | 2 OZ             |                  |
| Turkey Sausage 1 oz                  | X  | X  | Turkey ham   | X                    | Chopped                              | cheese or peanut butter               | X                      | Biscuit   | 2 EA  | 1 EA                          | X                | X                |                  |
| Biscuit 1/80 2 ea                    | X  | X  | WW Bread   | WW Bread             | X                                    | X                                     | X                      | Diet Jelly  | 1EA   | X                             | X                | X                |                  |
| Margarine 1 TBP                      | X  | X  | 1TSP   | X                    | X                                    | X                                     | 1TSP                   | Sugar Sub   |   | X                             | X                | X                |                  |
| Calcium Fort Beverage 1 pkg          | 2 c milk   | 2c milk  | X  | X                    | X                                    | X                                     | X                      | RF Milk   | 1C  | X                             | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>            |  |  |  |                      |                                      |                                       |                        |   |   |                               |                  |                  |                  |
| <b>LUNCH:</b>                        |  |  | No Added Salt or Fat   |                      | "No Chewing" Foods                   | No Meat Products                      | No Added Salt or Fat   | No Added Salt or Fat  |   |                               |                  |                  |                  |
| Turkey Ham & Beans 8 oz<br>2 oz meat | X  | X  | 6 oz   | X                    | CHOPPED                              | NO                                    | X                      | turkey ham & beans  |   | 3/4 C                         | 3/4 C            | 1 C              |                  |
| Seasoned Rice 1/2 C                  | X  | X  | LS LF rice   | X                    | X                                    | 1 C beans                             | X                      |   |   |                               |                  |                  |                  |
| Combread 1/60                        | X  | X  | ww bread   | ww bread             | X                                    | X                                     | bread                  | diet vegetables<br>ww bread   | 1/2 C   | X                             | X                | X                |                  |
| Coleslaw 1/2 C                       | X  | X  | salad/diet dressing  | X                    | shredded lettuce/drsq                | 1 C                                   | salad/diet dressing    | salad/diet dressing   | 1/2 C   | X                             | X                | 1 C              |                  |
| Margarine 1 TBP                      | X  | X  | 1 TSP  | X                    | X                                    | X                                     | 1 TSP                  | Margarine   | 1 tsp   | X                             | X                | X                |                  |
| Glazed Cake 1/60                     | X  | X  | FRUIT  | X                    | X                                    | X                                     | FRUIT                  | Fruit   | 1 serv  | X                             | X                | 2                |                  |
| Calcium Fort Beverage 1 pkg          | X  | X  | X  | X                    | X                                    | X                                     | Diet Beverage          | Diet Beverage   | 1C  | X                             | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>            |  |  |  |                      |                                      |                                       |                        |   |   |                               |                  |                  |                  |
| <b>DINNER:</b>                       |  |  | No Added Salt or Fat   |                      | "No Chewing" Foods                   | No Meat Products                      | No Added Salt or Fat   | No Added Salt or Fat  |   |                               |                  |                  |                  |
| Spaghetti Sauce 4 oz<br>2 oz meat    | X  | X  | 2 OZ   | X                    | CHOPPED                              | NO                                    | X                      | spaghetti sauce   |   | 3 oz                          | 4 oz             | 4 oz             |                  |
| Spaghetti Noodles 1 C                | X  | X  | X  | X                    | X                                    | 4 slices cheese<br>1 C / tomato sauce | X                      | spaghetti noodles   |   | 2/3 C                         | 2/3 C            | 1 1/3 C          |                  |
| Green Beans 1/2 C                    | X  | X  | LS LF green beans  | X                    | X                                    | 1 C                                   | X                      | green beans   | 1 C   | X                             | X                | X                |                  |
| Garlic Bread 2 SL                    | X  | X  | ww bread   | ww bread             | X                                    | X                                     | bread                  | ww bread  | 1 sl  | X                             | X                | X                |                  |
|                                      |  |  |  |                      |                                      | 1 C salad/dressing                    |                        |   |   |                               |                  |                  |                  |
| Cookies 2 EA                         | X  | X  | FRUIT  | X                    | plain cookies                        | X                                     | FRUIT                  | Margarine   | 1 TSP   | X                             | X                | X                |                  |
| Fortified Punch 1 pkg                | Milk   | X  | X  | X                    | X                                    | X                                     | Diet Beverage          | Fruit   | 1 SERV  | 1                             | 2                | 2                |                  |
|                                      |  |  |  |                      |                                      |                                       |                        | 2% MILK   | 1C  | X                             | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>            |  |  |  |                      |                                      |                                       |                        |   |   |                               |                  |                  |                  |
| <b>SNACK MENU</b>                    | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | LF (low fat) / LS (low sodium) -- cook with no added fat and no added salt |                      |                                      |                                       |                        | DIET VEGETABLES ARE CARROTS, CABBAGE, GREEN BEANS, SQUASH, GREENS, TOMATOES | Meat and/or Cheese<br>Bread<br>Mustard OR Catsup<br>Fresh Fruit | 1 OZ<br>2 SL<br>1 PKT<br>1 EA | X<br>X<br>X<br>X | X<br>X<br>X<br>X | X<br>X<br>X<br>X |

4/14/18

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 1

Unit number

TUESDAY  
SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET                 | PREGNANCY<br>With H.S. Snack                                | NUTRITION SUPPORT<br>with H.S. Snack                        | HEART HEALTHY<br>(Low Fat/Chol/Salt)                                       | HIGH FIBER<br>(+28 grms) | DENTAL/MECHANICAL<br>(Chewing Problems) | RELIGIOUS<br>(Ovo-Lacto Vegetarian) | NO CONCENTRATED<br>SWEETS | DIABETIC DIET PLAN<br>Food Items  | 1800<br>Calorie         | 2200<br>Calorie | 2500<br>Calorie |   |
|-------------------------------------|---|---|--|--------------------------|---|-------------------------------------|---------------------------|---|-------------------------|-----------------|-----------------|---|
| <b>BREAKFAST:</b>                   |   |   |  |                          |   |                                     |                           |   |                         |                 |                 |   |
|                                     | Vitamin C Fruit OR<br>Juice<br>1 Serving                    |   | No Added Salt or Fat   |                          | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat  |                         |                 |                 |   |
| Comflakes 1 C                       | X   | X   | X  | bran flakes              | X                                       | X                                   | Plain-No Sugar            | Vit C Fruit or Juice<br>1/2C  | X                       | X               | X               |   |
| Potato & Eggs 1/2 C                 | X   | X   | X  | X                        | X                                       | X                                   | X                         | Hard Boiled Egg 1EA   | X                       | 2 EA            | 2EA             |   |
| Crumb Cake 1/80                     | X   | X   | WW Bread   | WW Bread                 | X                                       | X                                   | ww bread                  | ww bread 1EA  | X                       | 2EA             | 2EA             |   |
| Jelly 1 TBP                         | X   | X   | X  | X                        | X                                       | X                                   | Diet Jelly                | Diet Jelly 1PKT   | X                       | X               | X               |   |
| Margarine 1 TBP                     | X   | X   | 1TSP   | X                        | X                                       | X                                   | 1TSP                      | Margarine 1TSP  | X                       | X               | X               |   |
| Sugar Sub 2 EA                      | X   | X   | X  | X                        | X                                       | X                                   | Sugar Sub 2EA             | Sugar Sub 2EA   | X                       | X               | X               |   |
| 2% Milk 1 C                         | 2 c milk  | 2c milk   | X  | X                        | X                                       | X                                   | X                         | RF Milk 1C  | X                       | X               | X               |   |
| <b>TOTAL DIETS SERVED</b>           |   |   |  |                          |   |                                     |                           |   |                         |                 |                 |   |
| <b>LUNCH:</b>                       |   |   |  |                          |   |                                     |                           |   |                         |                 |                 |   |
|                                     |   |   | No Added Salt or Fat   |                          | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat  |                         |                 |                 |   |
| Spanish rice/meat 7 oz<br>2 oz meat | X   | X   | 6 oz   | X                        | CHOPPED                                 | NO                                  | X                         | Spanish Rice/meat 3/4 c   | 3/4 c                   | 3/4 c           | 1 c             |   |
| Seasoned Carrots 1/2 C              | X   | X   | LF LS CARROTS  | X                        | X                                       | 4 slices cheese<br>Rice/sauce 1 c   | X                         |   |                         |                 |                 |   |
| Bread 2 SL                          | X   | X   | ww bread   | ww bread                 | X                                       | 1 C                                 | X                         | carrots 1 c   | X                       | X               | X               |   |
|                                     |   |   |  |                          |   |                                     |                           | ww bread 1  | 1                       | 2               | 2               |   |
|                                     |   |   |  |                          |   |                                     |                           |   |                         |                 |                 |   |
| Cookies 2 EA                        | X   | X   | FRUIT  | X                        | plain cookies                           | X                                   | FRUIT                     | Margarine 1 tsp   | X                       | X               | X               |   |
| Calcium Fort Beverage 1 pkg         | X   | X   | X  | X                        | X                                       | X                                   | Diet Beverage             | Fruit 1 serv  | X                       | X               | 2               |   |
|                                     |   |   |  |                          |   |                                     |                           | Diet Beverage 1C  | X                       | X               | X               |   |
| <b>TOTAL DIETS SERVED</b>           |   |   |  |                          |   |                                     |                           |   |                         |                 |                 |   |
| <b>DINNER:</b>                      |   |   |  |                          |   |                                     |                           |   |                         |                 |                 |   |
|                                     |   |   | No Added Salt or Fat   |                          | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat  |                         |                 |                 |   |
| Meatloaf 3 oz                       | X   | X   | 2 OZ   | X                        | CHOPPED                                 | NO                                  | X                         | meatloaf 2 oz   | 2 oz                    | 2 oz            | 3 oz            |   |
| gravy 3 oz                          | X   | X   | 1 TBP  | X                        | X                                       | NO                                  | X                         | Gravy 1TB   | 1TB                     | 1TB             | 1TB             |   |
| Mashed Potatoes 1/2 C               | X   | X   | LS LF potatoes   | X                        | X                                       | 1 C                                 | X                         | navy beans 1/3 c  | 1/3 c                   | 1/3 c           | 2/3 c           |   |
| Navy Beans 1/2 C                    | X   | X   | LS LF navy beans   | X                        | X                                       | 1 C                                 | X                         | diet vegetables 1 C   | X                       | X               | X               |   |
| Hot Bread 1/60                      | X   | X   | ww bread   | ww bread                 | X                                       | X                                   | X                         | ww bread 2 sl   | X                       | X               | X               |   |
|                                     |   |   |  |                          |   |                                     |                           |   |                         |                 |                 |   |
|                                     |   |   |  |                          |   |                                     |                           |   |                         |                 |                 |   |
| Margarine 1 TBP                     | X   | X   | 1 TSP  | X                        | X                                       | X                                   | 1 TSP                     | Margarine 1 TSP   | X                       | X               | X               |   |
| Pudding 1/2 C                       | X   | X   | FRUIT  | X                        | X                                       | X                                   | FRUIT                     | Fruit 1 SERV  | 1                       | 2               | 2               |   |
| Fortified Punch 1 pkg               | Milk  | X   | X  | X                        | X                                       | X                                   | Diet Beverage             | 2% MILK 1C  | X                       | X               | X               |   |
| <b>TOTAL DIETS SERVED</b>           |   |   |  |                          |   |                                     |                           |   |                         |                 |                 |   |
| <b>HOURLY SLEEP</b>                 | Meat OR Cheese 2 OZ<br>Bread 2 SL                           | Meat OR Cheese 2 OZ<br>Bread 2 SL                           | LF (low fat) / LS (low sodium) -- cook with no added fat and no added salt |                          |   |                                     |                           | DIET VEGETABLES ARE CARROTS, CABBAGE, GREEN BEANS, SQUASH, GREENS, TOMATOES | Meat and/or Cheese 1 OZ | X               | X               | X |
| <b>SNACK MENU</b>                   | Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C |  |                          |   |                                     |                           | Bread 2 SL<br>Mustard OR Catsup 1 PKT<br>Fresh Fruit 1 EA                   | X                       | X               | X               | X |



Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 1

Unit number

WEDNESDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET                     | PREGNANCY with H.S. Snack                                   | NUTRITION SUPPORT with H.S. Snack                           | HEART HEALTHY (Low Fat/Chol/Salt)  | HIGH FIBER (+28 gms) | DENTAL/MECHANICAL (Chewing Problems) | RELIGIOUS (Ovo-Lacto Vegetarian) | NO CONCENTRATED SWEETS | DIABETIC DIET PLAN Food Items  | 1800 Calorie                     | 2200 Calorie  | 2500 Calorie |        |        |
|---|---|---|--|----------------------|--------------------------------------|----------------------------------|------------------------|--|----------------------------------|---------------|--------------|--------|--------|
| <b>BREAKFAST:</b>                       | Vitamin C Fruit OR Juice<br>1 Serving                       |   | No Added Salt or Fat   |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat<br>Vit C Fruit or Juice   | 1/2C                             | X             | X            | X      |        |
| Grits/margarine 10 oz                   | X   | X   | X  | oatmeal              | X                                    | X                                | Plain-No Sugar         | Plain - No Sugar   | 1 C                              | 1/2C          | 1/2 c        | X      |        |
| Grilled Potatoes 1/2 C                  | X   | X   | X  | X                    | X                                    | X                                | X                      | Turkey Ham   | 10Z                              | X             | 2 OZ         | 2 OZ   |        |
| Turkey Ham 1 oz                         | X   | X   | X  | X                    | Chopped                              | cheese or peanut butter          | X                      |  |                                  |               |              |        |        |
| Oatmeal Breakfast Cake 1/80             | X   | X   | WW Bread   | WW Bread             | X                                    | X                                | ww bread               | ww bread   | 2 EA                             | 1 EA          | X            | X      |        |
| Jelly 1 TBP                             | X   | X   | X  | X                    | X                                    | X                                | Diet Jelly             | Diet Jelly   | 1EA                              | X             | X            | X      |        |
| Margarine 1 TBP                         | X   | X   | 1TSP   | X                    | X                                    | X                                | 1TSP                   | Margarine  | 1TSP                             | X             | X            | X      |        |
| Calcium Fort Beverage 1 pkg             | 2 c milk  | 2c milk   | X  | X                    | X                                    | X                                | X                      | Sugar Sub<br>RF Milk   | 1C                               | X             | X            | X      |        |
| <b>TOTAL DIETS SERVED</b>               |   |   |  |                      |                                      |                                  |                        |  |                                  |               |              |        |        |
| <b>LUNCH:</b>                           |   |   | No Added Salt or Fat   |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat   |                                  |               |              |        |        |
| Turkey Tetrazzini 8 oz<br>2 oz meat     | X   | X   | 6 oz   | X                    | CHOPPED                              | NO                               | X                      | turkey tetrazzini  | 3/4 C                            | 3/4 C         | 1 C          |        |        |
|   |   |   |  |                      |                                      | 1 C vegetables                   |                        |  |                                  |               |              |        |        |
| Seasoned Pintos 1/2 C                   | X   | X   | LS LF pinto  | X                    | X                                    | 1 C                              | X                      | diet vegetable   | 1/2 C                            | X             | X            | X      |        |
| Cornbread 1/80                          | X   | X   | ww bread   | ww bread             | X                                    | X                                | bread                  | ww bread   | 1                                | 2             | 2            |        |        |
| Coleslaw 1/2 C                          | X   | X   | DIET DRESSING  | X                    | shredded lettuce/drsng               | 1 C                              | DIET DRESSING          | salad/diet dressing  | 1/2 C                            | X             | X            | 1 C    |        |
| Margarine 1 TBP                         | X   | X   | 1 TSP  | X                    | X                                    | X                                | 1 TSP                  | Margarine  | 1 tsp                            | X             | X            | X      |        |
| Brownie/glaze 1/80                      | X   | X   | FRUIT  | X                    | X                                    | X                                | FRUIT                  | Fruit  | 1 serv                           | X             | X            | 2      |        |
| Calcium Fort Beverage 1 pkg             | X   | X   | X  | X                    | X                                    | X                                | Diet Beverage          | Diet Beverage  | 1C                               | X             | X            | X      |        |
| <b>TOTAL DIETS SERVED</b>               |   |   |  |                      |                                      |                                  |                        |  |                                  |               |              |        |        |
| <b>DINNER:</b>                          |   |   | No Added Salt or Fat   |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat   |                                  |               |              |        |        |
| Meat Stew 8 oz<br>2 oz meat / 1/2 C veg | X   | X   | 6 oz   | X                    | CHOPPED                              | NO                               | X                      | meat stew  | 3/4 C                            | 3/4 C         | 1 C          |        |        |
|   |   |   |  |                      |                                      | 4 slices cheese                  |                        |  |                                  |               |              |        |        |
| Seasoned Pasta 1/2 C                    | X   | X   | LS LF pasta  | X                    | X                                    | 1 C                              | X                      | pasta  | 1/3 c                            | 1/3 c         | 2/3 c        |        |        |
| Seasoned Cabbage 1/2 C                  | X   | X   | LS LF cabbage  | X                    | X                                    | 1 C                              | X                      | cabbage  | 1 C                              | X             | X            | X      |        |
| Biscuit 1/80 2 ea                       | X   | X   | ww bread   | ww bread             | X                                    | X                                | bread                  | ww bread   | 2 sl                             | X             | X            | X      |        |
|   |   |   |  |                      |                                      |                                  |                        |  |                                  |               |              |        |        |
| Margarine 1 TBP                         | X   | X   | 1 TSP  | X                    | X                                    | X                                | 1 TSP                  | Margarine  | 1 TSP                            | X             | X            | X      |        |
| Bread Pudding 1/2 C                     | X   | X   | FRUIT  | X                    | X                                    | X                                | FRUIT                  | Fruit  | 1 SERV                           | 1             | 2            | 2      |        |
| Fortified Punch 1 pkg                   | Milk  | X   | X  | X                    | X                                    | X                                | Diet Beverage          | 2% MILK  | 1C                               | X             | X            | X      |        |
| <b>TOTAL DIETS SERVED</b>               |   |   |  |                      |                                      |                                  |                        |  |                                  |               |              |        |        |
| <b>HOURLY OF SLEEP</b>                  | Meat OR Cheese 2 OZ<br>Bread 2 SL                           | Meat OR Cheese 2 OZ<br>Bread 2 SL                           |  |                      |                                      |                                  |                        | DIET VEGETABLES ARE<br>CARROTS, CABBAGE,<br>GREEN BEANS, SQUASH,<br>GREENS, TOMATOES | Meat and/or Cheese<br>Bread      | 1 OZ<br>2 SL  | X<br>X       | X<br>X | X<br>X |
| <b>SNACK MENU</b>                       | Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | LF (low fat) / LS (low sodium) -- cook with no added fat and no added salt |                      |                                      |                                  |                        |  | Mustard OR Catsup<br>Fresh Fruit | 1 PKT<br>1 EA | X<br>X       | X<br>X | X<br>X |



4/14/16

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 1

Unit number

FRIDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET         | PREGNANCY with H.S. Snack  | NUTRITION SUPPORT with H.S. Snack  | HEART HEALTHY (Low Fat/Chol/Salt)  | HIGH FIBER (>28 gms) | DENTAL/MECHANICAL (Chewing Problems) | RELIGIOUS (Ovo-Lacto Vegetarian) | NO CONCENTRATED SWEETS  | DIABETIC DIET PLAN Food Items                                   | 1800 Calorie                  | 2200 Calorie     | 2500 Calorie     |                  |
|-----------------------------|--|--|--|----------------------|--------------------------------------|----------------------------------|---|---|-------------------------------|------------------|------------------|------------------|
| <b>BREAKFAST:</b>           | Vitamin C Fruit OR Juice<br>1 Serving  |  | No Added Salt or Fat   |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat  | No Added Salt or Fat  |                               |                  |                  |                  |
| Grits/margarine 10 oz       | X  | X  | X  | oatmeal              | X                                    | X                                | Plain-No Sugar  | Vit C Fruit or Juice  | 1/2C                          | X                | X                |                  |
| Breakfast Gravy 1 C         | X  | X  | X  |                      | X                                    | X                                | X   | Turkey Ham  | 1OZ                           | X                | 2 OZ             |                  |
| Turkey Sausage 1 oz         | X  | X  | X  | Turkey ham           | X                                    | cheese or peanut butter          | X   | Biscuit   | 2 EA                          | 1 EA             | X                |                  |
| Biscuit 1/80 2 ea           | X  | X  | X  | WW Bread             | WW Bread                             | X                                | X   | Diet Jelly  | 1EA                           | X                | X                |                  |
| Margarine 1 TBP             | X  | X  | 1TSP   | X                    | X                                    | X                                | 1TSP  | Sugar Sub   |                               | X                | X                |                  |
| Calcium Fort Beverage 1 pkg | 2 c milk   | 2c milk  | X  | X                    | X                                    | X                                | X   | RF Milk   | 1C                            | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>   |  |  |  |                      |                                      |                                  |   |   |                               |                  |                  |                  |
| <b>LUNCH:</b>               |  |  | No Added Salt or Fat   |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat  | No Added Salt or Fat  |                               |                  |                  |                  |
| Meatballs 3 oz              | X  | X  | 2 OZ   | X                    | CHOPPED                              | NO                               | X   | meatballs   | 2 oz                          | 2 oz             | 2 oz             |                  |
| Gravy 3 oz                  | X  | X  | 1 TBP  | X                    | X                                    | 4 slices cheese                  | X   | Gravy   | 1 TB                          | 1 TB             | 1 TB             |                  |
| Seasoned Pasta 1/2 C        | X  | X  | LS LF pasta  | X                    | X                                    | 1 C                              | X   | pasta   | 1/3 c                         | 1/3 c            | 2/3 c            |                  |
| Hot Bread 1/60              | X  | X  | ww bread   | ww bread             | X                                    | 1 C vegetables                   | X   | diet vegetables   | 1/2 C                         | X                | X                |                  |
| Coleslaw 1/2 C              | X  | X  | DIET DRESSING  | X                    | shredded lettuce/drsng               | 1 C                              | DIET DRESSING   | ww bread  | 1                             | 2                | 2                |                  |
| Margarine 1 TBP             | X  | X  | 1 TSP  | X                    | X                                    | X                                | 1 TSP   | salad/diet dressing   | 1/2 C                         | X                | X                |                  |
| Cookies 2 EA                | X  | X  | FRUIT  | X                    | plain cookies                        | X                                | FRUIT   | Margarine   | 1 tsp                         | X                | X                |                  |
| Calcium Fort Beverage 1 pkg | X  | X  | X  | X                    | X                                    | X                                | Diet Beverage   | Fruit   | 1 serv                        | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>   |  |  |  |                      |                                      |                                  |   | Diet Beverage   | 1C                            | X                | X                |                  |
| <b>DINNER:</b>              |  |  | No Added Salt or Fat   |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat  | No Added Salt or Fat  |                               |                  |                  |                  |
| Sausage 2 oz                | X  | X  | 2 oz   | X                    | CHOPPED                              | NO                               | X   | Sausage   | 2 oz                          | 2 oz             | 3 oz             |                  |
| Seasoned Rice 1/2 c         | X  | X  | LF LS RICE   | X                    | X                                    | 1 C                              | X   |   |                               |                  |                  |                  |
| Seasoned Pintos 1/2 C       | X  | X  | LS LF pintos   | X                    | X                                    | 1 C                              | X   | pinto beans   | 1/3 c                         | 1/3 c            | 2/3 c            |                  |
| Seasoned Carrots 1/2 C      | X  | X  | LS LF carrots  | X                    | X                                    | 1 C                              | X   | carrots   | 1 C                           | X                | X                |                  |
| Combread 1/60               | X  | X  | ww bread   | ww bread             | X                                    | X                                | bread   | ww bread  | 2 sl                          | X                | X                |                  |
| Margarine 1 TBP             | X  | X  | 1 TSP  | X                    | X                                    | X                                | 1 TSP   | Margarine   | 1 TSP                         | X                | X                |                  |
| Fresh Fruit 1 EA            | X  | X  | FRUIT  | X                    | canned fruit                         | X                                | FRUIT   | Fruit   | 1 SERV                        | 1                | 2                |                  |
| Fortified Punch 1 pkg       | Milk   | X  | X  | X                    | X                                    | X                                | Diet Beverage   | 2% MILK   | 1C                            | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>   |  |  |  |                      |                                      |                                  |   |   |                               |                  |                  |                  |
| <b>SNACK MENU</b>           | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | LF (low fat) / LS (low sodium) -- cook with no added fat and no added salt |                      |                                      |                                  | DIET VEGETABLES ARE CARROTS, CABBAGE, GREEN BEANS, SQUASH, GREENS, TOMATOES | Meat and/or Cheese<br>Bread<br>Mustard OR Catsup<br>Fresh Fruit | 1 OZ<br>2 SL<br>1 PKT<br>1 EA | X<br>X<br>X<br>X | X<br>X<br>X<br>X | X<br>X<br>X<br>X |

**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

MENU DATE: 4/14/16    B    L    D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: **WEEK 2**  
 Day: **SATURDAY**

**BREAKFAST SERVING WELLS AND TRAY**

|  |  |  |  |  |
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**LUNCH SERVING WELLS AND TRAY**

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| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Grits/margarine       | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Turkey Sausage        | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Pancakes              | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Syrup                 | 1/4 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Grilled Turkey Ham    | 2 oz            |                  |       |                          |                      |               |                |         |
|                                   | Cheese                | 1 SL            |                  |       |                          |                      |               |                |         |
|                                   | Baked Beans           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Enriched Bread        | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   | Potato Salad          | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey & Noodles      | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Carrots      | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80          | 1 ea            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

Time meal is started: \_\_\_\_\_ Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: \_\_\_\_\_ Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 2  
 Day: SUNDAY

| Work Assign.<br>(Cook's Initials) | Food Item             | Portion Size | Recipe Number | Yield | Raw Quantity Required | ITEMS SUBSTITUTED | BEGIN TEMP | ENDING TEMP | Costing |
|-----------------------------------|-----------------------|--------------|---------------|-------|-----------------------|-------------------|------------|-------------|---------|
| <b>Breakfast</b>                  |                       |              |               |       |                       |                   |            |             |         |
|                                   | Oatmeal/margarine     | 10 oz        |               |       |                       |                   |            |             |         |
|                                   | Scrambled Eggs        | 3 oz         |               |       |                       |                   |            |             |         |
|                                   | Biscuit 1/80          | 2 ea         |               |       |                       |                   |            |             |         |
|                                   | Jelly                 | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Margarine             | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Calcium Fort Beverage | 1 pkg        |               |       |                       |                   |            |             |         |
| <b>Lunch</b>                      |                       |              |               |       |                       |                   |            |             |         |
|                                   | Beef Patty            | 3 oz         |               |       |                       |                   |            |             |         |
|                                   | Mustard/Catsup        | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Sauteed Onions        | 1/4 C        |               |       |                       |                   |            |             |         |
|                                   | Home Fries            | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Enriched Bread        | 2 SL         |               |       |                       |                   |            |             |         |
|                                   | Macaroni Salad        | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Glazed Cake           | 1/60         |               |       |                       |                   |            |             |         |
|                                   | Calcium Fort Beverage | 1 pkg        |               |       |                       |                   |            |             |         |
| <b>Dinner</b>                     |                       |              |               |       |                       |                   |            |             |         |
|                                   | Chicken Patty         | 3 oz         |               |       |                       |                   |            |             |         |
|                                   | Cream Gravy           | 3 oz         |               |       |                       |                   |            |             |         |
|                                   | Mashed Potatoes       | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Seasoned Corn         | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Combread              | 1/60         |               |       |                       |                   |            |             |         |
|                                   | Margarine             | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Bread Pudding         | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Fortified Punch       | 1 pkg        |               |       |                       |                   |            |             |         |

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

**HIGHLIGHT ALL PREP ITEMS**

**X - ALL PULLS**

Date: \_\_\_\_\_  
 Week: **WEEK 2**  
 Day: **MONDAY**

| Work Assgn.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                 |                       |                 |                  |       |                          |                      |               |                |         |
|                                  | Grits/margarine       | 10 oz           |                  |       |                          |                      |               |                |         |
|                                  | Potatoes & Eggs       | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                  | Turkey Bologna        | 1 oz            |                  |       |                          |                      |               |                |         |
|                                  | Crumb Cake            | 1/60            |                  |       |                          |                      |               |                |         |
|                                  | Jelly                 | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                  | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                  | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                  | Meat Stroganoff       | 8 oz            |                  |       |                          |                      |               |                |         |
|                                  | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                  | Seasoned Rice         | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                  | Mixed Vegetables      | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                  | Cornbread             | 1/60            |                  |       |                          |                      |               |                |         |
|                                  | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                  | Glazed Cake           | 1/60            |                  |       |                          |                      |               |                |         |
|                                  | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                    |                       |                 |                  |       |                          |                      |               |                |         |
|                                  | Chicken Spaghetti     | 8 oz            |                  |       |                          |                      |               |                |         |
|                                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                  | Green Beans           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                  | Hot Bread             | 1/60            |                  |       |                          |                      |               |                |         |
|                                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                  | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                  | Cookies               | 2 EA            |                  |       |                          |                      |               |                |         |
|                                  | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

**BREAKFAST SERVING WELLS AND TRAY**

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**LUNCH SERVING WELLS AND TRAY**

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Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_



MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 2  
 Day: TUESDAY

| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Cornflakes            | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Grilled Potatoes      | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Turkey Ham            | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Bread                 | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   | Jelly                 | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Sugar Packet          | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | 2 % Milk              | 1 C             |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Meat & Spanish Rice   | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Ranch Beans           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Combread              | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Coleslaw              | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Fresh Fruit           | 1 EA            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Swedish Meatballs     | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Pasta        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Northern Beans        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/60          | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Brownie/glaze         | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

**HIGHLIGHT ALL PREP ITEMS**

**X - ALL PULLS**

Date: \_\_\_\_\_  
 Week: **WEEK 2**  
 Day: **WEDNESDAY**

**BREAKFAST SERVING WELLS AND TRAY**

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**LUNCH SERVING WELLS AND TRAY**

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| Work Assign.<br>(Cook's Initials) | Food Item                       | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|---------------------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                                 |                 |                  |       |                          |                      |               |                |         |
|                                   | Grts/margarine                  | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Breakfast Gravy                 | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Turkey Sausage                  | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80                    | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   |                                 |                 |                  |       |                          |                      |               |                |         |
|                                   | Margarine                       | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage           | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                                 |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey ham l beans<br>2 oz meat | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | Carrots                         | 1/2 c           |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Rice                   | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80                    | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   |                                 |                 |                  |       |                          |                      |               |                |         |
|                                   | Margarine                       | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Brownie/glaze                   | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage           | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                                 |                 |                  |       |                          |                      |               |                |         |
|                                   | Chili Mac<br>2 oz meat          | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   |                                 |                 |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Carrots                | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Cornbread                       | 1/60            |                  |       |                          |                      |               |                |         |
|                                   |                                 |                 |                  |       |                          |                      |               |                |         |
|                                   | Coleslaw                        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine                       | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake                     | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch                 | 1 pkg           |                  |       |                          |                      |               |                |         |

Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 2  
 Day: THURSDAY

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
|                                   | <b>Breakfast</b>      |                 |                  |       |                          |                      |               |                |         |
|                                   | Cornflakes            | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Turkey Ham            | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Pancakes              | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Syrup                 | 1/4 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Sugar Packet          | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | 2 % Milk              | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | <b>Lunch</b>          |                 |                  |       |                          |                      |               |                |         |
|                                   | Beans & Franks        | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Cornbread             | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Potato Salad          | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
|                                   | <b>Dinner</b>         |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey Tetrazzini     | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Navy Beans            | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80          | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Coleslaw              | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 2  
 Day: FRIDAY

| Work Assign.<br>(Cook's initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Grits/margarine       | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Scrambled Eggs        | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Crumb Cake            | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Jelly                 | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Spaghetti sauce       | 4 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Pasta                 | 1 c             |                  |       |                          |                      |               |                |         |
|                                   | Green Beans           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Cornbread             | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | garlic bread          | 2 sl            |                  |       |                          |                      |               |                |         |
|                                   | Cookies               | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Country Fried Beef    |                 |                  |       |                          |                      |               |                |         |
|                                   | gravy                 | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Mashed Potatoes       | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Cabbage      | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Hot Bread             | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Applesauce            | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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Time meal is started: \_\_\_\_\_  
 Form B-200 Rev. Time meal is finished: \_\_\_\_\_

Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_







Ocalaosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 2

Unit number

MONDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET         | PREGNANCY with H.S. Snack  | NUTRITION SUPPORT with H.S. Snack  | HEART HEALTHY (Low Fat/Chol/Salt)  | HIGH FIBER (+28 gms) | DENTAL/MECHANICAL (Chewing Problems) | RELIGIOUS (Ovo-Lacto Vegetarian) | NO CONCENTRATED SWEETS | DIABETIC DIET PLAN Food Items   | 1800 Calorie  | 2200 Calorie                  | 2500 Calorie     |                  |                  |
|-----------------------------|--|--|--|----------------------|--------------------------------------|----------------------------------|------------------------|---|---|-------------------------------|------------------|------------------|------------------|
| <b>BREAKFAST:</b>           | Vitamin C Fruit OR Juice<br>1 Serving  |  | No Added Salt or Fat   |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat<br>Vit C Fruit or Juice                                | 1/2C  | X                             | X                | X                |                  |
| Grits/margarine 10 oz       | X  | X  | X  | oatmeal              | X                                    | X                                | Plain-No Sugar         | Plain - No Sugar  | 1C  | 1/2C                          | 1/2C             | X                |                  |
| Potatoes & Eggs 1/2 C       | X  | X  | X  | X                    | X                                    | X                                | X                      | Hard Boiled Egg   | 1FA   | X                             | 2 EA             | 2EA              |                  |
| Turkey Bologna 1 oz         | X  | X  | Turkey ham   | WW Bread             | Chopped                              | cheese or peanut butter          | X                      | ww bread  | 1EA   | X                             | 2FA              | 2FA              |                  |
| Crumb Cake 1/60             | X  | X  | WW Bread   | WW Bread             | X                                    | X                                | ww bread               | ww bread  | 1EA   | X                             | 2FA              | 2FA              |                  |
| Jelly 1 TBP                 | X  | X  | X  | X                    | X                                    | X                                | Diet Jelly             | Diet Jelly  | 1PKT  | X                             | X                | X                |                  |
| Margarine 1 TBP             | X  | X  | 1TSP   | X                    | X                                    | X                                | 1TSP                   | Margarine   | 1TSP  | X                             | X                | X                |                  |
| Calcium Fort Beverage 1 pkg | 2 c milk   | 2c milk  | X  | X                    | X                                    | X                                | X                      | Sugar Sub 2EA   | 1C  | X                             | X                | X                |                  |
|                             |  |  |  |                      |                                      |                                  |                        | RF Milk   |   | X                             | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>   |  |  |  |                      |                                      |                                  |                        |   |   |                               |                  |                  |                  |
| <b>LUNCH:</b>               |  |  | No Added Salt or Fat   |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat  |   |                               |                  |                  |                  |
| Meat Stroganoff 8 oz        | X  | X  | 6 oz   | X                    | CHOPPED                              | NO                               | X                      | meat stroganoff   |   | 3 oz                          | 4 oz             | 4 oz             |                  |
| 2 oz meat                   |  |  |  | 1/2 C beans          |                                      | 1 C beans                        |                        |   |   |                               |                  |                  |                  |
| Seasoned Rice 1/2 C         | X  | X  | LS LF rice   | X                    | X                                    | X                                | X                      | rice  | 1C  | 1/3 c                         | 1/3 c            | 2/3 c            |                  |
| Mixed Vegetables 1/2 C      | X  | X  | LS LF mix vegetables   | X                    | X                                    | 1 C                              | X                      | mixed vegetables  | 1 C   | X                             | X                | X                |                  |
| Combread 1/60               | X  | X  | ww bread   | ww bread             | X                                    | X                                | bread                  | ww bread  |   | 1                             | 2                | 2                |                  |
| Margarine 1 TBP             | X  | X  | 1 TSP  | X                    | X                                    | X                                | 1 TSP                  | Margarine   | 1 tsp   | X                             | X                | X                |                  |
| Glazed Cake 1/60            | X  | X  | FRUIT  | X                    | X                                    | X                                | FRUIT                  | Fruit   | 1 serv  | X                             | X                | 2                |                  |
| Calcium Fort Beverage 1 pkg | X  | X  | X  | X                    | X                                    | X                                | Diet Beverage          | Diet Beverage   | 1C  | X                             | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>   |  |  |  |                      |                                      |                                  |                        |   |   |                               |                  |                  |                  |
| <b>DINNER:</b>              |  |  | No Added Salt or Fat   |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat  |   |                               |                  |                  |                  |
| Chicken Spaghetti 8 oz      | X  | X  | 6 oz   | X                    | CHOPPED                              | NO                               | X                      | Chicken Spaghetti   |   | 3/4 c                         | 3/4 c            | 1 c              |                  |
|                             |  |  |  |                      |                                      | 4 sl cheese                      |                        |   |   |                               |                  |                  |                  |
| Green Beans 1/2 C           | X  | X  | LS LF green beans  | X                    | X                                    | 1 C                              | X                      | green beans   | 1 C   | X                             | X                | X                |                  |
| Hot Bread 1/60              | X  | X  | ww bread   | ww bread             | X                                    | X                                | X                      | ww bread  | 2 sl  | X                             | X                | X                |                  |
| Margarine 1 TBP             | X  | X  | 1 TSP  | X                    | X                                    | X                                | 1 TSP                  | Margarine   | 1 TSP   | X                             | X                | X                |                  |
| Cookies 2 EA                | X  | X  | FRUIT  | X                    | X                                    | X                                | FRUIT                  | Fruit   | 1 SERV  | 1                             | 2                | 2                |                  |
| Fortified Punch 1 pkg       | Milk   | X  | X  | X                    | X                                    | X                                | Diet Beverage          | 2% MILK   | 1C  | X                             | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>   |  |  |  |                      |                                      |                                  |                        |   |   |                               |                  |                  |                  |
| <b>SNACK MENU</b>           | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | LF (low fat) / LS (low sodium) -- cook with no added fat and no added salt |                      |                                      |                                  |                        | DIET VEGETABLES ARE CARROTS, CABBAGE, GREEN BEANS, SQUASH, GREENS, TOMATOES | Meat and/or Cheese<br>Bread<br>Mustard OR Catsup<br>Fresh Fruit | 1 OZ<br>2 SL<br>1 PKT<br>1 EA | X<br>X<br>X<br>X | X<br>X<br>X<br>X | X<br>X<br>X<br>X |

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 2

Unit number

TUESDAY  
SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET         | PREGNANCY<br>with H.S. Snack                                | NUTRITION SUPPORT<br>with H.S. Snack                        | HEART HEALTHY<br>(Low Fat/Chol/Salt)                                      | HIGH FIBER<br>(+28 gms) | DENTAL/MECHANICAL<br>(Chewing Problems) | RELIGIOUS<br>(Ovo-Lacto Vegetarian) | NO CONCENTRATED<br>SWEETS | DIABETIC DIET PLAN<br>Food Items   | 1800<br>Calorie                  | 2200<br>Calorie | 2500<br>Calorie |        |
|-----------------------------|---|---|---|-------------------------|---|-------------------------------------|---------------------------|--|----------------------------------|-----------------|-----------------|--------|
| <b>BREAKFAST:</b>           |   |   |   |                         |   |                                     |                           |  |                                  |                 |                 |        |
|                             | Vitamin C Fruit OR<br>Juice<br>1 Serving                    |   | No Added Salt or Fat  |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat   |                                  |                 |                 |        |
| Cornflakes 1 C              | X   | X   | X   | bran flakes             | X                                       | X                                   | Plain-No Sugar            | Vit C Fruit or Juice<br>1/2C   | X                                | X               | X               |        |
| Grilled Potatoes 1/2 C      | X   | X   | X   | X                       | X                                       | X                                   | X                         | Plain - No Sugar   | 1 C                              | 1/2C            | 1/2 c           |        |
| Turkey Ham 1 oz             | X   | X   | X   | X                       | Chopped                                 | cheese or peanut butter             | X                         | Turkey Ham   | 1OZ                              | X               | 2 OZ            |        |
| Bread 2 SL                  | X   | X   | WW Bread  | WW Bread                | X                                       | X                                   | ww bread                  | ww bread   | 2 EA                             | 1 EA            | X               |        |
| Jelly 1 TBP                 | X   | X   | X   | X                       | X                                       | X                                   | Diet Jelly                | Diet Jelly   | 1EA                              | X               | X               |        |
| Margarine 1 TBP             | X   | X   | 1TSP  | X                       | X                                       | X                                   | 1TSP                      | Margarine  | 1TSP                             | X               | X               |        |
| Sugar Packet 2 EA           | X   | X   | X   | X                       | X                                       | X                                   | Sugar Sub 2EA             | Sugar Sub  | X                                | X               | X               |        |
| 2 % Milk 1 C                | 2 c milk  | 2c milk   | X   | X                       | X                                       | X                                   | X                         | RF Milk  | 1C                               | X               | X               |        |
| <b>TOTAL DIETS SERVED</b>   |   |   |   |                         |   |                                     |                           |  |                                  |                 |                 |        |
| <b>LUNCH:</b>               |   |   |   |                         |   |                                     |                           |  |                                  |                 |                 |        |
|                             |   |   | No Added Salt or Fat  |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat   |                                  |                 |                 |        |
| Meat & Spanish Rice 8 oz    | X   | X   | 6 oz  | X                       | CHOPPED                                 | NO                                  | X                         | Meat & spanish rice  | 3/4 C                            | 3/4 C           | 1 C             |        |
| 2 oz meat                   |   |   |   |                         |   |                                     |                           |  |                                  |                 |                 |        |
| Ranch Beans 1/2 C           | X   | X   | LS LF ranch beans   | X                       | X                                       | 1 C                                 | X                         | diet vegetables  | 1/2 C                            | X               | X               |        |
| Cornbread 1/80              | X   | X   | ww bread  | ww bread                | X                                       | X                                   | bread                     | ww bread   | 1                                | 2               | 2               |        |
| Coleslaw 1/2 C              | X   | X   | DIET DRESSING   | X                       | shredded lettuce/drsq                   | 1 C                                 | DIET DRESSING             | salad/diet dressing  | 1/2 C                            | X               | X               |        |
| Margarine 1 TBP             | X   | X   | 1 TSP   | X                       | X                                       | X                                   | 1 TSP                     | Margarine  | 1 tsp                            | X               | X               |        |
| Fresh Fruit 1 EA            | X   | X   | FRUIT   | X                       | canned fruit 1/2 C                      | X                                   | FRUIT                     | Fruit  | 1 serv                           | X               | X               |        |
| Calcium Fort Beverage 1 pkg | X   | X   | X   | X                       | X                                       | X                                   | Diet Beverage             | Diet Beverage  | 1C                               | X               | X               |        |
| <b>TOTAL DIETS SERVED</b>   |   |   |   |                         |   |                                     |                           |  |                                  |                 |                 |        |
| <b>DINNER:</b>              |   |   |   |                         |   |                                     |                           |  |                                  |                 |                 |        |
|                             |   |   | No Added Salt or Fat  |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat   |                                  |                 |                 |        |
| Swedish Meatballs 3 oz      | X   | X   | 2 OZ  | X                       | CHOPPED                                 | NO                                  | X                         | swedish meatballs  | 2 oz                             | 2 oz            | 3 oz            |        |
|                             |   |   |   |                         |   |                                     |                           |  |                                  |                 |                 |        |
| Seasoned Pasta 1/2 C        | X   | X   | LS LF pasta   | X                       | X                                       | 1 C                                 | X                         | northern beans   | 1/3 c                            | 1/3 c           | 2/3 c           |        |
| Northern Beans 1/2 C        | X   | X   | LS LF northern beans  | X                       | X                                       | 1 C                                 | X                         | diet vegetables  | 1 C                              | X               | X               |        |
| Biscuit 1/80 2 ea           | X   | X   | ww bread  | ww bread                | X                                       | X                                   | bread                     | ww bread   | 2 sl                             | X               | X               |        |
|                             |   |   |   |                         |   |                                     |                           |  |                                  |                 |                 |        |
| Margarine 1 TBP             | X   | X   | 1 TSP   | X                       | X                                       | X                                   | 1 TSP                     | Margarine  | 1 TSP                            | X               | X               |        |
| Brownie/glaze 1/60          | X   | X   | FRUIT   | X                       | X                                       | X                                   | FRUIT                     | Fruit  | 1 SERV                           | 1               | 2               |        |
| Fortified Punch 1 pkg       | Milk  | X   | X   | X                       | X                                       | X                                   | Diet Beverage             | 2% MILK  | 1C                               | X               | X               |        |
| <b>TOTAL DIETS SERVED</b>   |   |   |   |                         |   |                                     |                           |  |                                  |                 |                 |        |
| HOUR OF SLEEP               | Meat OR Cheese 2 OZ<br>Bread 2 SL                           | Meat OR Cheese 2 OZ<br>Bread 2 SL                           | LF (low fat) / LS (low sodium) - cook with no added fat and no added salt |                         |   |                                     |                           | DIET VEGETABLES ARE<br>CARROTS, CABBAGE,<br>GREEN BEANS, SQUASH,<br>GREENS, TOMATOES | Meat and/or Cheese<br>Bread      | 1 OZ<br>2 SL    | X<br>X          | X<br>X |
| SNACK MENU                  | Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C |   |                         |   |                                     |                           |  | Mustard OR Catsup<br>Fresh Fruit | 1 PKT<br>1 EA   | X<br>X          | X<br>X |

4/14/16

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 2

Unit number

WEDNESDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET         | PREGNANCY with H.S. Snack  | NUTRITION SUPPORT with H.S. Snack  | HEART HEALTHY (Low Fat/Cho/Salt)  | HIGH FIBER (+28 gms) | DENTAL/MECHANICAL (Chewing Problems) | RELIGIOUS (Ovo-Lacto Vegetarian) | NO CONCENTRATED SWEETS | DIABETIC DIET PLAN Food Items   | 1800 Calorie  | 2200 Calorie                  | 2500 Calorie     |                  |                  |
|-----------------------------|--|--|---|----------------------|--------------------------------------|----------------------------------|------------------------|---|---|-------------------------------|------------------|------------------|------------------|
| <b>BREAKFAST:</b>           | Vitamin C Fruit OR Juice<br>1 Serving  |  | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat<br>Vit C Fruit or Juice                                | 1/2C  | X                             | X                | X                |                  |
| Grits/margarine 10 oz       | X  | X  | X   | oatmeal              | X                                    | X                                | Plain-No Sugar         | Plain - No Sugar  | 1 C   | 1/2C                          | 1/2 c            | X                |                  |
| Breakfast Gravy 1 C         | X  | X  | 1/4 C   | X                    | X                                    | X                                | X                      | Turkey Ham  | 10Z   | X                             | 2 OZ             | 2 OZ             |                  |
| Turkey Sausage 1 oz         | X  | X  | Turkey ham  | X                    | Chopped                              | cheese or peanut butter          | X                      | Biscuit   | 2 EA  | 1 EA                          | X                | X                |                  |
| Biscuit 1/80 2 ea           | X  | X  | WW Bread  | WW Bread             | X                                    | X                                | X                      | Diet Jelly  | 1EA   | X                             | X                | X                |                  |
| Margarine 1 TBP             | X  | X  | 1TSP  | X                    | X                                    | X                                | 1TSP                   | Sugar Sub   |   | X                             | X                | X                |                  |
| Calcium Fort Beverage 1 pkg | 2 c milk   | 2c milk  | X   | X                    | X                                    | X                                | X                      | RF Milk   | 1C  | X                             | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>   |  |  |   |                      |                                      |                                  |                        |   |   |                               |                  |                  |                  |
| <b>LUNCH:</b>               |  |  | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat  |   |                               |                  |                  |                  |
| Turkey ham 1 beans 8 oz     | X  | X  | 6 oz  | X                    | CHOPPED                              | NO                               | X                      | T ham/beans   | 3/4 C   | 3/4 C                         | 1 C              |                  |                  |
| 2 oz meat                   |  |  |   |                      |                                      |                                  |                        |   |   |                               |                  |                  |                  |
| Carrots 1/2 c               | X  | X  | LF LS CARROTS   | X                    | X                                    | 1 c beans                        |                        |   |   |                               |                  |                  |                  |
| Seasoned Rice 1/2 C         | X  | X  | LS LF rice  | X                    | X                                    | 1 C                              | X                      | Carrots   | 1 C   | X                             | X                | X                |                  |
| Biscuit 1/80 2 ea           | X  | X  | ww bread  | ww bread             | X                                    | X                                | bread                  | ww bread  | 1   | 2                             | 2                |                  |                  |
| Margarine 1 TBP             | X  | X  | 1 TSP   | X                    | X                                    | X                                | 1 TSP                  | Margarine   | 1 tsp   | X                             | X                | X                |                  |
| Brownie/glaze 1/60          | X  | X  | FRUIT   | X                    | X                                    | X                                | FRUIT                  | Fruit   | 1 serv  | X                             | X                | 2                |                  |
| Calcium Fort Beverage 1 pkg | X  | X  | X   | X                    | X                                    | X                                | Diet Beverage          | Diet Beverage   | 1C  | X                             | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>   |  |  |   |                      |                                      |                                  |                        |   |   |                               |                  |                  |                  |
| <b>DINNER:</b>              |  |  | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat  |   |                               |                  |                  |                  |
| Chili Mac 6 oz              | X  | X  | 6 oz  | X                    | CHOPPED                              | NO                               | X                      | chili mac   | 3/4 C   | 3/4 C                         | 1 C              |                  |                  |
| 2 oz meat                   |  |  |   |                      |                                      |                                  |                        |   |   |                               |                  |                  |                  |
| Seasoned Carrots 1/2 C      | X  | X  | LS LF carrots   | X                    | X                                    | 1 C chili beans                  | X                      | carrots   | 1/2 c   | X                             | X                | X                |                  |
| Combread 1/80               | X  | X  | ww bread  | ww bread             | X                                    | X                                | bread                  | ww bread  | 2 sl  | X                             | X                | X                |                  |
| Coleslaw 1/2 C              | X  | X  | DIET DRESSING   | X                    | shredded lettuce/drag                | 1 C                              | DIET DRESSING          | salad/diet dressing   | 1/2 C   | X                             | X                | X                |                  |
| Margarine 1 TBP             | X  | X  | 1 TSP   | X                    | X                                    | X                                | 1 TSP                  | Margarine   | 1 TSP   | X                             | X                | X                |                  |
| Glazed Cake 1/60            | X  | X  | FRUIT   | X                    | X                                    | X                                | FRUIT                  | Fruit   | 1 SERV  | 1                             | 2                | 2                |                  |
| Fortified Punch 1 pkg       | Milk   | X  | X   | X                    | X                                    | X                                | Diet Beverage          | 2% MILK   | 1C  | X                             | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>   |  |  |   |                      |                                      |                                  |                        |   |   |                               |                  |                  |                  |
| <b>SNACK MENU</b>           | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | LF (low fat) / LS (low sodium) - cook with no added fat and no added salt |                      |                                      |                                  |                        | DIET VEGETABLES ARE CARROTS, CABBAGE, GREEN BEANS, SQUASH, GREENS, TOMATOES | Meat and/or Cheese<br>Bread<br>Mustard OR Catsup<br>Fresh Fruit | 1 OZ<br>2 SL<br>1 PKT<br>1 EA | X<br>X<br>X<br>X | X<br>X<br>X<br>X | X<br>X<br>X<br>X |



4/14/16

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 2

Unit number

FRIDAY  
SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET                | PREGNANCY with H.S. Snack  | NUTRITION SUPPORT with H.S. Snack  | HEART HEALTHY (Low Fat/Chol/Salt)   | HIGH FIBER (+28 gms) | DENTAL/MECHANICAL (Chewing Problems) | RELIGIOUS (Ovo-Lacto Vegetarian) | NO CONCENTRATED SWEETS  | DIABETIC DIET PLAN Food Items                                   | 1800 Calorie                  | 2200 Calorie     | 2500 Calorie     |                  |
|------------------------------------|--|--|---|----------------------|--------------------------------------|----------------------------------|---|---|-------------------------------|------------------|------------------|------------------|
| <b>BREAKFAST:</b>                  | Vitamin C Fruit OR Juice<br>1 Serving  |  | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat  | No Added Salt or Fat  |                               |                  |                  |                  |
| Grits/margarine 10 oz              | X  | X  | X   | oatmeal              | X                                    | X                                | Plain-No Sugar  | Vit C Fruit or Juice<br>Plain-No Sugar Cereal                   | X                             | X                | X                |                  |
| Scrambled Eggs 3 oz                | X  | X  | 1/4 C   | X                    | X                                    | X                                | X   | Scrambled Egg   | 3 oz                          | 1/4 c            | X                |                  |
| Crumb Cake 1/60                    | X  | X  | WW Bread  | WW Bread             | X                                    | X                                | ww bread  | ww bread  | 1EA                           | X                | 2 EA             |                  |
| Jelly 1 TBP                        | X  | X  | X   | X                    | X                                    | X                                | Diet Jelly  | Diet Jelly  | 1EA                           | X                | X                |                  |
| Margarine 1 TBP                    | X  | X  | 1TSP  | X                    | X                                    | X                                | 1TSP  | Margarine   | 1 TSP                         | X                | X                |                  |
| Calcium Fort Beverage 1 pkg        | 2 c milk   | 2c milk  | X   | X                    | X                                    | X                                | X   | Sugar Sub<br>RF Milk  | 2EA<br>1C                     | X<br>X           | X<br>X           |                  |
| <b>TOTAL DIETS SERVED</b>          |  |  |   |                      |                                      |                                  |   |   |                               |                  |                  |                  |
| <b>LUNCH:</b>                      |  |  | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat  | No Added Salt or Fat  |                               |                  |                  |                  |
| Spaghetti sauce 4 oz<br>2 oz meat  | X  | X  | 2 OZ  | X                    | CHOPPED                              | NO                               | X   | spaghetti sauce   | 3 oz                          | 4 oz             | 4 oz             |                  |
| Pasta 1 c                          | X  | X  | X   | X                    | X                                    | X                                | X   | 4 slices cheese<br>spaghetti noodles                            |                               | 2/3 C            | 2/3 C            |                  |
| Green Beans 1/2 C                  | X  | X  | LS LF green beans   | X                    | X                                    | X                                | X   | green beans   | 1 C                           | X                | X                |                  |
| Combread 1/60<br>garlic bread 2 sl | X  | X  | ww bread  | ww bread             | X                                    | X                                | bread   | ww bread  | 1 sl                          | X                | X                |                  |
|                                    |  |  |   |                      |                                      |                                  | 1 C salad/dressing  |   |                               |                  |                  |                  |
| Cookies 2 EA                       | X  | X  | FRUIT   | X                    | plain cookies                        | X                                | FRUIT   | Margarine   | 1 TSP                         | X                | X                |                  |
| Calcium Fort Beverage 1 pkg        | Milk   | X  | X   | X                    | X                                    | X                                | Diet Beverage   | Fruit   | 1 SERV                        | 1                | 2                |                  |
| <b>TOTAL DIETS SERVED</b>          |  |  |   |                      |                                      |                                  |   | 2% MILK   | 1C                            | X                | X                |                  |
| <b>DINNER:</b>                     |  |  | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat  | No Added Salt or Fat  |                               |                  |                  |                  |
| Country Fried Beef 3 oz            | X  | X  | beef patty 2oz  | X                    | CHOPPED                              | NO                               | X   | beef patty  | 2 oz                          | 2 oz             | 3 oz             |                  |
| gravy 3 oz                         | X  | X  | 1 TBP   | X                    | X                                    | NO                               | X   | Gravy   | 1 TB                          | 1 TB             | 1 TB             |                  |
| Mashed Potatoes 1/2 C              | X  | X  | LS LF potatoes  | X                    | X                                    | X                                | X   | potatoes  | 1/2 C                         | 1/2 C            | 1 C              |                  |
| Seasoned Cabbage 1/2 C             | X  | X  | LS LF cabbage   | X                    | X                                    | X                                | X   | cabbage   | 1 C                           | X                | X                |                  |
| Hot Bread 1/60                     | X  | X  | ww bread  | ww bread             | X                                    | X                                | X   | ww bread  | 2 sl                          | X                | X                |                  |
|                                    |  |  |   |                      |                                      |                                  | 4 slices cheese   |   |                               |                  |                  |                  |
| Margarine 1 TBP                    | X  | X  | 1 TSP   | X                    | X                                    | X                                | 1 TSP   | Margarine   | 1 TSP                         | X                | X                |                  |
| Applesauce 1/2 C                   | X  | X  | FRUIT   | X                    | X                                    | X                                | FRUIT   | Fruit   | 1 SERV                        | 1                | 2                |                  |
| Fortified Punch 1 pkg              | Milk   | X  | X   | X                    | X                                    | X                                | Diet Beverage   | 2% MILK   | 1C                            | X                | X                |                  |
| <b>TOTAL DIETS SERVED</b>          |  |  |   |                      |                                      |                                  |   |   |                               |                  |                  |                  |
| <b>SNACK MENU</b>                  | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | LF (low fat) / LS (low sodium) - cook with no added fat and no added salt |                      |                                      |                                  | DIET VEGETABLES ARE CARROTS, CABBAGE, GREEN BEANS, SQUASH, GREENS, TOMATOES | Meat and/or Cheese<br>Bread<br>Mustard OR Catsup<br>Fresh Fruit | 1 OZ<br>2 SL<br>1 PKT<br>1 EA | X<br>X<br>X<br>X | X<br>X<br>X<br>X | X<br>X<br>X<br>X |

**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: **WEEK 3**  
 Day: **SATURDAY**

**BREAKFAST SERVING WELLS AND TRAY**

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**LUNCH SERVING WELLS AND TRAY**

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| Work Assign.<br>(Cook's Initials) | Food Item             | Portion Size | Recipe Number | Yield | Raw Quantity Required | ITEMS SUBSTITUTED | BEGIN TEMP | ENDING TEMP | Costing |
|-----------------------------------|-----------------------|--------------|---------------|-------|-----------------------|-------------------|------------|-------------|---------|
| <i>Breakfast</i>                  |                       |              |               |       |                       |                   |            |             |         |
|                                   | Grits/margarine       | 10 oz        |               |       |                       |                   |            |             |         |
|                                   | Breakfast Gravy       | 1 C          |               |       |                       |                   |            |             |         |
|                                   | Turkey Sausage        | 1 oz         |               |       |                       |                   |            |             |         |
|                                   | Biscuit 1/80          | 2 ea         |               |       |                       |                   |            |             |         |
|                                   | Margarine             | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Calcium Fort Beverage | 1 pkg        |               |       |                       |                   |            |             |         |
| <i>Lunch</i>                      |                       |              |               |       |                       |                   |            |             |         |
|                                   | Meatballs             | 3 oz         |               |       |                       |                   |            |             |         |
|                                   | gravy                 | 3 oz         |               |       |                       |                   |            |             |         |
|                                   | Seasoned Pasta        | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Seasoned Pinto        | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Enriched Bread        | 2 SL         |               |       |                       |                   |            |             |         |
|                                   | Cookies               | 2 EA         |               |       |                       |                   |            |             |         |
|                                   | Calcium Fort Beverage | 1 pkg        |               |       |                       |                   |            |             |         |
| <i>Dinner</i>                     |                       |              |               |       |                       |                   |            |             |         |
|                                   | Turkey Tetrazzini     | 8 oz         |               |       |                       |                   |            |             |         |
|                                   | 2 oz meat             |              |               |       |                       |                   |            |             |         |
|                                   | Mixed Vegetables      | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Hot Bread             | 1/60         |               |       |                       |                   |            |             |         |
|                                   | Confetti Slaw         | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Margarine             | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Bread Pudding         | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Fortified Punch       | 1 pkg        |               |       |                       |                   |            |             |         |

Time meal is started: \_\_\_\_\_ Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: \_\_\_\_\_ Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 3  
 Day: SUNDAY

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Oatmeal/margarine     | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Turkey Bologna        | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Pancakes              | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Syrup                 | 1/4 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Sloppy Joe            | 4 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Baked Beans           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Sliced Bread          | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   | Potato Salad          | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Chicken Fried Steak   | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | gravy                 | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Rice         | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Green Beans           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Enriched Bread        | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Brownie/glaze         | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_



**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

**HIGHLIGHT ALL PREP ITEMS**

**X - ALL PULLS**

Date: \_\_\_\_\_  
 Week: **WEEK 3**  
 Day: **MONDAY**

**BREAKFAST SERVING WELLS AND TRAY**

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**LUNCH SERVING WELLS AND TRAY**

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| Work Assign.<br>(Cook's Initials) | Food Item               | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-------------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                         |                 |                  |       |                          |                      |               |                |         |
|                                   | Grits/margarine         | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Grilled Potatoes        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Turkey Ham              | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Oatmeal Breakfast Cake  | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Jelly                   | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Margarine               | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage   | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                         |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey Ham & Beans      | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat / 1/2 C beans |                 |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Rice           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Green Beans             | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Cornbread               | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Margarine               | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Baked Cookies           | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage   | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                         |                 |                  |       |                          |                      |               |                |         |
|                                   | Beef Patty              | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | gravy                   | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Pasta          | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Cabbage & Carrots       | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/60            | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Margarine               | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Pudding                 | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch         | 1 pkg           |                  |       |                          |                      |               |                |         |

Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 3  
 Day: TUESDAY

| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Cornflakes            | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Potatoes & Eggs       | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80          | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Jelly                 | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Sugar Packets         | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | 2% Milk               | 1 ea            |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey Ham & Potatoes | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Navy Beans            | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Hot Bread             | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Coleslaw              | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Rice Pudding          | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Chili Mac             | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Combread              | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Confetti Slaw         | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: **WEEK 3**  
 Day: **WEDNESDAY**

| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Grits/margarine       | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Turkey Bologna        | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Pancakes              | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Syrup                 | 1/4 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey & Noodles      | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Carrots      | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Cornbread             | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Chicken Patty         | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Cream Gravy           | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Rice         | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Whole Kernel Corn     | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/60          | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Cinnamon Applesauce   | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

**BREAKFAST SERVING WELLS AND TRAY**

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**LUNCH SERVING WELLS AND TRAY**

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Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility  
 Date: \_\_\_\_\_  
 Week: WEEK 3  
 Day: THURSDAY  
**HIGHLIGHT ALL PREP ITEMS**  
**X - ALL PULLS**

| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Oatmeal/margarine     | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Scrambled Eggs        | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Crumb Cake            | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Jelly                 | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey Bologna        | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Cheese                | 1 SL            |                  |       |                          |                      |               |                |         |
|                                   | Home Fries            | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Pinto Beans           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Enriched Bread        | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Spaghetti Sauce       | 4 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Spaghetti Noodles     | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Green Beans           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Garlic Bread          | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

**BREAKFAST SERVING WELLS AND TRAY**

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**LUNCH SERVING WELLS AND TRAY**

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Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: 

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 ACTUAL Inmate Count: 

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 Projected Staff Count: 

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 ACTUAL Staff Count: 

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 Projected Bag Lunches: 

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 ACTUAL Bag Lunches: 

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FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 3  
 Day: FRIDAY

| Work Assign.<br>(Cook's Initials) | Food Item               | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-------------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                         |                 |                  |       |                          |                      |               |                |         |
|                                   | Cornflakes              | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Breakfast Gravy         | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Turkey Sausage          | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80            | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Margarine               | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Sugar Packets           | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | 2 % milk                | 1 ea            |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                         |                 |                  |       |                          |                      |               |                |         |
|                                   | Chili with Beans        | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat / 1/2 C beans |                 |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Rice           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Corbread                | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Coleslaw                | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine               | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Cookies                 | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage   | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                         |                 |                  |       |                          |                      |               |                |         |
|                                   | Chicken Fried Steak     | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | gravy                   | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Mashed Potatoes         | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Cabbage        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80            | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Margarine               | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake             | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch         | 1 pkg           |                  |       |                          |                      |               |                |         |

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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Time meal is started: \_\_\_\_\_  
 Rev. Time meal is finished: \_\_\_\_\_  
 Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Food Service Director: \_\_\_\_\_







4/14/16

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 3

Unit number

MONDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET       | PREGNANCY<br>with H.S. Snack                                | NUTRITION SUPPORT<br>with H.S. Snack                        | HEART HEALTHY<br>(Low Fat/Choi/Salt)   | HIGH FIBER<br>(+28 gms) | DENTAL/MECHANICAL<br>(Chewing Problems) | RELIGIOUS<br>(Ovo-Lacto Vegetarian) | NO CONCENTRATED<br>SWEETS | DIABETIC DIET PLAN<br>Food Items   | 1800<br>Calorie       | 2200<br>Calorie | 2500<br>Calorie |             |
|---------------------------|---|---|--|-------------------------|---|-------------------------------------|---------------------------|--|-----------------------|-----------------|-----------------|-------------|
| <b>BREAKFAST:</b>         |   |   |  |                         |   |                                     |                           |  |                       |                 |                 |             |
|                           | Vitamin C Fruit OR<br>Juice<br>1 Serving                    |   | No Added Salt or Fat   |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat   |                       |                 |                 |             |
| Grits/margarine           | 10 oz   | X   | X  | oatmeal                 | X                                       | X                                   | Plain-No Sugar            | Vit C Fruit or Juice   | 1/2C                  | X               | X               | X           |
| Grilled Potatoes          | 1/2 C   | X   | X  | X                       | X                                       | X                                   | X                         | Plain - No Sugar   | 1 C                   | 1/2C            | 1/2 c           | X           |
| Turkey Ham                | 1 oz  | X   | X  | X                       | Chopped                                 | cheese or peanut butter             | X                         | Turkey Ham   | 1OZ                   | X               | 2 OZ            | 2 OZ        |
| Oatmeal Breakfast Cake    | 1/60  | X   | X  | WW Bread                | WW Bread                                | X                                   | ww bread                  | Toast  | 2 EA                  | 1 EA            | X               | X           |
| Jelly                     | 1 TBP   | X   | X  | X                       | X                                       | X                                   | Diet Jelly                | Diet Jelly   | 1EA                   | X               | X               | X           |
| Margarine                 | 1 TBP   | X   | X  | 1TSP                    | X                                       | X                                   | 1TSP                      | Margarine  | 1TSP                  | X               | X               | X           |
| Calcium Fort Beverage     | 1 pkg   | 2 c milk  | 2c milk  | X                       | X                                       | X                                   | X                         | Sugar Sub  | X                     | X               | X               | X           |
|                           |   |   |  |                         |   |                                     |                           | RF Milk  | 1C                    | X               | X               | X           |
| <b>TOTAL DIETS SERVED</b> |   |   |  |                         |   |                                     |                           |  |                       |                 |                 |             |
| <b>LUNCH:</b>             |   |   |  |                         |   |                                     |                           |  |                       |                 |                 |             |
|                           |   |   | No Added Salt or Fat   |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat   |                       |                 |                 |             |
| Turkey Ham & Beans        | 8 oz  | X   | X  | 6 oz                    | X                                       | CHOPPED                             | X                         | turkey ham & beans   | 3/4 C                 | 3/4 C           | 1 C             |             |
| 2 oz meat / 1/2 C beans   |   |   |  |                         |   |                                     |                           |  |                       |                 |                 |             |
| Seasoned Rice             | 1/2 C   | X   | X  | 1S LF rice              | X                                       | X                                   | X                         |  |                       |                 |                 |             |
| Green Beans               | 1/2 C   | X   | X  | 1S LF green beans       | X                                       | X                                   | X                         | green beans  | 1/2 C                 | X               | X               | X           |
| Cornbread                 | 1/60  | X   | X  | ww bread                | ww bread                                | X                                   | bread                     | ww bread   | 1                     | 2               | 2               |             |
| Margarine                 | 1 TBP   | X   | X  | 1 TSP                   | X                                       | X                                   | 1 TSP                     | Margarine  | 1 tsp                 | X               | X               | X           |
| Baked Cookies             | 2 EA  | X   | X  | FRUIT                   | X                                       | plain cookies                       | FRUIT                     | Fruit  | 1 serv                | X               | X               | X           |
| Calcium Fort Beverage     | 1 pkg   | X   | X  | X                       | X                                       | X                                   | Diet Beverage             | Diet Beverage  | 1C                    | X               | X               | X           |
| <b>TOTAL DIETS SERVED</b> |   |   |  |                         |   |                                     |                           |  |                       |                 |                 |             |
| <b>DINNER:</b>            |   |   |  |                         |   |                                     |                           |  |                       |                 |                 |             |
|                           |   |   | No Added Salt or Fat   |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat   |                       |                 |                 |             |
| Beef Patty                | 3 oz  | X   | X  | 2 OZ                    | X                                       | CHOPPED                             | X                         | beef patty   |                       | 2 oz            | 2 oz            | 3 oz        |
| Gravy                     | 3 oz  | X   | X  | 1 TBP                   | X                                       | X                                   | X                         | Gravy  |                       | 1 TB            | 1 TB            | 1 TB        |
| Seasoned Pasta            | 1/2 C   | X   | X  | 1S LF pasta             | X                                       | X                                   | X                         | pasta  |                       | 1/3 c           | 1/3 c           | 2/3 c       |
| Cabbage & Carrots         | 1/2 C   | X   | X  | 1S LF cabb & carrots    | X                                       | X                                   | X                         | cabbage & carrots  | 1/2 c                 | X               | X               | X           |
| Biscuit 1/80              | 2 ea  | X   | X  | ww bread                | ww bread                                | X                                   | X                         | ww bread   | 2 sl                  | X               | X               | X           |
|                           |   |   |  |                         |   |                                     |                           |  |                       |                 |                 |             |
| Margarine                 | 1 TBP   | X   | X  | 1 TSP                   | X                                       | X                                   | 1 TSP                     | Margarine  | 1 TSP                 | X               | X               | X           |
| Pudding                   | 1/2 C   | X   | X  | FRUIT                   | X                                       | X                                   | FRUIT                     | Fruit  | 1 SERV                | 1               | 2               | 2           |
| Fortified Punch           | 1 pkg   | Milk  | X  | X                       | X                                       | X                                   | Diet Beverage             | 2% MILK  | 1C                    | X               | X               | X           |
| <b>TOTAL DIETS SERVED</b> |   |   |  |                         |   |                                     |                           |  |                       |                 |                 |             |
| HOUR OF SLEEP             | Meat OR Cheese 2 OZ<br>Bread 2 SL                           | Meat OR Cheese 2 OZ<br>Bread 2 SL                           |  |                         |   |                                     |                           | DIET VEGETABLES ARE<br>CARROTS, CABBAGE,<br>GREEN BEANS, SQUASH,<br>GREENS, TOMATOES | 1 OZ                  | X               | X               | X           |
| SNACK MENU                | Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | LF (low fat) / LS (low<br>sodium) - cook with no<br>added fat and no added<br>salt |                         |   |                                     |                           | Meat and/or Cheese<br>Bread<br>Mustard OR Catsup<br>Fresh Fruit                      | 2 SL<br>1 PKT<br>1 EA | X<br>X<br>X     | X<br>X<br>X     | X<br>X<br>X |

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 3

Unit number

TUESDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET                     | PREGNANCY<br>with H.S. Snack   | NUTRITION SUPPORT<br>with H.S. Snack   | HEART HEALTHY<br>(Low Fat/Chol/Salt)                                      | HIGH FIBER<br>(+28 gms) | DENTAL/MECHANICAL<br>(Chewing Problems) | RELIGIOUS<br>(Ovo-Lacto Vegetarian) | DIABETIC DIET PLAN   |   |                               |                  |                  |                  |
|---|--|--|---|-------------------------|---|-------------------------------------|--|---|-------------------------------|------------------|------------------|------------------|
|   |  |  |   |                         |   |                                     | NO CONCENTRATED<br>SWEETS  | DIABETIC DIET PLAN<br>Food Items                                | 1800<br>Calorie               | 2200<br>Calorie  | 2500<br>Calorie  |                  |
| <b>BREAKFAST:</b>                       |  |  |   |                         |   |                                     |  |   |                               |                  |                  |                  |
|   | Vitamin C Fruit OR<br>Juice<br>1 Serving   |  | No Added Salt or Fat  |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat   | No Added Salt or Fat  | 1/2C                          | X                | X                | X                |
| Cornflakes 1 C                          | X  | X  | X   | bran flakes             | X                                       | X                                   | Plain-No Sugar   | Plain - No Sugar  | 1C                            | 1/2C             | 1/2C             | X                |
| Potatoes & Eggs 1/2 C                   | X  | X  | X   | X                       | X                                       | X                                   |  | Hard Boiled Egg   | 1EA                           | X                | 2 EA             | 2EA              |
| Biscuit 1/80 2 ea                       | X  | X  | WW Bread  | WW Bread                | X                                       | X                                   | X  | Biscuit   | 1EA                           | X                | 2EA              | 2EA              |
| Jelly 1 TBP                             | X  | X  | X   | X                       | X                                       | X                                   | Diet Jelly   | Diet Jelly  | 1PKT                          | X                | X                | X                |
| Margarine 1 TBP                         | X  | X  | 1TSP  | X                       | X                                       | X                                   | 1TSP   | NO  |                               |                  |                  |                  |
| Sugar Packets 2 EA                      | X  | X  | X   | X                       | X                                       | X                                   | Sugar Sub 2EA  | Sugar Sub 2EA   |                               | X                | X                | X                |
| 2 % Milk 1 ea                           | 2 c milk   | 2c milk  | X   | X                       | X                                       | X                                   | X  | RF Milk   | 1C                            | X                | X                | X                |
| <b>TOTAL DIETS SERVED</b>               |  |  |   |                         |   |                                     |  |   |                               |                  |                  |                  |
| <b>LUNCH:</b>                           |  |  |   |                         |   |                                     |  |   |                               |                  |                  |                  |
|   |  |  | No Added Salt or Fat  |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat   | No Added Salt or Fat  |                               |                  |                  |                  |
| Turkey Ham & Potatoes 8 oz<br>2 oz meat | X  | X  | 6 oz  | X                       | CHOPPED                                 | NO                                  | X  | turkey ham & potatoes   | 3/4 C                         | 3/4 C            | 1 C              |                  |
| Navy Beans 1/2 C                        | X  | X  | LS LF navy beans  | X                       | X                                       | 1 C                                 | X  | diet vegetables   | 1/2 C                         | X                | X                | X                |
| Hot Bread 1/80                          | X  | X  | ww bread  | ww bread                | X                                       | X                                   | X  | ww bread  | 1                             | 2                | 2                |                  |
| Coleslaw 1/2 C                          | X  | X  | DIET DRESSING   | X                       | shredded lettuce/drsg                   | 1 C                                 | DIET DRESSING  | salad/diet dressing   | 1/2 C                         | X                | X                | 1 C              |
| Margarine 1 TBP                         | X  | X  | 1 TSP   | X                       | X                                       | X                                   | 1 TSP  | Margarine   | 1 tsp                         | X                | X                | X                |
| Rice Pudding 1/2 C                      | X  | X  | FRUIT   | X                       | X                                       | X                                   | FRUIT  | Fruit   | 1 serv                        | X                | X                | 2                |
| Calcium Fort Beverage 1 pkg             | X  | X  | X   | X                       | X                                       | X                                   | Diet Beverage  | Diet Beverage   | 1C                            | X                | X                | X                |
| <b>TOTAL DIETS SERVED</b>               |  |  |   |                         |   |                                     |  |   |                               |                  |                  |                  |
| <b>DINNER:</b>                          |  |  |   |                         |   |                                     |  |   |                               |                  |                  |                  |
|   |  |  | No Added Salt or Fat  |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat   | No Added Salt or Fat  |                               |                  |                  |                  |
| Chili Mac 8 oz<br>2 oz meat             | X  | X  | 6 oz  | X                       | CHOPPED                                 | NO                                  | X  | chili mac   | 3/4 C                         | 3/4 C            | 1 C              |                  |
| Combread 1/80                           | X  | X  | ww bread  | ww bread                | X                                       | X                                   | bread  | diet vegetables<br>ww bread                                     | 1/2 c<br>2 sl                 | X<br>X           | X<br>X           | X<br>X           |
| Contetti Slaw 1/2 C                     | X  | X  | salad/diet dressing   | X                       | shredded lettuce/drsg                   | 1 C                                 | salad/diet dressing  | salad/diet dressing   | 1/2 C                         | X                | X                | X                |
| Margarine 1 TBP                         | X  | X  | 1 TSP   | X                       | X                                       | X                                   | 1 TSP  | Margarine   | 1 TSP                         | X                | X                | X                |
| Glazed Cake 1/80                        | X  | X  | FRUIT   | X                       | X                                       | X                                   | FRUIT  | Fruit   | 1 SERV                        | 1                | 2                | 2                |
| Fortified Punch 1 pkg                   | Milk   | X  | X   | X                       | X                                       | X                                   | Diet Beverage  | 2% MILK   | 1C                            | X                | X                | X                |
| <b>TOTAL DIETS SERVED</b>               |  |  |   |                         |   |                                     |  |   |                               |                  |                  |                  |
| <b>SNACK MENU</b>                       | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | LF (low fat) / LS (low sodium) - cook with no added fat and no added salt |                         |   |                                     | DIET VEGETABLES ARE<br>CARROTS, CABBAGE,<br>GREEN BEANS, SQUASH,<br>GREENS, TOMATOES | Meat and/or Cheese<br>Bread<br>Mustard OR Catsup<br>Fresh Fruit | 1 OZ<br>2 SL<br>1 PKT<br>1 EA | X<br>X<br>X<br>X | X<br>X<br>X<br>X | X<br>X<br>X<br>X |







**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: **WEEK 4**  
 Day: **SATURDAY**

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Grits/margarine       | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Turkey Bologna        | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Pancakes              | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Syrup                 | 1/4 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Meatballs             | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Catsup                | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Mild BBQ Sauce        | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Home Fries            | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Enriched Bread        | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   | Coleslaw              | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Cookies               | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey Ham & Beans    | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Rice         | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Mixed Greens          | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Combread              | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

Time meal is started: \_\_\_\_\_ Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: \_\_\_\_\_ Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 4  
 Day: SUNDAY

| Work Assign.<br>(Cook's Initials) | Food Item              | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|------------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                        |                 |                  |       |                          |                      |               |                |         |
|                                   | Cornflakes             | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Potatoes & Eggs        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Oatmeal Breakfast Cake | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Margarine              | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Sugar Packets          | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | 2 % Milk               | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                        |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey & Noodles       | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat              |                 |                  |       |                          |                      |               |                |         |
|                                   | Green Beans            | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Combread               | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Coleslaw               | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine              | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Baked Cookies          | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage  | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                        |                 |                  |       |                          |                      |               |                |         |
|                                   | Meatloaf               | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | gravy                  | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Mashed Potatoes        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Pinios        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Hot Bread              | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Margarine              | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Pudding                | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch        | 1 pkg           |                  |       |                          |                      |               |                |         |

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

**HIGHLIGHT ALL PREP ITEMS**

**X - ALL PULLS**

Date: \_\_\_\_\_  
 Week: **WEEK 4**  
 Day: **MONDAY**

**BREAKFAST SERVING WELLS AND TRAY**

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**LUNCH SERVING WELLS AND TRAY**

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| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <i>Breakfast</i>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Oatmeal/margarine     | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Turkey Sausage        | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Waffles               | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Syrup                 | 1/4 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <i>Lunch</i>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Chicken Patty         | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | gravy                 | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Mashed Potatoes       | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Blackeyed Peas        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80          | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Cookies               | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <i>Dinner</i>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Spaghetti Sauce       | 4 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Spaghetti Noodles     | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Green Beans           | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Garlic Bread          | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_



MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 4  
 Day: TUESDAY

| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Cornflakes            | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Grilled Potatoes      | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Turkey Bologna        | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80          | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Jelly                 | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Sugar Packets         | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | 2 % Milk              | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey Bologna        | 2 oz            |                  |       |                          |                      |               |                |         |
|                                   | Cheese                | 1 SL            |                  |       |                          |                      |               |                |         |
|                                   | Mustard               | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Carrifruit Salad      | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Enriched Bread        | 2 SL            |                  |       |                          |                      |               |                |         |
|                                   | Macaroni Salad        | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Pudding               | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Meat Stew             | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat / 1/2 C veg |                 |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Rice         | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Cabbage      | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80          | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/60            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 4  
 Day: WEDNESDAY

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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| Work Assign.<br>(Cook's Initials) | Food Item              | Portion Size | Recipe Number | Yield | Raw Quantity Required | ITEMS SUBSTITUTED | BEGIN TEMP | ENDING TEMP | Costing |
|-----------------------------------|------------------------|--------------|---------------|-------|-----------------------|-------------------|------------|-------------|---------|
| <b>Breakfast</b>                  |                        |              |               |       |                       |                   |            |             |         |
|                                   | Grits/margarine        | 10 oz        |               |       |                       |                   |            |             |         |
|                                   | Scrambled Eggs         | 3 oz         |               |       |                       |                   |            |             |         |
|                                   | Crumb Cake             | 1/60         |               |       |                       |                   |            |             |         |
|                                   | Margarine              | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Calcium Fort Beverage  | 1 pkg        |               |       |                       |                   |            |             |         |
| <b>Lunch</b>                      |                        |              |               |       |                       |                   |            |             |         |
|                                   | Charbroiled Beef Patty | 3 oz         |               |       |                       |                   |            |             |         |
|                                   | gravy                  | 3 oz         |               |       |                       |                   |            |             |         |
|                                   | Seasoned Rice          | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Seasoned Corn          | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Hot Bread              | 1/60         |               |       |                       |                   |            |             |         |
|                                   | Margarine              | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Cookies                | 2 EA         |               |       |                       |                   |            |             |         |
|                                   | Calcium Fort Beverage  | 1 pkg        |               |       |                       |                   |            |             |         |
| <b>Dinner</b>                     |                        |              |               |       |                       |                   |            |             |         |
|                                   | Turkey a la King       | 6 oz         |               |       |                       |                   |            |             |         |
|                                   | 2 oz meat              |              |               |       |                       |                   |            |             |         |
|                                   | Seasoned Pasta         | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Cornbread              | 1/60         |               |       |                       |                   |            |             |         |
|                                   | Confetti Slaw          | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Margarine              | 1 TBP        |               |       |                       |                   |            |             |         |
|                                   | Appleauce              | 1/2 C        |               |       |                       |                   |            |             |         |
|                                   | Fortified Punch        | 1 pkg        |               |       |                       |                   |            |             |         |

Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

**FOOD PRODUCTION SCHEDULE - Unit number**  
**Okaloosa County Correctional Facility**

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: \_\_\_\_\_  
 ACTUAL Inmate Count: \_\_\_\_\_  
 Projected Staff Count: \_\_\_\_\_  
 ACTUAL Staff Count: \_\_\_\_\_  
 Projected Bag Lunches: \_\_\_\_\_  
 ACTUAL Bag Lunches: \_\_\_\_\_

**HIGHLIGHT ALL PREP ITEMS**

**X - ALL PULLS**

Date: \_\_\_\_\_  
 Week: **WEEK 4**  
 Day: **THURSDAY**

**BREAKFAST SERVING WELLS AND TRAY**

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**LUNCH SERVING WELLS AND TRAY**

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| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <i>Breakfast</i>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Oatmeal/margarine     | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Turkey Ham            | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Pancakes              | 2 EA            |                  |       |                          |                      |               |                |         |
|                                   | Syrup                 | 1/4 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <i>Lunch</i>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Spanish Rice/meat     | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Green beans           | 1/2 c           |                  |       |                          |                      |               |                |         |
|                                   | Combread              | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Fresh Fruit           | 1 EA            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <i>Dinner</i>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Turkey sausage        | 2 oz            |                  |       |                          |                      |               |                |         |
|                                   | Seasoned rice         | 1/2 c           |                  |       |                          |                      |               |                |         |
|                                   | Seasoned Pintos       | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Hot Bread             | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

Time meal is started: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Time meal is finished: Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

MENU DATE: 4/14/16 B L D  
 Projected Inmate Count: 

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 ACTUAL Inmate Count: 

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 Projected Staff Count: 

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 ACTUAL Staff Count: 

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 Projected Bag Lunches: 

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 ACTUAL Bag Lunches: 

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FOOD PRODUCTION SCHEDULE - Unit number  
 Okaloosa County Correctional Facility

HIGHLIGHT ALL PREP ITEMS

X - ALL PULLS

Date: \_\_\_\_\_  
 Week: WEEK 4  
 Day: FRIDAY

| Work Assign.<br>(Cook's Initials) | Food Item             | Portion<br>Size | Recipe<br>Number | Yield | Raw Quantity<br>Required | ITEMS<br>SUBSTITUTED | BEGIN<br>TEMP | ENDING<br>TEMP | Costing |
|-----------------------------------|-----------------------|-----------------|------------------|-------|--------------------------|----------------------|---------------|----------------|---------|
| <b>Breakfast</b>                  |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Grits/margarine       | 10 oz           |                  |       |                          |                      |               |                |         |
|                                   | Breakfast Gravy       | 1 C             |                  |       |                          |                      |               |                |         |
|                                   | Turkey Sausage        | 1 oz            |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80          | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Lunch</b>                      |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Chicken Fried Steak   | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Cream gravy           | 3 oz            |                  |       |                          |                      |               |                |         |
|                                   | Mashed Potatoes       | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Biscuit 1/80          | 2 ea            |                  |       |                          |                      |               |                |         |
|                                   | Coleslaw              | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Glazed Cake           | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Calcium Fort Beverage | 1 pkg           |                  |       |                          |                      |               |                |         |
| <b>Dinner</b>                     |                       |                 |                  |       |                          |                      |               |                |         |
|                                   | Chili Mac             | 8 oz            |                  |       |                          |                      |               |                |         |
|                                   | 2 oz meat             |                 |                  |       |                          |                      |               |                |         |
|                                   | Combread              | 1/80            |                  |       |                          |                      |               |                |         |
|                                   | Potato Salad          | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Margarine             | 1 TBP           |                  |       |                          |                      |               |                |         |
|                                   | Rice Pudding          | 1/2 C           |                  |       |                          |                      |               |                |         |
|                                   | Fortified Punch       | 1 pkg           |                  |       |                          |                      |               |                |         |

BREAKFAST SERVING WELLS AND TRAY

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LUNCH SERVING WELLS AND TRAY

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Time meal is started: \_\_\_\_\_  
 Rev. Time meal is finished: \_\_\_\_\_

Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_  
 Breakfast: \_\_\_\_\_ Lunch: \_\_\_\_\_ Dinner: \_\_\_\_\_

Food Service Director: \_\_\_\_\_

4/14/16

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 4

Unit number

SATURDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET        | PREGNANCY with H.S. Snack             | NUTRITION SUPPORT with H.S. Snack | HEART HEALTHY (Low Fat/Chol/Salt)   | HIGH FIBER (+28 gms) | DENTAL/MECHANICAL (Chewing Problems) | RELIGIOUS (Ovo-Lacto-Vegetarian) | NO CONCENTRATED SWEETS | DIABETIC DIET PLAN Food Items   | 1800 Calorie        | 2200 Calorie | 2500 Calorie |      |
|----------------------------|---------------------------------------|-----------------------------------|---|----------------------|--------------------------------------|----------------------------------|------------------------|---|---------------------|--------------|--------------|------|
| <b>BREAKFAST:</b>          |                                       |                                   |   |                      |                                      |                                  |                        |   |                     |              |              |      |
|                            | Vitamin C Fruit OR Juice<br>1 Serving |                                   | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat  |                     |              |              |      |
| Grits/margarine            | 10 oz                                 | X                                 | X   | X                    | oatmeal                              | X                                | Plain-No Sugar         | Plain-No Sugar  | 1C                  | 1/2C         | 1/2C         | X    |
| Turkey Bologna             | 1 oz                                  | X                                 | X   | Turkey ham           | X                                    | X                                | X                      | Pancake (4" DIAM)   | 2 ea                | 1 ea         | X            | X    |
| Pancakes                   | 2 EA                                  | X                                 | X   | 1 EA                 | X                                    | X                                | X                      | Turkey Ham  | 1OZ                 | X            | 2 oz         | 2 oz |
| Syrup                      | 1/4 C                                 | X                                 | X   | X                    | X                                    | X                                | Diet Syrup             | Diet Syrup PKT  | 1EA                 | X            | X            | X    |
| Margarine                  | 1 TBP                                 | X                                 | X   | 1TSP                 | X                                    | X                                | 1TSP                   | NO  |                     |              |              |      |
| Calcium Fort Beverage      | 1 pkg                                 | 2 c milk                          | 2c milk   | X                    | X                                    | X                                | X                      | Sugar Sub   | 2EA                 | X            | X            | X    |
|                            |                                       |                                   |   |                      |                                      |                                  |                        | RF Milk   | 1C                  | X            | X            | X    |
| <b>TOTAL DIETS SERVED</b>  |                                       |                                   |   |                      |                                      |                                  |                        |   |                     |              |              |      |
| <b>LUNCH:</b>              |                                       |                                   |   |                      |                                      |                                  |                        |   |                     |              |              |      |
|                            |                                       |                                   | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat  |                     |              |              |      |
| Meatballs                  | 3 oz                                  | X                                 | X   | 2 OZ                 | X                                    | CHOPPED                          | NO                     | X   | meatballs           | 2 oz         | 2 oz         | 2 oz |
| Catsup                     | 1 TBP                                 | X                                 | X   | X                    | X                                    | X                                | X                      | X   | catsup              | 1 TB         | 1 TB         | 1 TB |
| Mild BBQ Sauce             | 1 TBP                                 | X                                 | X   | X                    | X                                    | X                                | X                      | X   | BBQ sauce           | 1 TB         | 1 TB         | 1 TB |
| Home Fries                 | 1/2 C                                 | X                                 | X   | baked home fries     | X                                    | X                                | 1 C                    | X   | home fries          | 1/2 C        | 1/2 C        | 1 C  |
| Enriched Bread             | 2 SL                                  | X                                 | X   | ww bread             | ww bread                             | X                                | 4 slices cheese        | X   | diet vegetables     | 1/2 C        | X            | X    |
|                            |                                       |                                   |   |                      |                                      |                                  | 1 C vegetables         | X   | ww bread            | 1            | 2            | 2    |
| Coleslaw                   | 1/2 C                                 | X                                 | X   | salad/diet dressing  | X                                    | shredded lettuce/drsg            | 1 C                    | salad/diet dressing   | salad/diet dressing | 1/2 C        | X            | X    |
|                            |                                       |                                   |   |                      |                                      |                                  |                        |   | Margarine           | 1 tsp        | X            | X    |
| Cookies                    | 2 EA                                  | X                                 | X   | FRUIT                | X                                    | plain cookies                    | X                      | FRUIT   | Fruit               | 1 serv       | X            | X    |
| Calcium Fort Beverage      | 1 pkg                                 | X                                 | X   | X                    | X                                    | X                                | X                      | Diet Beverage   | Diet Beverage       | 1C           | X            | X    |
| <b>TOTAL DIETS SERVED</b>  |                                       |                                   |   |                      |                                      |                                  |                        |   |                     |              |              |      |
| <b>DINNER:</b>             |                                       |                                   |   |                      |                                      |                                  |                        |   |                     |              |              |      |
|                            |                                       |                                   | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat  |                     |              |              |      |
| Turkey Ham & Beans         | 8 oz                                  | X                                 | X   | 6 oz                 | X                                    | CHOPPED                          | NO                     | X   | turkey ham & beans  | 3/4 C        | 3/4 C        | 1 C  |
| 2 oz meat                  |                                       |                                   |   |                      |                                      |                                  | 1 C beans              |   |                     |              |              |      |
| Seasoned Rice              | 1/2 C                                 | X                                 | X   | LS LF rice           | X                                    | X                                | 1 C                    | X   |                     |              |              |      |
| Mixed Greens               | 1/2 C                                 | X                                 | X   | LS LF mixed greens   | X                                    | X                                | 1 C                    | X   | mixed greens        | 1 C          | X            | X    |
| Cornbread                  | 1/60                                  | X                                 | X   | ww bread             | ww bread                             | X                                | X                      | bread   | ww bread            | 2 sl         | X            | X    |
| Margarine                  | 1 TBP                                 | X                                 | X   | 1 TSP                | X                                    | X                                | X                      | 1 TSP   | Margarine           | 1 TSP        | X            | X    |
| Glazed Cake                | 1/60                                  | X                                 | X   | FRUIT                | X                                    | X                                | X                      | FRUIT   | Fruit               | 1 SERV       | 1            | 2    |
| Fortified Punch            | 1 pkg                                 | Milk                              | X   | X                    | X                                    | X                                | X                      | Diet Beverage   | 2% MILK             | 1C           | X            | X    |
| <b>TOTAL DIETS SERVED</b>  |                                       |                                   |   |                      |                                      |                                  |                        |   |                     |              |              |      |
| HOUR OF SLEEP              | Meat OR Cheese 2 OZ                   | Meat OR Cheese 2 OZ               | LF (low fat) / LS (low sodium) - cook with no added fat and no added salt |                      |                                      |                                  |                        | DIET VEGETABLES ARE CARROTS, CABBAGE, GREEN BEANS, SQUASH, GREENS, TOMATOES | Meat and/or Cheese  | 1 OZ         | X            | X    |
| SNACK MENU                 | Bread 2 SL                            | Bread 2 SL                        |   |                      |                                      |                                  |                        |   | Bread               | 2 SL         | X            | X    |
|                            | Condiment 1 PKT                       | Condiment 1 PKT                   |   |                      |                                      |                                  |                        |   | Mustard OR Catsup   | 1 PKT        | X            | X    |
|                            | Fresh Fruit 1 EA                      | Fresh Fruit 1 EA                  |   |                      |                                      |                                  |                        |   | Fresh Fruit         | 1 EA         | X            | X    |
|                            | Reduced Fat Milk 1 C                  | Reduced Fat Milk 1 C              |   |                      |                                      |                                  |                        |   |                     |              |              |      |
| <b>TOTAL SNACKS SERVED</b> |                                       |                                   |   |                      |                                      |                                  |                        |   |                     |              |              |      |





4/14/18

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 4

Unit number

TUESDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET         | PREGNANCY<br>with H.S. Snack                                | NUTRITION SUPPORT<br>with H.S. Snack                        | HEART HEALTHY<br>(Low Fat/Chol/Salt)                                      | HIGH FIBER<br>(*28 gms) | DENTAL/MECHANICAL<br>(Chewing Problems) | RELIGIOUS<br>(Ovo-Lacto Vegetarian) | NO CONCENTRATED<br>SWEETS | DIABETIC DIET PLAN<br>Food Items   | 1800<br>Calorie             | 2200<br>Calorie | 2500<br>Calorie |        |        |
|-----------------------------|---|---|---|-------------------------|---|-------------------------------------|---------------------------|--|-----------------------------|-----------------|-----------------|--------|--------|
| <b>BREAKFAST:</b>           | Vitamin C Fruit OR<br>Juice<br>1 Serving                    |   | No Added Salt or Fat  |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat   |                             |                 |                 |        |        |
| Cornflakes 1 C              | X   | X   | X   | bran flakes             | X                                       | X                                   | Plain-No Sugar            | Vit C Fruit or Juice   | 1/2C                        | X               | X               | X      |        |
| Grilled Potatoes 1/2 C      | X   | X   | X   | X                       | X                                       | X                                   | X                         | Plain - No Sugar   | 1 C                         | 1/2C            | 1/2 c           | X      |        |
| Turkey Bologna 1 oz         | X   | X   | X   | Turkey ham              | X                                       | X                                   | X                         | Turkey Ham   | 10Z                         | X               | 2 OZ            | 2 OZ   |        |
| Biscuit 1/80 2 ea           | X   | X   | X   | WW Bread                | X                                       | X                                   | X                         | Biscuit  | 2 EA                        | 1 EA            | X               | X      |        |
| Jelly 1 TBP                 | X   | X   | X   | X                       | X                                       | X                                   | Diet Jelly                | Diet Jelly   | 1EA                         | X               | X               | X      |        |
| Margarine 1 TBP             | X   | X   | X   | 1TSP                    | X                                       | X                                   | X                         | X  |                             |                 |                 |        |        |
| Sugar Packets 2 EA          | X   | X   | X   | X                       | X                                       | X                                   | Sugar Sub 2EA             | Sugar Sub  |                             | X               | X               | X      |        |
| 2 % Milk 1 pkg              | 2 c milk  | 2c milk   | X   | X                       | X                                       | X                                   | X                         | RF Milk  | 1C                          | X               | X               | X      |        |
| <b>TOTAL DIETS SERVED</b>   |   |   |   |                         |   |                                     |                           |  |                             |                 |                 |        |        |
| <b>LUNCH:</b>               |   |   | No Added Salt or Fat  |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat   |                             |                 |                 |        |        |
| Turkey Bologna 2 oz         | X   | X   | turkey ham 2oz  | X                       | CHOPPED                                 | NO                                  | X                         | turkey ham   | 2 oz                        | 2 oz            | 2 oz            |        |        |
| Cheese 1 SL                 | X   | X   | NO  | X                       | X                                       | 4 slices cheese                     | X                         | mustard  | 1 TB                        | 1 TB            | 1 TB            |        |        |
| Mustard 1 TBP               | X   | X   | X   | X                       | X                                       | X                                   | X                         |  |                             |                 |                 |        |        |
| Carrifruit Salad 1/2 C      | X   | X   | LS LF carrifruit salad  | X                       | shredded lettuce/drsg                   | 1 C                                 | X                         | potatoes   | 1/2 C                       | 1/2 C           | 1 C             |        |        |
| Enriched Bread 2 SL         | X   | X   | ww bread  | ww bread                | X                                       | X                                   | X                         | carrifruit salad   | 1/2 C                       | X               | X               | X      |        |
| Macaroni Salad 1/2 C        | X   | X   | salad/diet dressing   | X                       | X                                       | 1 C salad/dressing                  | X                         | ww bread   | 1                           | 2               | 2               |        |        |
| Pudding 1/2 C               | X   | X   | FRUIT   | X                       | X                                       | X                                   | FRUIT                     | salad/diet dressing  | 1/2 C                       | X               | X               | 1 C    |        |
| Calcium Fort Beverage 1 pkg | X   | X   | X   | X                       | X                                       | X                                   | Diet Beverage             | Margarine  | 1 tsp                       | X               | X               | X      |        |
| <b>TOTAL DIETS SERVED</b>   |   |   |   |                         |   |                                     |                           | Fruit  | 1 serv                      | X               | X               | 2      |        |
| <b>DINNER:</b>              |   |   | No Added Salt or Fat  |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | Diet Beverage  | 1C                          | X               | X               | X      |        |
| Meat Stew 8 oz              | X   | X   | 6 oz  | X                       | CHOPPED                                 | NO                                  | X                         | meat stew  | 3/4 C                       | 3/4 C           | 1 C             |        |        |
| 2 oz meat / 1/2 C veg       |   |   |   |                         |   |                                     |                           |  |                             |                 |                 |        |        |
| Seasoned Rice 1/2 C         | X   | X   | LS LF rice  | X                       | X                                       | 1 C beans                           | X                         | rice   | 1/3 c                       | 1/3 c           | 2/3 c           |        |        |
| Seasoned Cabbage 1/2 C      | X   | X   | LS LF cabbage   | X                       | X                                       | 1 C                                 | X                         | cabbage  | 1 C                         | X               | X               | X      |        |
| Biscuit 1/80 2 ea           | X   | X   | ww bread  | ww bread                | X                                       | X                                   | X                         | ww bread   | 2 sl                        | X               | X               | X      |        |
| Margarine 1 TBP             | X   | X   | 1 TSP   | X                       | X                                       | X                                   | 1 TSP                     | Margarine  | 1 TSP                       | X               | X               | X      |        |
| Glazed Cake 1/60            | X   | X   | FRUIT   | X                       | X                                       | X                                   | FRUIT                     | Fruit  | 1 SERV                      | 1               | 2               | 2      |        |
| Fortified Punch 1 pkg       | Milk  | X   | X   | X                       | X                                       | X                                   | Diet Beverage             | 2% MILK  | 1C                          | X               | X               | X      |        |
| <b>TOTAL DIETS SERVED</b>   |   |   |   |                         |   |                                     |                           |  |                             |                 |                 |        |        |
| <b>HOUR OF SLEEP</b>        | Meat OR Cheese 2 OZ<br>Bread 2 SL                           | Meat OR Cheese 2 OZ<br>Bread 2 SL                           | LF (low fat) / LS (low sodium) - cook with no added fat and no added salt |                         |   |                                     |                           | DIET VEGETABLES ARE<br>CARROTS, CABBAGE,<br>GREEN BEANS, SQUASH,<br>GREENS, TOMATOES | Meat and/or Cheese<br>Bread | 4 OZ<br>2 SL    | X<br>X          | X<br>X | X<br>X |
| <b>SNACK MENU</b>           | Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C |   |                         |   |                                     |                           | Mustard OR Catsup<br>Fresh Fruit   | 1 PKT<br>1 EA               | X<br>X          | X<br>X          | X<br>X | X<br>X |



Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 4

Unit number

WEDNESDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET                | PREGNANCY<br>with H.S. Snack   | NUTRITION SUPPORT<br>with H.S. Snack   | HEART HEALTHY<br>(Low Fat/Chol/Salt)                                       | HIGH FIBER<br>(+28 gms) | DENTAL/MECHANICAL<br>(Chewing Problems) | RELIGIOUS<br>(Ovo-Lacto Vegetarian) | NO CONCENTRATED<br>SWEETS | DIABETIC DIET PLAN<br>Food Items   | 1800<br>Calorie   | 2200<br>Calorie               | 2500<br>Calorie  |                  |
|------------------------------------|--|--|--|-------------------------|---|-------------------------------------|---------------------------|--|---|-------------------------------|------------------|------------------|
| <b>BREAKFAST:</b>                  | Vitamin C Fruit OR Juice<br>1 Serving  |  | No Added Salt or Fat   |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat<br>Vit C Fruit or Juice   | X   | X                             | X                |                  |
| Grits/margarine 10 oz              | X  | X  | X  | oatmeal                 | X                                       | X                                   | Plain-No Sugar            | Plain-No Sugar Cereal  | 1C  | 1/2C                          | 1/2C X           |                  |
| Scrambled Eggs 3 oz                | X  | X  | 1/4 C  | X                       | X                                       | X                                   | X                         | Scrambled Egg  | 3 oz  | 1/4 c                         | X X              |                  |
| Crumb Cake 1/80                    | X  | X  | WW Bread   | WW Bread                | X                                       | X                                   | ww bread                  | ww bread   | 1EA   | X                             | 2 EA 2EA         |                  |
| Margarine 1 TBP                    | X  | X  | 1TSP   | X                       | X                                       | X                                   | 1TSP                      | Diet Jelly<br>margarine  | 1EA<br>1 TSP  | X<br>X                        | X<br>X X         |                  |
| Calcium Fort Beverage 1 pkg        | 2 c milk   | 2c milk  | X  | X                       | X                                       | X                                   | X                         | Sugar Sub<br>RF Milk   | 2EA<br>1C   | X<br>X                        | X<br>X X         |                  |
| <b>TOTAL DIETS SERVED</b>          |  |  |  |                         |   |                                     |                           |  |   |                               |                  |                  |
| <b>LUNCH:</b>                      |  |  | No Added Salt or Fat   |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat   |   |                               |                  |                  |
| Charbroiled Beef Patty 3 oz        | X  | X  | 2 OZ   | X                       | CHOPPED                                 | NO                                  | X                         | beef patty   |   | 2 oz                          | 2 oz 2 oz        |                  |
| gravy 3 oz                         | X  | X  | 1 TBP  | X                       | X                                       | 4 slices cheese                     | X                         | Gravy  |   | 1 TB                          | 1 TB 1 TB        |                  |
| Seasoned Rice 1/2 C                | X  | X  | LS LF rice   | X                       | X                                       | no                                  | X                         |  |   |                               |                  |                  |
| Seasoned Corn 1/2 C                | X  | X  | LS LF corn   | X                       | X                                       | 1 C                                 | X                         | corn   |   | 1/3 c                         | 1/3 c 2/3 c      |                  |
| Hot Bread 1/80                     | X  | X  | ww bread   | ww bread                | X                                       | 1 C                                 | X                         | diet vegetables  | 1 C   | X                             | X X              |                  |
|                                    |  |  |  |                         |   | 1 C vegetables                      | X                         | ww bread   |   | 1                             | 2 2              |                  |
| Margarine 1 TBP                    | X  | X  | 1 TSP  | X                       | X                                       | X                                   | 1 TSP                     | Margarine  | 1 tsp   | X                             | X X              |                  |
| Cookies 2 EA                       | X  | X  | FRUIT  | X                       | plain cookies                           | X                                   | FRUIT                     | Fruit  | 1 serv  | X                             | X 2              |                  |
| Calcium Fort Beverage 1 pkg        | X  | X  | X  | X                       | X                                       | X                                   | Diet Beverage             | Diet Beverage  | 1C  | X                             | X X              |                  |
| <b>TOTAL DIETS SERVED</b>          |  |  |  |                         |   |                                     |                           |  |   |                               |                  |                  |
| <b>DINNER:</b>                     |  |  | No Added Salt or Fat   |                         | "No Chewing" Foods                      | No Meat Products                    | No Added Salt or Fat      | No Added Salt or Fat   |   |                               |                  |                  |
| Turkey a la King 6 oz<br>2 oz meat | X  | X  | 4 oz   | X                       | CHOPPED                                 | NO                                  | X                         | turkey a la king   |   | 3/4 C                         | 3/4 C 1 C        |                  |
| Seasoned Pasta 1/2 C               | X  | X  | LS LF pasta  | X                       | X                                       | 1 C beans                           | X                         | pasta  |   | 1/3 c                         | 1/3 c 2/3 c      |                  |
| Cornbread 1/80                     | X  | X  | ww bread   | ww bread                | X                                       | X                                   | bread                     | diet vegetables  | 1/2 c   | X                             | X X              |                  |
| Confetti Slaw 1/2 C                | X  | X  | salad/diet dressing  | X                       | shredded lettuce/drag                   | 1 C                                 | salad/diet dressing       | ww bread   | 2 sl  | X                             | X X              |                  |
| Margarine 1 TBP                    | X  | X  | 1 TSP  | X                       | X                                       | X                                   | 1 TSP                     | salad/diet dressing  | 1/2 C   | X                             | X X              |                  |
| Applesauce 1/2 C                   | X  | X  | FRUIT  | X                       | X                                       | X                                   | FRUIT                     | Margarine  | 1 TSP   | X                             | X X              |                  |
| Fortified Punch 1 pkg              | Milk   | X  | X  | X                       | X                                       | X                                   | Diet Beverage             | Fruit  | 1 SERV  | 1                             | 2 2              |                  |
|                                    |  |  |  |                         |   |                                     |                           | Diet Beverage  | 2% MILK   | 1C                            | X X X            |                  |
| <b>TOTAL DIETS SERVED</b>          |  |  |  |                         |   |                                     |                           |  |   |                               |                  |                  |
| <b>SNACK MENU</b>                  | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Meat OR Cheese 2 OZ<br>Bread 2 SL<br>Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | LF (low fat) / LS (low sodium) -> cook with no added fat and no added salt |                         |   |                                     |                           | DIET VEGETABLES ARE<br>CARROTS, CABBAGE,<br>GREEN BEANS, SQUASH,<br>GREENS, TOMATOES | Meat and/or Cheese<br>Bread<br>Mustard OR Catsup<br>Fresh Fruit | 1 OZ<br>2 SL<br>1 PKT<br>1 EA | X<br>X<br>X<br>X | X<br>X<br>X<br>X |

04/14/16

Okaloosa County Correctional Facility

RESTRICTED DIET SPREADSHEET  
WEEK 4

Unit number

THURSDAY

SERVING INSTRUCTIONS: X=SERVE SAME AS REGULAR MENU

DIET INSTRUCTIONS: X=SERVE SAME AS DIABETIC

| MEAL - REGULAR DIET         | PREGNANCY with H.S. Snack                                   | NUTRITION SUPPORT with H.S. Snack                           | HEART HEALTHY (Low Fat/Chol/Salt)   | HIGH FIBER (+28 gms) | DENTAL/MECHANICAL (Chewing Problems) | RELIGIOUS (Ovo-Lacto Vegetarian) | NO CONCENTRATED SWEETS | DIABETIC DIET PLAN Food Items  | 1800 Calorie                | 2200 Calorie | 2500 Calorie |        |        |
|-----------------------------|---|---|---|----------------------|--------------------------------------|----------------------------------|------------------------|--|-----------------------------|--------------|--------------|--------|--------|
| <b>BREAKFAST:</b>           | Vitamin C Fruit OR Juice<br>1 Serving                       |   | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat   |                             |              |              |        |        |
| Oatmeal/margarine 10 oz     | X   | X   | X   | X                    | X                                    | X                                | Plain-No Sugar         | Plain-No Sugar   | 1C                          | 1/2C         | 1/2C         | X      |        |
| Turkey Ham 1 oz             | X   | X   | X   | X                    | Chopped                              | cheese or peanut butter          | X                      | Pancake (4" DIAM)  | 2 ea                        | 1 ea         | X            | X      |        |
| Pancakes 2 EA               | X   | X   | 1 EA  | X                    | X                                    | X                                | X                      | Turkey Ham   | 1OZ                         | X            | 2 oz         | 2 oz   |        |
| Syrup 1/4 C                 | X   | X   | X   | X                    | X                                    | X                                | Diet Syrup 1TSP        | Diet Syrup PKT   | 1EA                         | X            | X            | X      |        |
| Margarine 1 TBP             | X   | X   | 1TSP  | X                    | X                                    | X                                | NO                     | Sugar Sub  | 2EA                         | X            | X            | X      |        |
| Calcium Fort Beverage 1 pkg | 2 c milk  | 2c milk   | X   | X                    | X                                    | X                                | X                      | RF Milk  | 1C                          | X            | X            | X      |        |
| <b>TOTAL DIETS SERVED</b>   |   |   |   |                      |                                      |                                  |                        |  |                             |              |              |        |        |
| <b>LUNCH:</b>               |   |   | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat   |                             |              |              |        |        |
| Spanish Rice/meat 8 oz      | X   | X   | 6 oz  | X                    | CHOPPED                              | NO                               | X                      | Spanish rice/meat  |                             | 3/4 C        | 3/4 C        | 1 C    |        |
| 2 oz meat                   |   |   |   |                      |                                      |                                  |                        |  |                             |              |              |        |        |
| Green beans 1/2 c           | X   | X   | LS LF green beans   | X                    | X                                    | 1 C                              | X                      | Green beans  | 1 C                         | X            | X            | X      |        |
| Cornbread 1/60              | X   | X   | ww bread  | ww bread             | X                                    | X                                | bread                  | ww bread   |                             | 1            | 2            | 2      |        |
| Margarine 1 TBP             | X   | X   | 1 TSP   | X                    | X                                    | X                                | 1 TSP                  | Margarine  | 1 tsp                       | X            | X            | X      |        |
| Fresh Fruit 1 EA            | X   | X   | FRUIT   | X                    | canned fruit 1/2 C                   | X                                | FRUIT                  | Fruit  | 1 serv                      | X            | X            | 2      |        |
| Calcium Fort Beverage 1 pkg | X   | X   | X   | X                    | X                                    | X                                | Diet Beverage          | Diet Beverage  | 1C                          | X            | X            | X      |        |
| <b>TOTAL DIETS SERVED</b>   |   |   |   |                      |                                      |                                  |                        |  |                             |              |              |        |        |
| <b>DINNER:</b>              |   |   | No Added Salt or Fat  |                      | "No Chewing" Foods                   | No Meat Products                 | No Added Salt or Fat   | No Added Salt or Fat   |                             |              |              |        |        |
| Turkey sausage 2 oz         | X   | X   | 2 OZ  | X                    | CHOPPED                              | NO                               | X                      | Turkey sausage   |                             | 2 oz         | 2 oz         | 3 oz   |        |
| Seasoned rice 1/2 c         | X   | X   | LS LF rice  | X                    | X                                    | 1 C                              | X                      | pintos   |                             | 1/3 c        | 1/3 c        | 2/3 c  |        |
| Seasoned Pintos 1/2 C       | X   | X   | LS LF pintos  | X                    | X                                    | 1 C                              | X                      | diet vegetables  | 1 C                         | X            | X            | X      |        |
| Hot Bread 1/60              | X   | X   | ww bread  | ww bread             | X                                    | X                                | X                      | ww bread   | 2 sl                        | X            | X            | X      |        |
| Margarine 1 TBP             | X   | X   | 1 TSP   | X                    | X                                    | X                                | 1 TSP                  | Margarine  | 1 TSP                       | X            | X            | X      |        |
| Glazed Cake 1/60            | X   | X   | FRUIT   | X                    | X                                    | X                                | FRUIT                  | Fruit  | 1 SERV                      | 1            | 2            | 2      |        |
| Fortified Punch 1 pkg       | Milk  | X   | X   | X                    | X                                    | X                                | Diet Beverage          | 2% MILK  | 1C                          | X            | X            | X      |        |
| <b>TOTAL DIETS SERVED</b>   |   |   |   |                      |                                      |                                  |                        |  |                             |              |              |        |        |
| <b>HOUR OF SLEEP</b>        | Meat OR Cheese 2 OZ<br>Bread 2 SL                           | Meat OR Cheese 2 OZ<br>Bread 2 SL                           | LF (low fat) / LS (low sodium) - cook with no added fat and no added salt |                      |                                      |                                  |                        | DIET VEGETABLES ARE CARROT'S, CABBAGE, GREEN BEANS, SQUASH, GREENS, TOMATOES | Meat and/or Cheese<br>Bread | 1 OZ<br>2 SL | X<br>X       | X<br>X | X<br>X |
| <b>SNACK MENU</b>           | Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C | Condiment 1 PKT<br>Fresh Fruit 1 EA<br>Reduced Fat Milk 1 C |   |                      |                                      |                                  |                        | Mustard OR Catsup<br>Fresh Fruit   | 1 PKT<br>1 EA               | X<br>X       | X<br>X       | X<br>X |        |



