

# PATTISON PROFESSIONAL COUNSELING AND MEDIATION CENTER

## Helping You Live Your Life at Its Best

Visit us at ppccfl.com or call 850-682-1234 (Crestview) / 850-863-2873 (Fort Walton Beach)

### Here to Help You When Life is Challenging

#### Specialized Mental Health Counseling

- Individual Therapy
- ♦ Couples Therapy
- ♦ Family Therapy
- ♦ Child Therapy
- ♦ Therapy for Military Personnel
- ♦ Christian Counseling
- ♦ Psychological Testing
- ♦ Substance Abuse Treatment

◊ Panic Disorder	♦ ADD/ADHD
♦ PTSD	♦ Oppositional
♦ OCD	♦ School Issues
Social Anxiety	♦ Autism
♦ Specific Phobias	♦ Parenting
♦ Depression	◊ Separation/
♦ Depression	♦ Separation/
<ul><li>◊ Depression</li><li>◊ Bipolar</li></ul>	◊ Separation/ Divorce



#### **Speak Freely, For Free**

Stress at home, emotional issues or personal crisis can make daily life difficult. Need someone to talk to?

Okaloosa County has teamed up with Pattison to provide you or a family member with three free counseling sessions yearly through your EAP. Contact us today!

#### Staff of Licensed Mental Health Counselors

(For in-depth counselor profiles, visit our website at <u>http://www.ppccfl.com/our-staff/</u>)





Susan Page, MA, LMHC, NCC Licensed Mental Health Counselor Individual / Family / Marital Counseling Trauma / PTSD / Abuse / Neglect / ADHD

Beverly Barbarisi, MA, LMHC Licensed Mental Health Counselor Individual / Couples / Family / Group

Teen Struggles / Oppositional Defiant

Rebecca Bortnyik, MS, LMHC Licensed Mental Health Counselor Adolescent / Family / Adult

♦ Parenting Issues / Substance Abuse







Shevon Peet, MS

Licensed Mental Heath Counselor

- ♦ Grief / Trauma Management
- Panic / Anxiety / PTSD / Addiction

Tommy Rowland, MS, LMHC Licensed Mental Health Counselor

- Family, Adolescent, Adult Therapy
- ♦ Marital / Anger / Domestic Violence

Linda Cavett, MA, LMHC, CAP Licensed Mental Health Counselor Children / Family / Parenting Issues Abuse / PTSD / Substance Abuse

Mental Health Counseling 

Parent Coordination
Mediation